# Welcome

This online catalog can help you quickly locate and save details about undergraduate programs. Whether you are a prospective student or already enrolled, you can easily see what Northland College has to offer.

# **About the Northland Catalog**

Students are assigned to the catalog that is in force at the time of their first entry into Northland College. Students entering in the fall of a new catalog cycle are assigned to the new catalog. For example, a student entering in September of 2011 is assigned to the 2011-12 catalog, not the 2009-11 catalog.

Students wishing to declare a major or minor in a catalog newer than the one to which he or she is assigned may petition the Academic Standings committee for permission to move forward into a newer catalog. Once a student adopts a new catalog, all rules and policies in the newer catalog go into effect for that student. Students are not allowed to move backward to adopt an older catalog.

Sometimes it becomes necessary for the faculty in a department to make changes to a major or minor as it is published in the official catalog. This may be due to a correction of a typographical error or because of changing dynamics within departments. These updates are not made in the original catalogs as they appear here. Changes are processed and made public through Academic Council and are recorded by the Registrar's Office. These changes appear on degree audit sheets as applicable. Students should check with the department chair person to help determine how to meet the requirements of any catalog changes that may affect his or her status. Please do not hesitate to ask your advisor or someone in the Registrar's Office if you have any questions relating to academic policy or your academic progress.

### Disclaimer

Every effort has been made to assure the accuracy of the information in this publication. However, provisions of this publication are subject to change without notice and do not constitute an irrevocable contract between any student or applicant for admission and Northland College. The College is not responsible for any misrepresentation of its requirements or provisions that might arise as a result of errors in the preparation of this publication.

Courses

Art

ART 106 - Design Studio

**3 Credits** This hands-on course examines the fundamental elements and principles of two-dimensional and three-dimensional composition and encourages students to explore traditional methods and discover new solutions to visual problems. This is a foundational course to all fields of visual study.

Course Fee.

ART 111 - Drawing I

**3 Credits** Students explore the human impulse to make a mark on the world through an active seeing and recording of the world on a two-dimensional surface. By developing skills that allow them to work from direct observation, students establish a foundation for personal imagery that prepares them to work with a variety of techniques and media. Course Fee.

ART 210 - Painting I

**3 Credits** Students experience the capacities of oil and/or acrylic media on canvas. Students complete a series of studio exercises focused on color theory and direct observation leading to a personal aesthetic.

Course Fee.

**Prerequisites:** ART 111

ART 212 - Drawing II

**3 Credits** Students continue exploring and refining skills presented in Drawing I with more emphasis on the relationship between form, subject matter, and content leading to intelligent, self-directed creation. Students will be introduced to abstraction as a vehicle for expressive mark making.

Course Fee.

**Prerequisites:** ART 111

ART 220 - Ceramics I

**3 Credits** This course introduces students to the basic forming processes, throwing on the potter's wheel, glazing, and decorating of ceramic ware. Students acquire a working understanding of clay and glaze formulation, as well as firing methods. Course Fee.

ART 222 - Ceramics Handbuilding

**3 Credits** This ceramics course focuses on off-wheel forming methods that do not rely on the potter's wheel. Students practice structural techniques that will enable them to create unique and singular forms of expression in the clay medium.

Course Fee.

ART 225 - Introduction to Film

**3 Credits** This course provides an introduction to American cinematic arts, its production methods, and broader cultural implications. Students develop a deeper appreciation and critical understanding of motion pictures by exploring styles, structures, techniques, aesthetic, and cultural implications of American films.

**Connections Discipline:** Humanities

ART 230 - Art History Ancient to Medieval

**3 Credits** This course is a slide-illustrated survey of the architecture, painting, sculpture, and minor arts starting with prehistoric and ethnographic art, and ending with 14th century international painting style. Students study Egyptian, Greek, Roman, Early Christian, Islamic, Medieval, Romanesque, and Gothic styles.

**Connections Discipline:** Humanities

ART 231 - Art History Renaissance to Modern

**3 Credits** This course is a slide-illustrated survey of art from the 15th century to the dawn of the modern age. Students study Renaissance, Baroque, Neoclassical, Romantic, Impressionist, and American wilderness landscape styles.

**Connections Discipline:** Humanities

ART 232 - Contemporary Art History

**3 Credits** This course is a slide-illustrated investigation into the varied and competing trends in the visual arts from Impressionism to the 21st century. Students study cubism, fauvism, expressionism, surrealism, abstract expressionism, pop art, minimalism, conceptual art, post-modernism, and artists working in the natural environment.

**Connections Discipline:** Humanities

ART 260 - Black and White Film Photography I

**3 Credits** This course emphasizes technical skills and aesthetic qualities of the B/W photographic medium. Students learn to process film, print enlargements, and critique student work, including a thematic portfolio. When possible, students should have their own 35mm SLR manual film camera, film, and photo paper. Course Fee.

ART 270 - Printmaking: Relief and Intaglio

**3 Credits** The focus of this studio class is on relief and intaglio processes including woodcut, linoleum cut, drypoint, hardground, softground, and aquatint. Lectures and readings put printmaking in historical and contemporary contexts to help students achieve personal aesthetic goals. Low toxic processes are used when possible. Course Fee.

**Prerequisites:** ART 111

#### ART 271 - Printmaking: Screen Printing and Lithography

**3 Credits** The focus of this studio class is on screen printing and lithographic processes including hand-cut stencils, photo stencils, stone and polyester plate lithography. Lectures, and readings put printmaking in historical and contemporary contexts to help students achieve personal aesthetic goals. Low toxic processes are used when possible. Course Fee.

**Prerequisites:** ART 111

ART 306 - Art Collaborations with Nature

**3 Credits** Students create environmental and ecological art using natural materials, responding to nature and mitigating environmental problems. After surveying examples of art from indigenous peoples to recent ecologically restorative works, students create outdoor, ephemeral works of art using nature itself.

Connections Discipline: Humanities or Experiential

Prerequisites: ART 106, ART 111, or ART 260 and Junior Standing recommended

ART 320 - Ceramics II

**3 Credits** This course is a continuation of ART 220. Students further develop their knowledge, skills, and aesthetic awareness in the ceramic arts. They expand their basic knowledge of techniques and acquire additional information regarding clay and glaze formulation as well as kiln firing.

Course Fee.

**Prerequisites:** ART 220

ART 340 - Alternative Photographic Processes

**3 Credits** This course explores a variety of alternative photographic processes, including pinhole and toy cameras, hand-applied emulsions, and other processes. Using historical context and hands-on experimentation with alternative photo processes, students design, review, and make images.

Course Fee.

**Prerequisites:** ART 260 or Instructor Consent

ART 361 - Black and White Film Photography II

**3 Credits** Students refine their skills in B/W film processing and enlarging skills by working with exhibition-quality fiber-based photographic papers resulting in a finished fine art portfolio. Students develop a conceptual theme, refine shooting and developing skills, and critique interim proofs. Students must supply camera, film, and paper. Course Fee.

**Prerequisites:** ART 260

ART 370 - Printmaking II

**3 Credits** Students choose one of the processes introduced in ART 270 (relief, serigraphy, lithography, or intaglio) and explore it more deeply. Coursework includes an emphasis on color registration, autographic, photographic, and digital processes that result in a personal creative statement. (This course may be repeated for credit with instructor approval.)

Course Fee.

**Prerequisites:** ART 270 or ART 271

ART 401 - Senior Capstone Art Review

**3 Credits** Students develop standards for aesthetic judgments and gain insight into their own creative potential through the study and discussion of the theories of the character and functions of art and artist's perceptual, conceptual, and motivational processes. Students learn guidelines for portfolios, resumes, and professional display and documentation of artwork.

Course Fee.

**Prerequisites:** Instructor Consent.

ART 402 - Senior Exhibition

**1 Credits** Students install, promote an exhibition of their work, and create a statement reflective of their development as a Northland College art student.

**Prerequisites:** Instructor Consent

ART 403 - Senior Seminar

**3 Credits** Students develop standards for aesthetic judgments and gain insight into their own creative potential through the study and discussion of the theories of the character and functions of art and artists' perceptual, conceptual, and motivational processes. Students learn guidelines for portfolios, resumes, and professional display and documentation of artwork.

Course Fee.

**Prerequisites:** Art major or minor and Junior or Senior Standing

ART 420 - Ceramics III

**3 Credits** This is a continuation of ART 320. Students further develop their knowledge, skills, and aesthetic awareness in the ceramic arts. With an emphasis in individual expression, students will continue to expand their knowledge of ceramic techniques, firing, and glaze formulation.

**Prerequisites:** ART 320

ART 461 - Black and White Film Photography III

**3 Credits** Students polish B/W film processing and photographic print enlarging skills by working with exhibition-quality fiber-based papers resulting in multiple thematic

portfolios. By further refining previously-honed shooting and developing skills and critiquing interim proofs, students produce exceptional exhibition quality photographs. Course Fee.

**Prerequisites:** ART 361

ART 470 - Printmaking III

**3 Credits** Students continue to explore and begin to develop technical mastery of a printmaking process that they worked with in ART 370 Printmaking II. Students also develop an understanding of printmaking history in fine art and of its relationship to commercial processes.

Course Fee.

**Prerequisites:** ART 370

Biology

BIO 115 - Concepts of Biology

**4 Credits** Students learn the basic principles of biology, from basic cell chemistry, energetics, and genetics, to the broader environmental topics of evolution and ecology. The laboratory focuses on the development of skills needed by biological scientists and emphasizes analytical thinking.

Course Fee.

Connections Discipline: Natural Science

BIO 122 - Biology of Increasing Numbers

**4 Credits** In this course, students examine the increase in numbers of organisms from a variety of approaches in biology. This broad-based course covers the physiology of reproduction for a variety of organisms, development of organisms, population growth, and the impact of increasing numbers of organisms on the environment. Course Fee.

Connections Discipline: Natural Science

BIO 124 - What Is Success? A Biologist's Perspective

**4 Credits** Students examine the concept of success in plants and animals from an evolutionary biologist's perspective. Discussions explore questions about why some plants and animals are more successful than others, as well as the relevance of major theories, such as natural and sexual selection, to these questions. Assignments include readings from a number of books relevant to these topics. Course Fee.

Connections Discipline: Natural Science

BIO 126 - Consciousness of the Land A Biological Perspective

4 Credits Students develop an ecological perspective from which they explore the relationship between humans and nature. Course topics include biology and ecology, data analysis and interpretation, and a scientific critique of regional environmental issues. Laboratory and field work are an integral part of the course.

Course Fee.

Connections Discipline: Natural Science

BIO 127 - A Changing Planet

4 Credits Students study the natural and human-made drivers of climate change and engage in laboratory and classroom investigations that provide them with a long-term perspective on climate change and its consequences for Earth's flora and fauna. Students are also introduced to scientific methods and data sources used in climate research. Course Fee.

Connections Discipline: Natural Science

BIO 128 - Natural History and Conservation in the Lake Superior Watershed

**4 Credits** Part of the Superior Connections Program, this course introduces students to the natural history, conservation, and restoration of the region's natural resources. Students begin by studying the general natural history of the Lake Superior region, and then focus on regional conservation biology issues. The course concludes with an examination of restoration from ecological, economic, and philosophical perspectives. Course Fee

**Connections Discipline:** Natural Science **Corequisites:** XNN 115 and GSC 112

BIO 142 - Biology and Society

**4 Credits** This course is designed for students who wish to enhance training in biology with exposure to perspectives from the social sciences and humanities on the social, political and ethical aspects of modern biology. We will explore the connections between specific topics in biology (with an emphasis on local issues) as a life science, as a social science, and as a political science.

Connections Discipline: Natural Science

BIO 208 - Anatomy

**4 Credits** This course provides an overview of mammalian anatomy, with an emphasis on human anatomy. In the laboratory, students engage in dissections and work with models in order to apply what they learn in lecture.

Course Fee

**Prerequisites:** BIO 115

BIO 220 - Plant Science

**4 Credits** This course covers topics in plant morphology and development, along with an introduction to plant physiology. There is an emphasis on the phylogenetic relationships of plant types.

Course Fee.

**Prerequisites:** BIO 115.

BIO 222 - Woodland Plants of Northern Wisconsin

**4 Credits** Students participate in a taxonomic study of plants commonly found in northern Wisconsin, with a focus on early flowering shrubs, spring wildflowers, and ferns.

Course Fee.

**Prerequisites:** BIO 115 or BIO 128

BIO 225 - Aquatic Invertebrates

**4 Credits** This course is a survey of the natural history, ecology, and taxonomy of freshwater invertebrates, with an emphasis on local animals. Students are required to collect invertebrates, prepare a specimen collection, and gain proficiency in identifying animals by sight and keying.

Course Fee.

**Prerequisites:** BIO 115 or BIO 128

BIO 234 - Ecology

**4 Credits** This course is an introduction to the study of ecology, including the topics of energy flow, trophic structure, nutrient cycles, population dynamics, and adaptations. Students experience the study of ecology through numerous local field experiences leading to the collection and analysis of data.

Course Fee.

**Prerequisites:** BIO 115 or BIO 128

BIO 235 - Biology of Organisms

**4 Credits** This course introduces students to organismal biology, specifically focusing on plants and animals. Major topics include basic anatomy, physiology and phylogenetic relationships.

Course Fee.

**Prerequisites:** BIO 115 or BIO 128

BIO 236 - Microbes, Humans, and the Environment

**3 Credits** Through an overview of microbiology, virology, immunology and biotechnology, students develop an understanding about the spread of disease-causing microbes in an environment created by a technological society, the creation of genetically engineered organisms, and the use of microbes to solve environmental problems and

generate useful products.

Course Fee.

Connections Discipline: Natural Science

**Prerequisites:** BIO 115.

BIO 238 - Cell Biology

**4 Credits** Students study life at the cellular and molecular levels. Lecture topics include: structure of biological molecules, metabolism, gene expression, cell signaling, the cell cycle, and cell death. Additional topics include structure, function, and dynamics of cellular components such as membranes and the cytoskeleton. The biology laboratory emphasizes cell visualization and acquisition of skills in basic molecular techniques. Course Fee.

**Prerequisites:** BIO 115 or BIO 128

BIO 242 - Ichthyology

**4 Credits** In this course students study the biology, ecology, taxonomy, and management of fish, with a focus on Great Lakes and northern Wisconsin fishes. Course Fee.

**Prerequisites:** BIO 115 or BIO 128

BIO 244 - Field Ornithology

4 Credits In this field-intensive course, students learn to identify birds of northern Wisconsin by sight and sound. To maximize exposure to birds in the area, the course includes daily field excursions to a variety of habitats. Discussion of the natural history of birds is also an integral part of the course.

Course Fee.

Connections Discipline: Natural Science or Experiencial

**Prerequisites:** BIO 115 or BIO 128

BIO 245 - Mammalogy

**4 Credits** Students study the biology of mammals with an emphasis on evolution, population structure, reproduction, and physiological adaptations. Lab sessions focus on morphology and general taxonomy of local mammals. Course Fee.

Prerequisites: BIO 234

BIO 246 - Ornithology

**4 Credits** This course introduces students to avian anatomy, physiology, behavior, ecology, systematic, and conservation. The lab surveys the major orders of birds. Local field trips are required.

Course Fee.

**Prerequisites:** BIO 115 or BIO 128

BIO 309 - Evolutionary Biology

**3 Credits** This course covers evolution from a historical point of view, both biologically and conceptually. Students study the various mechanisms by which populations evolve, such as sex linkage, mutation rates, selection, and polymorphism.

Course Fee.

**Prerequisites:** BIO 234

BIO 328 - Vegetative Communities of Northern Wisconsin

**4 Credits** Students study the community structure, taxonomy, and natural history of woody plant species which comprise the plant communities in the Upper Great Lakes Region. Lecture and discussions are complemented by weekly field trips to various plant communities.

Course Fee.

**Prerequisites:** BIO 234

BIO 330 - Genetics

**4 Credits** This course integrates the classical and molecular principles of genetics. Topics include transmission, population, conservation, and quantitative genetics, as well as gene expression, regulation, and mutation. Problem solving is emphasized.

**Prerequisites:** BIO 234

BIO 331 - Microbiology

**4 Credits** Students develop a solid background in microbiology and study the physiology, ecology, molecular biology, and phylogeny of microbial organisms, as well as the impact of these organisms on human health and the environment. In the laboratory, students acquire skills in culturing, characterizing, and quantifying microorganisms. Course Fee.

**Prerequisites:** BIO 238

BIO 332 - Immunology

**3 Credits** This course provides an overview of the immune system of vertebrates, with an emphasis on human immunology. Students study cellular and humeral responses, antibody diversity, evolution of the immune system, application of immunological techniques to ecological problems, and vaccines.

**Prerequisites:** BIO 238

BIO 343 - Biology of AIDS

**3 Credits** This course provides a survey of the biology of HIV infection. Topics include the retrovirus life cycle, the impact of HIV on the immune system, viral transmission, diagnosis of HIV and symptoms of AIDS, and epidemiology of the disease. Students also discuss the social and political dimensions of the AIDS epidemic and present on a topic of their choice.

**Prerequisites:** BIO 115 or BIO 128

BIO 360 - Vertebrate Physiology

**4 Credits** This course focuses on the fundamental principles of animal physiology, such as circulation, digestion and respiration. It also emphasizes the comparative approach and interactions of the organism with its environment.

Course Fee.

**Prerequisites:** BIO 234

BIO 370 - Applied Conservation Biology

**3 Credits** Part of a Round River field experience. This course introduces students to the application of scientific principles to inform interdisciplinary protection and management of biological diversity. Topics include population ecology, landscape ecology, community ecology and genetics, as well as social, economic and community-related aspects of conservation.

**Connections Discipline:** Experiential

Prerequisites: BIO 115 or BIO 128 and Admittance to the Round River Program

BIO 371 - Natural History Methodology and Application

**3 Credits** Part of a Round River field experience. This course provides an overview of the physical and biological features of a specified habitat with an emphasis on discerning patterns and processes on the landscape. Students adhere to a rigorous field journal system to record and understand the flora and fauna of a place, and make regular use of diagnostic field guides.

**Connections Discipline:** Experiential

**Prerequisites:** BIO 115 or BIO 128 and Admittance to the Round River Program

BIO 372 - Biological Field Methods

**3 Credits** Part of a Round River field experience. This course introduces students to a variety of methodologies for the study of plant and animal populations. Topics include field journal techniques, ecological field research methodologies and rationales, and field safety and risk management.

**Connections Discipline:** Experiential

**Prerequisites:** BIO 115 or BIO 128 and Admittance to the Round River Program

BIO 373 - Introduction to Ecological Models

**3 Credits** This course introduces students to the use of ecological models to understand ecological phenomena, as well as to the implications of management actions for the conservation of biological diversity. Experiential.

**Connections Discipline:** Experiential **Prerequisites:** BIO 115 or BIO 128

BIO 374 - Tropical Ecology and Conservation

**3 Credits** Part of a Round River field experience. This course provides an introduction to the ecological complexity of tropical forests and to the natural history, evolutionary biology, and conservation status of the animals, plants, and ecosystems of the Neotropics. This course also examines major threats to biodiversity, the main conservation problems of tropical environments, as well as current alternatives to the destruction of tropical forest.

**Connections Discipline:** Experiential

Prerequisites: BIO 115 or BIO 128 and Admittance to the Round River Program

BIO 375 - Grass Paramo Pyro Vegetation

**3 Credits** This course focuses on the theory that the paramo habitat of the high elevation grasslands of the Andes Mountains is a landscape derived from human use. Students explore issues of fire ecology, climate history, and the co-evolution of flora and fauna. Experiential.

**Connections Discipline:** Experiential **Prerequisites:** BIO 115 or BIO 128

BIO 410 - Conservation Biology

**3 Credits** Students build on ecological principles learned in other courses, with a particular emphasis on how to apply more advanced ecological theory and concepts in natural ecosystems. Primary goals of the course include understanding 1) how natural ecological systems behave in a human dominated world and 2) methods conservation biologists use to maintain and/or enhance biological diversity. Topics include population genetics, population biology, community ecology, behavioral ecology, ecosystem ecology, and conservation policy.

Prerequisites: BIO 234

BIO 420 - Methods in Molecular Biology

**4 Credits** Students examine the laboratory techniques used to study how higher organisms maintain and express genetic information. The course emphasizes model organisms and their responses to environmental stimuli; topics include DNA and RNA isolation, PCR, gene cloning and manipulation, analysis of gene expression, conservation genetics, and bioinformatics. Laboratory only.

Course Fee.

**Prerequisites:** BIO 234 or BIO 238

#### BIO 425 - Eco League Field Experience

**4 Credits** This advanced field course brings together students and faculty from each of the institutions of the EcoLeague consortium in an interdisciplinary, field-based inquiry into relationships between human and natural systems. The course will focus on issues relevant to the particular landscapes in which it is offered, which will vary from year to year. Students must apply to participate and will be selected by a panel of faculty. Competence in writing and understanding of fundamental ecological principles is expected.

Course Fee.

**Connections Discipline:** Experiential

Prerequisites: BIO 234

BIO 460 - Animal Behavior

**4 Credits** This course introduces students to major concepts and theories in animal behavior. Topics include neural and hormonal mechanisms, communication, foraging and reproductive behavior, mating systems, and sociality. The course is grounded heavily in an evolutionary approach to these topics.

Course Fee.

**Prerequisites:** BIO 234

BIO 473 - Limnology

**4 Credits** Students study the functional relationships of freshwater communities as they are affected by their physical, chemical, and biological environments. Students perform limnological studies using techniques gained through field and lab experiences. Course Fee.

Prerequisites: BIO 234 and CHM 103, CHM 105, CHM 108, or CHM 110.

BIO 480 - Biology Senior Seminar

**3 Credits** In a seminar format, students discuss primary literature, develop a research proposal on a topic of their interest, and give an oral presentation on their proposal. Students may conduct research based on their proposal by registering for the biology capstone.

**Prerequisites:** Biology major and Senior Standing

Business

BUS 120 - Quantitative Methods

**3 Credits** Problem-solving approach to systems of equations, matrix algebra, mathematics of finance and optimization techniques. Modeling applications in the managerial and social sciences. Recommended three years of high school mathematics.

**3 Credits** This project-based course introduces students to contemporary business issues surrounding communication and technology. Students build a basic technical vocabulary to better understand current computing technology, as well as to develop computer literacy skills to adapt to emerging technologies in the global marketplace. Students enhance reading, writing, computing, professional communication, and reasoning skills and apply them to the business environment.

BUS 219 - Economics of Citizenship

**3 Credits** This course combines basic aspects of macroeconomics and microeconomics to develop the fundamental skills of economic thinking. The main focus is how individuals and societies choose to use limited resources to meet their unlimited wants. **Connections Discipline:** Social Science

BUS 222 - Fundamentals of Accounting

**4 Credits** Students acquire background in accounting, including treatment of sole proprietorship, partnership, and corporate forms of business organization. The course emphasizes accounting procedures used in interpreting, analyzing, and evaluating financial statements. Topics include accounting for assets, liabilities, owners' equity, and merchandising concerns as well as preparation of the four basic financial statements.

BUS 226 - Essentials of Economics

**4 Credits** This course combines the basic aspects of macroeconomics and microeconomics to develop the fundamental skills of economic thinking. Students examine the relevance of economics to society and the interaction between politics and economics. Students complete the course understanding that economics is neither business nor finance but that knowledge of economics is vital to understanding these fields.

Connections Discipline: Social Science

BUS 228 - Marketing Management

**3 Credits** Students study basic marketing principles and functions as well as competitive, legal, economic, and social environments and their effects on strategic planning, analysis, and decision making. Topics emphasized include market segmentation, product development and management, distribution, promotion, and pricing strategies. The focus of the course is on the application of marketing concepts in businesses and non-profit organizations and the construction of a strategic marketing plan.

BUS 229 - Small Business Management

**3 Credits** Students study practical approaches to the organization and management of a small business or non-profit organization. Major areas of study include starting, financing, managing, and operating a small business or non-profit organization. The focus of the course is on the application of small business management concepts and the construction of a small business plan.

Connections Discipline: Social Science

BUS 232 - Principles and Practice of Management

**3 Credits** Students learn how to achieve desired results through efficient utilization of human and material resources in a profit or non-profit setting. The course emphasizes the history of management and the functions of planning, organizing, staffing, directing, and controlling enterprises.

Prerequisites: Any 200-level BUS course

BUS 235 - Introduction to Sustainable Business

**3 Credits** This course presents a study of the Triple Bottom Line concept; organizational profitability, environmentalism, and social responsibility. This course explores the relationship between businesses, the community, and managing the future to achieve environmental quality. It also examines the principles and practices of the sustainable organization. Liberal Education: Environmental Perspectives.

BUS 288 - Ethics and Business

**3 Credits** The elements of ethics relevant to business organization. The identification and analysis of moral issues facing managers and employees. Ethical decision-making for managers, conflict of interest, discrimination, product safety, and advertising. Social responsibility of business. Satisfies the religion and philosophy liberal education requirement for Business Economics majors.

**Prerequisites:** Sophomore Standing or Instructor Consent

BUS 312 - Economics for Managers

**3 Credits** Students study the decision-making processes that involve the economic activities of a firm. They develop tools and techniques for generating cost, demand, and other information that contributes to decision making. Specific topics include consumer behavior, production, cost and pricing analysis, and market structure.

Prerequisites: BUS 226 and BUS 120 or MTH 107

BUS 326 - Global Business Management

**3 Credits** Students explore and analyze internal and external factors that affect a global business enterprise. The course focuses on the development of necessary changes and strategies needed in accounting, finance, marketing, management, and production for a business to be competitive in the global marketplace. Topics presented emphasize profit-

making businesses, but students also study the management of non-profit organizations in other cultures and countries.

**Prerequisites:** Any 200-level BUS course

BUS 330 - Managerial Finance

**3 Credits** Students study the theory and practice of financial management. Topics include asset management, internal financing, short-term and intermediate financing, capital budgeting, and risk analysis.

Prerequisites: BUS 222, BUS 226, and MTH 107 or BUS 120

BUS 331 - Legal Environment of Business

**3 Credits** Students survey the legal environment in which businesses and non-profit organizations must operate. The course emphasizes the formation, implementation, and results of the many legal issues that affect business and non-profit organizations. Topics include regulation of commerce and competition, labor-management relations, contracts, consumerism, environmental protection, formation of businesses, mergers, and acquisitions.

**Prerequisites:** Any 200-level BUS course

BUS 338 - Human Resource Management

**3 Credits** Students focus on the various functions of HRM in profit and non-profit organizations. Topics studied include selection, training, recruiting, developing employees, wage and benefit management, unions and employee relations, performance appraisal, and employee law.

Prerequisites: BUS 232 and Junior Standing

BUS 342 - Business and Public Policy

**3 Credits** Students examine how changes in the business environment affect business organizations and how organizations respond to such changes through public issue and crisis management, public policy strategies, and social responsibility, with an ultimate objective of aligning with the changes in the external business environment.

Prerequisites: BUS 344, BUS 346, or Junior or Senior Standing

BUS 344 - Ethical Leadership

**3 Credits** This course examines business behavior in the context of moral philosophy. The course emphasizes philosophical theories of morality and relates these theories to leadership and decision making in business organizations.

**Prerequisites:** IDS 105

BUS 346 - Social Entrepreneurship

**3 Credits** This course is structured around the general field of social entrepreneurship, business structures that social entrepreneurs typically follow in starting as well as managing a social enterprise. Students examine leadership characteristics of social entrepreneurs, how social enterprises are sustained financially, and how social entrepreneurs create and spread innovation and social change.

**Prerequisites:** BUS 232

BUS 358 - Innovation and Creativity

**3 Credits** Students develop a conceptual and applied understanding of organizational innovation by examining the institutional contexts that foster or impede innovation. Students also become familiar with the key organizational characteristics associated with innovation and creativity applicable to both for and not-for-profit organizations. Ultimately, students are prepared to manage innovation and foster creativity within organizations.

**Prerequisites:** Junior Standing

BUS 359 - Entrepreneurship

**3 Credits** The course is designed to stimulate entrepreneurial thinking among students and help them recognize opportunities that can be converted into successful ventures using the principles and best practices of management. Students will learn application of marketing, finance, ethics, and human resource concepts. Special emphasis is placed on providing hands-on experience of developing comprehensive business plan.

**Prerequisites:** Junior Standing

BUS 360 - Grant Writing

**3 Credits** In this introductory course, students will learn grant writing basics. Students will develop a program in an area of personal interest; practice pre-writing exercises; write sections of a proposal and a letter of inquiry; and prepare budgets. The emphasis in the course is on grant writing for program support, program development, and operating grants. Writing research and construction grants are touched on but not discussed in depth.

**Prerequisites:** Junior Standing or Instructor Consent

BUS 361 - Organizational Behavior

**3 Credits** Students examine different types of leadership skills used to resolve organizational problems and to achieve the goals of the organization. The behavioral sciences are stressed, with emphasis on leadership and motivation theories. Includes the principles, concepts, and processes that interpret human relations in management at the individual and organizational levels.

**Prerequisites:** Junior or Senior Standing

BUS 362 - Non-Profit Management

**3 Credits** The course will help students learn about the macro-environment surrounding the non-profit sector. By examining case studies drawn from social cause organizations as well as from arts and culture-promoting organizations, students will learn concepts and best practices for managing a successful non-profit organization. This course will help prepare students for managerial careers in the non-profit sector.

**Prerequisites:** Junior Standing or Instructor Consent

BUS 383 - Consumer Behavior

**3 Credits** Consumer and buyer behavior characteristics and theories as they relate to marketing, management, planning, analysis and control. Explanations of how demographic, cultural, psychological processes, and socioeconomic differences affect consumption. The implications of the consumer decision-making process on the marketing mix variables.

**Prerequisites:** BUS 228

BUS 415 - Multicultural Aspects of Organizational Development

**4 Credits** Students acquire knowledge and skills that increase their intercultural competence, preparing them to be effective managers of diverse populations and in different organizational cultures. The course focuses on multicultural aspects of organization development practice and organizational culture issues through a business lens.

Prerequisites: BUS 338, BUS 361, or BUS 429

BUS 429 - Managing People and Conflict Resolution

**3 Credits** Students study the practical application of management training techniques to the management of people's behavior in the workplace. Students participate in interviews as interviewer, interviewee, and critic. The course emphasizes the use of reinforcement theory and methods of giving critical feedback using performance appraisals.

**Prerequisites:** BUS 232 and PSY 110

BUS 441 - Corporations and Activism

**3 Credits** Students examine why activist groups have relatively limited success in changing business behavior. As such, the focus of this course is to analyze activists' campaigns and corporate response to those campaigns using theoretical explanations and case studies.

**Prerequisites:** BUS 342

BUS 475 - Strategic Planning and Policy Capstone

**3 Credits** Students analyze policy formulation and implementation from an organizational-wide standpoint. The course emphasizes integration of knowledge and planning approaches, analysis of both internal and external resources and constraints that

affect organizational policies, and the role of the firm in society. Case analyses are integral to the course.

Prerequisites: BUS 222, BUS 228, BUS 232, and BUS 330

BUS 482 - Corporate Citizenship and Stakeholder Management Capstone

**3 Credits** Students identify and explore the philosophical, ethical, and practical issues of relationships between businesses and their broader stakeholders. A central focus for the course is developing an appreciation for these relationships as well as the skills to balance the diverse and sometimes conflicting demands that stakeholders place on business organizations.

**Prerequisites:** BUS 342

Chemistry

CHM 100 - World of Chemistry

**4 Credits** Students study chemistry in its broad cultural, social, and economic contexts. Specifically, the course focuses on the chemistry of consumer products and the chemistry of radiation and pollution to help students develop a more sophisticated understanding of the world around them through chemical analysis.

Course Fee.

Connections Discipline: Natural Science

CHM 103 - General Chemistry: The Chemistry of Food

**4 Credits** Through laboratory and classroom investigations, students study sustainable agricultural techniques from a scientific perspective and measure concentrations of both nutrients and contaminants in the campus garden. Students also examine the societal benefits and risks of pesticides to our society, and study the connection between diet and health.

Course Fee.

Connections Discipline: Natural Science

**Corequisites:** XNN 105

CHM 105 - General Chemistry: Chemistry in Social Context

**4 Credits** Students examine the natural and human world through the lens of chemistry. In particular, they examine small molecular interactions that help determine how humans and other organisms interact with one another. Specific topics include the chemistry of air pollution, neurochemistry, global climate change, and the impact of human produced pollutants in the ecosystem. In the lab, students synthesize compounds and measure chemical attributes of the natural world.

Course Fee.

Connections Discipline: Natural Science

**Corequisites:** XNN 110

## CHM 108 - General Chemistry: Responding to Climate Change

**4 Credits** Students investigate how chemistry relates to climate change by looking historically at what technologies have contributed to or mitigated against climate change. Students also investigate what new technologies are being developed and how these may reduce climate change and our environmental impact. This course is an applied version of general chemistry and has a significant laboratory component associated with it. Course Fee.

Connections Discipline: Natural Science

CHM 110 - General Chemistry

4 Credits Students learn models and theories of atomic and molecular structures and explore uses of the periodic table. Using modern techniques, such as atomic emission spectroscopy, atomic absorption spectroscopy, gas liquid chromatography, and visible light spectrophotometry, students determine the constituents of matter in real world samples. Students also apply classical techniques in the laboratory to elucidate the behavior of environmental samples. (Advanced Placement or CLEP credit accepted for 110)

Course Fee.

**Connections Discipline:** Natural Science

CHM 210 - Chemistry of Natural Waters

**4 Credits** Students spend time in the field and in the laboratory measuring attributes of natural water ecosystems. They explore appropriate ecological and chemical theories to help them understand how and what they might wish to measure. Students relate experimental measurements to relevant theories. Course Fee.

Connections Discipline: Natural Science or Experiencial Prerequisites: CHM 103, CHM 105, CHM 108, or CHM 110

CHM 214 - Chemistry in a Regulatory Environment

**3 Credits** Students explore the relationship between analytical measurements of pollutants in the environment and regulatory policy. They examine EPA regulations and EPA protocols for laboratory work. The course includes in situ water sampling as well as visits to government agencies in the region that impact the Lake Superior watershed. Course Fee.

**Connections Discipline:** Natural Science

Prerequisites: CHM 103, CHM 105, CHM 108, or CHM 110

CHM 220 - Organic Chemistry I

**4 Credits** This course focuses on the properties and environmental transport of organic chemicals as well as the functional group transformations most often encountered in

biological and environmental systems. Students study the following major classes of chemicals: aliphatic and aromatic hydrocarbons, alkyl halides, alcohols, carbonyl compounds, and amines. Instrumental analysis of the compounds students synthesize is also an important component of the course. With Lab.

Course Fee.

Prerequisites: CHM 103, CHM 105, CHM 108, or CHM 110

CHM 221 - Organic Chemistry II

**4 Credits** The second semester of organic chemistry presents a comprehensive study of structures, reactions, syntheses, and spectroscopy of aliphatic and aromatic compounds. Students focus on modern mechanistic models as well as organic chemistry laboratory techniques.

Course Fee.

**Prerequisites:** CHM 220

CHM 225 - Ecological Quantitative Analysis

**4 Credits** Students learn how to apply quantitative methods of analysis, including volumetric, photometric, and chromatographic methods to complex environmental samples. An independent laboratory project is required. Students also learn the relevant theories that underlie the operation of complex modern instrumentation and learn and apply statistical methods of quality control and validation of results. Course Fee.

Prerequisites: CHM 103, CHM 105, CHM 108, and CHM 110

CHM 234 - Green or Toxic Chemistry

**3 Credits** Through lectures, discussion, and labs, students explore a number of questions related to green or toxic chemistry, including the following: What makes some chemicals toxic? How do scientists determine the environmental fate of contaminants? How has chemical synthesis been changed to reduce or eliminate environmental impacts? Course Fee.

**Connections Discipline:** Natural Science

Prerequisites: CHM 103, CHM 105, CHM 108, or CHM 110

CHM 240 - Inorganic Chemistry

**4 Credits** This course focuses on descriptive chemistry of main group elements. Students study spectra, structure, and reactions of transition metal complexes, as well as preparation, bonding, and applications of organometallic compounds.

Course Fee

Prerequisites: CHM 103, CHM 105, CHM 108, or CHM 110

CHM 245 - Atmospheric Chemistry and Climate

4 Credits This course evaluates the many factors affecting global climate, its feedback mechanisms, and climate change. Topics include the global energy balance, the hydrological cycle, radiative transfer, general circulation, and natural and anthropogenic climate change. Students also study greenhouse warming, ozone layer depletion, acid rain, air pollution toxins, and other anthropogenically induced effects. The course is focused on basic concepts of atmospheric science but also includes principles of physics, chemistry and hydrology.

Course Fee.

Connections Discipline: Natural Science

CHM 320 - Advanced Organic Chemistry

**4 Credits** Students study advanced topics in organic chemistry, including both synthetic and mechanistic material. Fused ring systems and conformational analysis are a particular focus of the course.

**Prerequisites:** CHM 221

CHM 326 - Atmospheric Chemistry

**4 Credits** Students investigate the chemistry of the upper and lower atmosphere, including issues such as photochemical smog, acid deposition, stratospheric ozone depletion, and climate change. Along the way, students develop the necessary background in chemical kinetics, thermodynamics, and photochemistry to better understand these complex atmospheric issues.

**Prerequisites:** MTH 141 and any 100-level CHM course

CHM 345 - Biochemistry

4 Credits In this course, students explore four major biochemical themes—the nature and synthesis of proteins, pathway regulation and integration, energy flux, and information transmission—through the study of topics such as endocrine disrupters, pharmacology, biochemical adaptations, and environmental toxicology. Students also use computer data analysis for predicting biochemical structure and classifying protein sequences. Course Fee.

**Prerequisites:** CHM 221

CHM 374 - Pharmacology

**3 Credits** Students study the action and uses of drugs employing the fundamentals of pharmacodynamics and pharmaceutical chemistry based on theories of organic chemistry and biochemistry. In particular, the course focuses on in-depth investigations of the interactions of drugs within biological systems, emphasizing relationships between the function of drugs and their overall structure.

CHM 443 - Quantum Mechanics and Molecular Spectroscopy

**4 Credits** Students solve Schrodinger's equation for several important model systems to explore the qualitative nature of quantum systems. They examine the nature of the covalent chemical bond theoretically, using both ab initio and semi-empirical treatments of molecular orbital theory and valence bond theory. Students also explore molecular spectroscopy through application of solved model quantum systems.

Prerequisites: MTH 141, PHY 110, CHM 220, and CHM 225 or CHM 240

CHM 447 - Chemical Thermodynamics

**4 Credits** Students study the laws of thermodynamics and apply these laws to chemical processes in order to develop an understanding of chemical equilibrium and the nature of spontaneity in physical and chemical processes. Students also develop an understanding of the Boltzmann distribution and analyze molecular spectra in light of the insight provided by Boltzmann.

Prerequisites: MTH 141, PHY 110, and CHM 225 or CHM 240

CHM 449 - Kinetics and Transport

**4 Credits** Students study the kinetics of chemical reactions and the development of theory of transport of species in various systems. They also develop an understanding of the partitioning of species in the environment. Throughout the course, students apply these theories to the fate and transport of chemical pollutants in air, water, and soil. Course Fee.

Prerequisites: MTH 141, PHY 110, and CHM 225 or CHM 240

CHM 460 - Qualitative Organic Analysis

**4 Credits** This course focuses on structure elucidation and characterization of organic compounds by chemical and physical methods. Students use I.R., U.V., N.M.R., E.S.R., visible, and mass spectroscopy in determining molecular structure. Course Fee.

**Prerequisites:** CHM 221

CHM 462 - Advanced Experimental Chemistry Capstone

**3 Credits** Students design and carry out experiments utilizing advanced instrumentation. Specifically, students develop the expertise to interpret and analyze complex results from experiments utilizing techniques such as gas chromatography with mass spectroscopic detection, high performance liquid chromatography with varied detection including fluorescence, diode array ultra-violet spectroscopy, or conductivity detection, Fourier transform nuclear magnetic resonance spectroscopy, and electroanalytical methods. Course Fee.

**Prerequisites:** Instructor Consent

Computer Science

#### CPS 220 - Computer Science

**4 Credits** Students study software-engineering design concepts, effective problem-solving techniques, and Object-Oriented Programming.

**Prerequisites:** Any 100-level MTH course, ACT math score of 17 or higher, SAT math score of 830 or higher, or Instructor Consent

CPS 260 - Computer Organization and Systems

**4 Credits** Students study the organization and role of various computer components in processing information, including data representation, Boolean algebra, digital logic design, and an introduction to assembly language.

Prerequisites: CPS 220 or Instructor Consent

**Economics** 

ECN 310 - Environmental Economics

**3 Credits** Students study the economics of environmental quality and tools for understanding and analyzing environmental problems. The course treats environmental quality as an economic good, and focuses on hazardous wastes, solid wastes, water quality, air quality, and social costs.

Prerequisites: BUS 226 or BIO 234

ECN 330 - Global Economics

**3 Credits** This course expands the students' interests and expertise beyond the economic boundaries of the United States. Global economics is a macroeconomic-based study that teaches the theory, methodologies, and policies that have shaped the rapidly growing global economy. Students explore policy options for improving the global economy for future generations.

**Prerequisites:** BUS 226

ECN 460 - Economics of Sustainability

**3 Credits** This course focuses on sustainable economic development, i.e., the development process which optimizes the long-run, net benefits to humankind. Students explore a development path that makes conservation of resources the underpinning of economic development and the welfare of future generations. Special attention is given to issues pertinent to the local region or area. Pre 2009 Lib ed: Environmental Perspectives.

Prerequisites: BUS 226

Education

EDU 203 - Foundations Math for Elementary Teachers

**4 Credits** This course is an introduction to number theory, structure of the real number system, algebra, geometry, trigonometry, coordinate and transformational geometry, as well as statistics and probability. Course content will be presented consistent with the NCTM Principles and Standards for School Mathematics and the Common Core State Standards for Mathematics. This course meets the quantitative reasoning liberal education requirement for elementary education majors only.

**Connections Discipline:** Quantitative Reasoning

EDU 204 - Language Arts for Educators

**3 Credits** This course will enable the student to understand and create the elementary and middle school literacy curriculum through a balanced approach of using the Common Core State Standards for English as the framework.

EDU 205 - Curriculum, Planning, and Assessment

**3 Credits** Students learn to develop and deliver lessons using components of good lesson design. Students learn to design a multi-disciplinary framework and a variety of assessments to measure student learning, organize content, utilize resources to maximize student learning, all in the framework of diversity and human relations.

EDU 224 - Reflective Middle School Educator

4 Credits Students focus on enhancing reflective skills so that they are able to analyze and interpret qualitative data collected from different classroom settings. In addition, students initiate their teaching portfolio, which is required throughout the teacher education program, and explore the many facets of teaching at the middle level. Students work toward an understanding of adolescents, examine the elements of middle level concepts, and research current literature. Specific topics include motivating middle level learners, advisor/advisee programs, block scheduling, classroom management strategies, exploration courses, transition programs, parent-teacher conferences, interdisciplinary teams, and middle school level philosophy.

EDU 225 - Foundations of Education

**3 Credits** Students examine philosophical, historical, and social foundations of education. Topics include teaching as a profession, human relations, history of American education, the administrative structure, legal, political, and economic issues and trends, social class, diversity, the challenges of equal educational opportunity, and the impact of technology.

EDU 289 - Children and Adolescent Literature

**3 Credits** Students read and evaluate a broad range of children's and adolescent literature focusing on both classical and contemporary works. Students evaluate literature, analyze

text and artwork, discuss multiculturalism, and understand the influence of literature on the emotional and academic growth of children and adolescents.

EDU 315 - Classroom Management and Conflict Resolution

**3 Credits** Students develop strategies for managing a classroom, investigate diverse classroom management and conflict resolution strategies, and design a classroom environment management action plan. This course is taken in the last fall semester prior to student teaching. Clinical experience required.

**Prerequisites:** Formal admission to the education program

EDU 337 - Fall Practicum

**4 Credits** This course is designed to prepare pre-service teachers for the full-time student teaching semester as well as their role as future classroom teachers. The course is divided into three parts: organization of curriculum, instruction, and assessment; an intensive clinical field experience, which deepens and strengthens the skills necessary to have a successful student teaching placement; reflection and analysis of teaching effectiveness. Clinical emphasis will be in math, classroom management, and diverse learners teaching methods.

**Prerequisites:** Formal admission to the education program

EDU 338 - Winter Practicum

**4 Credits** This course is designed to prepare pre-service teachers for the full time student teaching semester as well as their role as future classroom teachers. The course is divided into three parts: organization of curriculum, instruction, and assessment; an intensive clinical field experience which deepens and strengthens the skills necessary to have a successful student teaching placement; reflection and analysis of teaching effectiveness. Clinical emphasis will be in literacy, science, and social studies teaching methods.

**Prerequisites:** Formal admission to the education program

EDU 341 - Science Teaching Methods

**3 Credits** Pre-service teachers use appropriate tools, tactics, pedagogies, and technologies for teaching science content in a school setting. Pre-service teachers use the information, skills, and shared experiences to build self-confidence. Clinical experience required.

Course Fee.

**Prerequisites:** Formal admission to the education program

EDU 349 - Literacy Teaching Methods

**4 Credits** Pre-service teachers plan, present, and assess a variety of language arts strategies--including phonics instruction--develop the ability to assess the level of materials, and diagnose student reading levels and writing proficiency as related to the

content areas. Pre-service teachers explore resources, tools, and strategies to align with state and national standards in reading and writing. Clinical experience required. **Prerequisites:** Formal admission to the education program

EDU 351 - Physical Education Teaching Methods

1 Credits Pre-service teachers develop appropriate tools, tactics, and strategies for teaching physical education and health in the classroom. Information provided, skills taught, technology used, and experiences shared will serve to build self-confidence. **Prerequisites:** Formal admission to the education program

EDU 370 - Social Studies Teaching Methods

**3 Credits** Pre-service teachers use appropriate tools, tactics, pedagogies, and technologies for teaching social studies content in a school setting. Pre-service teachers use the information, skills, and shared experiences to build self-confidence. Clinical experience required.

**Prerequisites:** Formal admission to the education program

EDU 371 - Fine Arts Teaching Methods

1 Credits Pre-service teachers use appropriate tools, tactics, pedagogies, and technologies for teaching fine arts in a school setting. Pre-service teachers use the information, skills, and shared experiences to build self-confidence. Course Fee.

**Prerequisites:** Formal admission to the education program

EDU 376 - Strategies for Teaching Diverse Learners

**3 Credits** Pre-service teachers will gain an understanding of child development and the procedures used for assessing pupils with disabilities. Pre-service teachers will be able to distinguish the roles and responsibilities of regular and special education providers, and they will plan lessons and activities aimed at engaging diverse audiences, including pupils with disabilities. Course meets statutory requirements for MC-EA and EA-A (elementary/middle and secondary) education licensure. Clinical experience required. **Prerequisites:** Formal admission to the education program

EDU 377 - Mathematics Teaching Methods

**4 Credits** Pre-service teachers use appropriate tools, tactics, pedagogies, and technologies for teaching mathematics content in a school setting. Pre-service teachers use the information, skills, and shared experiences to build self-confidence. Clinical Experience: 20 hours for elementary majors and 40 hours for secondary majors. Course Fee.

**Prerequisites:** Formal admission to the education program

**0** Credits This course is required for all education majors and must be taken in the semester immediately preceding the student teaching semester. The purpose of this course is to complete and present the developing portfolio as required by DPI for assessment by the Education Department faculty members. Successful completion of this course is a pre-requisite for enrolling in student teaching.

EDU 460 - Student Teaching (EA-A) and Seminar

**6 - 12 Credits** Students teach full days for a full semester in grades 7 through 12 following the daily schedule and semester calendar of the cooperating schools, under the direct supervision of classroom cooperating teachers and college supervisors. During the interactive seminar, students focus on curriculum, human relations, career development, and reflective practices.

Course Fee.

**Connections Discipline:** Experiential

**Prerequisites:** Formal admission to the education program

EDU 471 - Student Teaching (MC-EA) and Seminar

**6 - 12 Credits** Students teach full days for a full semester in grades 1 through 8 following the daily schedule and semester calendar of the cooperating schools, under the direct supervision of classroom cooperating teachers and college supervisors. During the interactive seminar, students focus on curriculum, human relations, career development, and reflective practices.

Course Fee.

**Connections Discipline:** Experiential

**Prerequisites:** Formal admission to the education program

EDU 472 - Student Teaching Minor (MC-EA/EA-A)

**0** Credits Students teach in the area of their academic minor full days for a full semester following the daily schedule and semester calendar of the cooperating schools, under the direct supervision of classroom cooperating teachers and college supervisors.

**Connections Discipline:** Experiential

**Prerequisites:** Concurrent enrollment in EDU 471 or EDU 460 and formal admission to the education program

EDU 475 - Student Teaching K-12

**6-12 Credits** This is a full day, full semester student teaching experience, based on the K-12 calendar, under direct supervision of cooperating teacher(s) and college supervisors.

**Connections Discipline:** Experiential

**Prerequisites:** Senior standing and Formal Admission to the Education Pprogram.

EDU 479 - Student Teaching Continuation

**1 Credits** This is a continuation of the winter semester of student teaching.

**Prerequisites:** EDU 460 or EDU 471

EDU 580 - Supervision of Student Teachers I

**2 Credits** Classroom teachers complete training through a seminar format and distance learning in the supervision of student teachers and the Wisconsin educator standards. Topics include introducing student teachers to the teaching process, establishing effective personal relationships, planning, clinical supervision, legal issues, and evaluating student teachers.

EDU 581 - Supervision of Student Teachers II

**2 Credits** Classroom teachers continue training in the supervision of student teachers and the Wisconsin initial educator standards from the previous course in order to meet the requirement of PI34.

**Prerequisites:** EDU 580

English

ENG 110 - Introduction to College Writing

**3 Credits** Students develop skills required to successfully complete writing assignments for collegiate-level courses. Particular focus is given to sentence and paragraph structure, grammar and spelling, critical analysis, thesis statements, and research techniques. Students work on assignments required for their disciplinary courses, develop strategies for effectively engaging in the writing process, and acquire knowledge required to accurately evaluate their own writing. Successful students acquire the confidence and skills required to continue improving their writing after completion of the course.

ENG 126 - Confluences: Reading and Writing in the Lake Superior Watershed

**4 Credits** Part of the Superior Connections Program, in this course students gather and integrate their experiences and studies of the Lake Superior Watershed using the creative and synthetic potential of dialogue and written expression. The reading of literary and historical texts, the composition of essays, and delivery of oral presentations are integral to the course.

**Connections Discipline:** Humanities

Corequisites: XHH 115

ENG 160 - Natural Disasters in Literature and Film

**4 Credits** Students critically examine natural disasters in literature and cinema, focusing on how the representation of events such as tornados, floods, volcanic eruptions, asteroid

hits, and environmental apocalypse involves social issues such as gender, race, economics, nationhood, and global climate change.

**Connections Discipline:** Humanities **Corequisites:** XHS 105 or XHS 107

ENG 165 - Pastoral and Agricultural Literature

**4 Credits** This course explores depictions of rural and agrarian life in literary contexts—how the relationship to "the land" has been figured aesthetically and historically. Students examine how rural work—especially farming and herding—is idealized, valued, or ignored in a variety of textual forms, including the short story, the essay, and poetry.

**Connections Discipline:** Humanities

Corequisites: XHH 105

ENG 180 - Public Speaking

**3 Credits** Students develop speech writing, presentation, and analysis skills, with concentration on the development of speech content and delivery methods.

ENG 211 - Humanity and Nature in Literature

**3 Credits** Students read and analyze selected short stories, novels, plays, essays, and poetry that focus on human relationships with the natural world.

**Connections Discipline:** Humanities

**Prerequisites:** ENG 110, a Connections Block, or Writing Assessment Score of 3 or above

ENG 213 - Literature of the Western Worlds

**3 Credits** Students study seminal Western Literature texts from Antiquity to the Renaissance with a particular focus on the Medieval period (Andrea Capellanus, Dante, Boccaccio, Chaucer).

**Connections Discipline:** Humanities

**Prerequisites:** ENG 110, a Connections Block, or Writing Assessment Score of 3 or above

ENG 216 - The Contemporary Novel

**3 Credits** In this course, students examine the novel as a genre as well as prominent novels of the past 30 years.

**Connections Discipline:** Humanities

**Prerequisites:** ENG 110, a Connections Block, or Writing Assessment Score of 3 or above

ENG 217 - Contemporary Third World Literature

**4 Credits** Study of selected novels and short stories of established authors as well as emerging young writers from Africa, Latin American, and Asia.

**Connections Discipline:** Humanities

Prerequisites: ENG 110, a Connections Block, or Writing Assessment Score of 3 or

above

ENG 227 - The Gothic Novel

**3 Credits** Students examine the gothic tradition as it evolved from British novels in the late 18th century to writings in contemporary American horror. The course charts the progress of various themes and motifs, including the nature and origins of evil, hidden or double lives, and the natural versus the unnatural and the supernatural.

**Connections Discipline:** Humanities

**Prerequisites:** ENG 110, a Connections Block, or Writing Assessment Score of 3 or

above

ENG 228 - Literature of the Arab World

**4 Credits** This course emphasizes the study of selected contemporary short stories and novels written by established authors as well as emerging young writers, of both genders. It covers culture, politics, women's as well as other issues. Recent documentaries and movies accompany the course readings.

**Connections Discipline:** Humanities

**Prerequisites:** ENG 110, a Connections Block, or Writing Assessment Score of 3 or above

ENG 229 - Reading the Waters

4 Credits In this introductory literature course, students read and analyze essays, short stories, novels, and poems that focus on or were inspired by human relationships to the Lake Superior Watershed or by water in general. Through the course, students learn how to apply systematic interpretive approaches to their reading and develop an appreciation for literary works from different genres and periods. Written and oral interpretive assignments are integral to the course.

**Connections Discipline:** Humanities **Prerequisites:** XHH 115 or XNN 115

ENG 233 - Women of the Third World

**3 Credits** Study of short stories and novels that explore many issues from the vantage point of women in Africa, Latin America and Asia.

**Connections Discipline:** Humanities

**Prerequisites:** ENG 110, a Connections Block, or Writing Assessment Score of 3 or above

ENG 234 - Science Fiction and Societal Collapse

**3 Credits** Focused on the theme of environmental and societal collapse, this course explores through Science Fiction (novels and short stories) the different literary dystopias of possible futures. Selected movies are viewed in conjunction with the literature of the course.

**Connections Discipline:** Humanities

Prerequisites: ENG 110, a Connections Block, or Writing Assessment Score of 3 or

above

ENG 240 - Pens and Paddles in the North Woods

**4 Credits** This course combines literary study with wilderness fieldwork. Students read accounts of North Woods canoe journeys by authors such as Henry David Thoreau, Florence Page Jacques, and Sigurd F. Olson, and then travel to the Boundary Waters Canoe Area for a 15-day canoe trip.

Course Fee.

Connections Discipline: Experiential **Prerequisites:** Instructor Consent

ENG 262 - Survey of British Literature

**3 Credits** Students read and study major British and Irish literary works from the early Medieval period to the present day.

**Connections Discipline:** Humanities

**Prerequisites:** ENG 110, a Connections Block, or Writing Assessment Score of 3 or above

ENG 264 - Survey of American Literature

**3 Credits** Students read and study representative works of American literature from its origins to the present.

**Connections Discipline:** Humanities

**Prerequisites:** ENG 110, a Connections Block, or Writing Assessment Score of 3 or

above

ENG 318 - Nature Writers

**3 Credits** Students read and study selected texts from the genre of non-fiction nature writing. Discussions and writing assignments help students develop an understanding of movements and trends within the genre as well as an appreciation for the achievements of individual authors.

**Connections Discipline:** Humanities

**Prerequisites:** ENG 165, ENG 211, ENG 240, ENG 264, ENG 372, ENG 377, OED

328, or HIS 325

ENG 372 - Nature in Latin American Literature

**3 Credits** Students read and study contemporary short stories from Latin America and the Caribbean, focusing on their unique treatment of nature in both content and form. Particular attention is given to the metaphoric use of nature to treat sensitive historic, political, psychological, and social issues.

**Prerequisites:** Any 200-level literature course

ENG 377 - Green Romanticism

**3 Credits** This course focuses on British Romantic-era nature writing and explores the emergence of proto-ecological thought in period authors such as William Wordsworth, John Clare, and Charlotte Smith, with an emphasis on their use of precise physical detail, their depictions of the dynamism of natural processes, and their descriptions of the impact of human activities on local eco-systems.

**Prerequisites:** ENG 110, a Connections Block, or Writing Assessment Score of 3 or above

ENG 384 - Literary Criticism

**3 Credits** This is an advanced course in literary study. Students examine diverse scholarly approaches to literature, including New Critical, Feminist, Historical, Psychoanalytic, Post-Structuralist, and New Historical critical traditions.

**Connections Discipline:** Humanities **Prerequisites:** Any ENG Course

ENG 387 - The English Language

**4 Credits** Students study the origins and development of the English language, advanced grammar, and issues in contemporary linguistics.

**Prerequisites:** ENG 110, a Connections Block, or Writing Assessment Score of 3 or above

ENG 413 - Shakespeare

**4 Credits** This course explores 5-6 Shakespeare plays in their literary, historical, and dramatic contexts. Students engage actively with the texts as scripts in discussion environments and watch several stage and screen adaptations (in and out of class). Coursework includes two 10-page research papers and regular reading quizzes. **Prerequisites:** ENG 110, a Connections Block, or Writing Assessment Score of 3 or above

ENG 415 - Chaucer

**4 Credits** Students gain exposure to literary form, language and pronunciation of Middle English in the Minor Poems and in-depth study of the Canterbury Tales in Modern English.

**Connections Discipline:** Humanities

**Prerequisites:** ENG 110, a Connections Block, or Writing Assessment Score of 3 or above

ENG 489 - English Senior Honors Thesis

**3 Credits** Students complete a long scholarly or creative work in consultation with a thesis director. The thesis is presented to the college community in a public reading. Students may only take this course by invitation of the English Program Coordinator. This course is not a capstone option for the English or Writing majors.

**Prerequisites:** Senior Standing

Geographic Information Systems

GIS 201 - Introduction to Geographic Information Systems

**4 Credits** Students learn GIS concepts through studying spatial data structures, sources of data, GIS analysis tools and sample applications. Students complete hands-on computer activities using ArcGIS software.

GIS 260 - Global Positioning Systems

1 Credits Students learn how the GPS satellite system works, accomplish GPS data collection using Trimple GPS receivers, and integrate GPS data into GIS projects. Prerequisites: GIS 201

GIS 301 - Intermediate GIS Applications

**4 Credits** Building on knowledge and skills learned in GIS 201, students continue to use ArcGIS to create and analyze data through numerous computer activities. ArcGIS extensions will be introduced and students will learn to apply GIS project methodology to complete a specific GIS project.

**Prerequisites:** GIS 201

GIS 315 - Geodatabases

**3 Credits** Students study the elements and behaviors of spatial data within the geodatabase data model and apply their knowledge by building a relevant GIS geodatabase for a project.

**Prerequisites:** GIS 201

GIS 380 - Remote Sensing

**4 Credits** Students learn the principles of remote sensing and its applications in GIS project work. Course lab work includes hands-on interpretation of aerial photography and computer analyses of different types of satellite imagery.

**4 Credits** Students gain practical experience in designing and managing GIS projects, in addition to learning advanced GIS techniques, such as geostatistical analysis. Students complete their own GIS project encompassing all project management procedures – design, data acquisition, analysis, results, and presentation.

Prerequisites: GIS 201 and GIS 301

Geoscience

GSC 107 - Geology and Agriculture

**4 Credits** In this course students learn about the earth systems, soils, minerals, water, and energy used in agriculture and the environmental impacts caused by the use of those resources. The course focuses on how these impacts can be decreased so that agriculture can sustainably provide for the needs of society.

Course Fee.

**Connections Discipline:** Natural Science **Corequisites:** REL 258 and XHN 115

GSC 112 - Geoscience Issues of Lake Superior

**4 Credits** Part of the Superior Connections Program, students learn about the geologic processes and history of the Lake Superior basin and how past geologic events established the setting in which the current ecosystem and human society reside. Field trips and laboratory exercises develop their skills in map reading, rock identification and interpretation, and give them an appreciation for the beauty and complexity of the natural environment of the lake basin and humans' relationship to the lake. Course Fee.

**Connections Discipline:** Natural Science **Corequisites:** BIO 128 and XNN 115

GSC 120 - Physical Geology

**4 Credits** Students study the origin and character of rocks and minerals and the geologic forces of ground water, running water, wind, and ice. Students also gain an understanding of volcanism, earthquakes, and mountain building as they relate to plate tectonics. Course Fee.

**Connections Discipline:** Natural Science

GSC 140 - Natural Hazards

**4 Credits** Students study the Earth's surface processes and how they influence human activities. Topics include earthquakes, tsunamis, volcanoes, floods, subsidence, mass wasting, coastal hazards, hurricanes, tornadoes, wildfires and bolides.

Connections Discipline: Natural Science

**4 Credits** In this course students study the origin and characteristics of sediments and soils. They learn how sediments are created through rock weathering and how they are transformed into productive soils at Earth's surface. Through classes, laboratories and field trips, students learn sediment and soil classification; how water and nutrients move through soils; how soils become degraded and how they can be replenished. Course Fee.

Connections Discipline: Natural Science

Prerequisites: GSC 107, GSC 112, or GSC 120

GSC 233 - Earth Resources

**4 Credits** In this course students learn about the geological occurrence and use of water, minerals, and energy resources, as well as the environmental and social impacts resource extraction and use. The course emphasizes environmental issues and solutions to resource problems.

Course Fee.

Connections Discipline: Natural Science

Prerequisites: GSC 107, GSC 112, or GSC 120

GSC 250 - Geology Field Trips in Northern Wisconsin

1 Credits This course is a series of weekly geology field trips in the early part of fall semester in which students examine, measure, document, and interpret geologic materials in northern Wisconsin. Students learn wilderness navigation skills, learn to use geologic tools in the field, and come to understand the geologic history of the region. There is a strong emphasis on documentation in the field.

Course Fee

**Prerequisites:** Any concurrent or prior 100-level GSC course.

GSC 260 - Geology of the Lake Superior Region

**4 Credits** In this field course, students examine the rocks of the Lake Superior region to decipher the long, complex history of the area. The course includes travel to spectacular geologic and scenic areas for first-hand experience with the geology of the region. Course Fee.

**Connections Discipline:** Natural Science or Experiencial

Prerequisites: GSC 107, GSC 112, or GSC 120

GSC 262 - World Regional Geography

**3 Credits** Students examine a world which is undergoing political, economic and social transformations at many different spatial scales. Current issues and events will be discussed. Students become familiar with basic concepts in geography in order to understand the place of world regions in the global system and the underlying forces of

world events.

Connections Discipline: Social Science

GSC 305 - Hydrology

**4 Credits** This course focuses on the processes of the hydrologic cycle. Students learn about the occurrence and movement of water in the atmosphere, over land, and in the ground.

Course Fee.

Prerequisites: GSC 107, GSC 112, or GSC 120

GSC 320 - Landforms

**4 Credits** Students study the earth's surface features and the processes that create and modify them.

Course Fee.

**Prerequisites:** GSC 107, GSC 112, or GSC 120

GSC 321 - Minerals and Rocks

**4 Credits** In this course students study the composition and occurrence of the common minerals and rocks that make up the Earth. Through classes and laboratories that include extensive hands-on work with samples, students learn about the chemistry, structure, and importance of the rock-forming minerals, and the origin and significance of different kinds of rocks. The emphasis is on identification of rocks in the field.

Course Fee.

**Prerequisites:** GSC 120

GSC 324 - Coastal Geology

**4 Credits** Students study the physical and geological processes that control the formation and evolution of coasts, coastal morphology, classification, beach formation and evolution, and human impact on coasts.

Course Fee.

**Prerequisites:** GSC 107, GSC 112, or GSC 120

GSC 370 - Glacial Geology

**4 Credits** Students study the formation of glaciers and the processes by which glaciers flow and create landforms, the history of glaciation on Earth, and important controls on climate.

Course Fee.

Prerequisites: GSC 107, GSC 112, or GSC 120

GSC 406 - Hydrogeology and Geochemistry

**4 Credits** In this course students study the flow of groundwater and the chemical changes that it undergoes as it moves through aquifers. Students learn what controls the chemistry of water in the environment and learn to test water-quality parameters and how to determine the rates and directions of groundwater flow. An important theme that runs through the course is how humans impact water quality and how water quality can be improved.

Course Fee.

**Prerequisites:** GSC 107, GSC 112, or GSC 120

GSC 474 - Tectonics and Structural Geology

**4 Credits** In this course students learn the details of how plate tectonics operates and the huge influence it has on conditions on Earth. They study everything from small-scale structures in rocks to the largest mountain ranges on Earth, and, in the process, they learn how conditions on Earth's surface are intricately connected to what is going on deep inside the planet.

Course Fee.

**Prerequisites:** GSC 107, GSC 112, or GSC 120

GSC 481 - Geologic Field Methods

**2 Credits** In this course students learn how to measure geologic structures and make geologic maps. The course prepares students for Geologic Field Camp, which is a month of field mapping in the Rocky Mountains in Wyoming. Recommend GSC 474 Tectonics and Structural Geology

Course Fee.

Prerequisites: GSC 120, GSC 222, and GSC 321

GSC 482 - Geologic Field Camp

**4 Credits** In this course students learn to make geologic maps that document the nature and distribution of earth materials in the field. Through extensive field work in the spectacular rock exposures of the Rocky Mountains, students become proficient at interpreting rocks and geologic histories.

Course Fee.

Connections Discipline: Experiential

**Corequisites:** GSC 481

GSC 486 - Senior Seminar in Water Science

**2 Credits** In this capstone independent research project, students use all of the skills and knowledge acquired in their coursework to complete a comprehensive drainage basin analysis. This analysis includes the water budget, stream characteristics, soils and sediments, and ground water flow in a drainage basin of their choosing. Students produce maps and a report and then present their research to the campus community. Offered by arrangement.

**Prerequisites:** Environmental Geoscience major with Water Science emphasis and Senior Standing

GSC 488 - Geoscience Capstone Research

**2 Credits** Students conduct geoscience field work and gather data for an original research project. The research topic is chosen by students and completed in collaboration with a faculty mentor.

Prerequisites: Environmental Geoscience major and Senior Standing

GSC 498 - Senior Seminar in Geology

**2 Credits** Students complete an independent research project and prepare for the Geoscience Exit Examination. The Exit Examination requires a presentation to the faculty about the research project and demonstration of competency in basic topics in geoscience. This seminar, along with required field experiences in GSC 482, constitutes the capstone experience for geoscience majors. The seminar provides preparation for career employment or graduate school.

**Prerequisites:** Environmental Geoscience major with Geology emphasis and Senior Standing

Gender and Women's Studies

GWS 265 - Introduction to Gender and Women's Studies

**3 Credits** Students study major issues, debates, and challenges in contemporary feminism as a political and academic movement, including representations and experiences of women, the construction of gender and gender roles, and their impact in areas such as body image, health, sexuality, reproductive rights, work, and domestic violence.

**Connections Discipline:** Humanities

GWS 266 - Ecofeminism

**3 Credits** Students examine ecofeminism as an intersection of environmentalism and feminism, focusing on relationships between nature, culture, and gender. Readings and discussions explore diverse approaches to ecofeminist concerns, including environmental ethics, spirituality, and political practice.

**Connections Discipline:** Humanities

GWS 331 - Feminist Theory

**3 Credits** Students participate in an advanced study of the theory and politics of contemporary feminism, including the contributions of prominent feminist academics and activists.

**Prerequisites:** Any GWS course

History

HIS 101 - United States History to 1865

**3 Credits** Students examine major social, political, and economic developments in United States history from the origin of settlement through the Civil War. Students will pay special attention to such factors as race, class, religion, ethnicity, and gender in the shaping of the United States within this time frame.

**Connections Discipline:** Humanities

HIS 102 - United States History since 1865

**3 Credits** Students examine United States political, economic, and social developments from Reconstruction to the present. They focus especially on the evolution of cities, industrial capitalism, immigration, and ethnic and women's rights in the designated time frame

**Connections Discipline:** Humanities

HIS 111 - History of World Civilizations to 1500

**3 Credits** This course surveys human history from the beginning of agriculture to 1500. Students examine how technological innovation, religious ideas, culture, social structures, economic forces, and the environment interacted to shape civilizations.

**Connections Discipline:** Humanities

HIS 112 - History of World Civilizations since 1500

**3 Credits** Students examine the interactions and increasing integration of the world's civilizations in the modern era. The course covers global trade networks, the rise of the Atlantic slave trade, European hegemony, the two World Wars, the Cold War and contemporary world trade, culture and politics.

**Connections Discipline:** Humanities

HIS 120 - American Agricultural History

**3 Credits** Students examine various key sites and moments of agricultural production throughout United States history. Students study land law, as well as institutions of slavery, sharecropping, seed patenting, and spaces such as the plantation, farm, and botanical garden. Students examine various implements, including the fence, plow, as well as crate labels.

**Connections Discipline:** Humanities

HIS 127 - History of Darwinism, Evolution, and European Empire

**4 Credits** Students study the history of ideas commonly known as Darwinism, including the process that led to their creation, the controversies that have enveloped them, and the

various ways that sociologists, psychologists, historians, & biologists, as well as ideologues, racists, politicians and colonialists, have used those ideas to explain the world--for good or ill.

HIS 209 - Gender in the United States Landscape

**3 Credits** Students study the complex ways in which landscapes are constructed through ideology, commerce, and gendered understandings of nature. Students cover several American landscapes and their construction, including but not limited to cities, wilderness, frontiers, suberbs, and parks.

**Connections Discipline:** Humanities

HIS 221 - History of Medieval Europe

**3 Credits** A history of the beginnings and development of Western European civilization from the later Roman Empire to the beginning of the modern era around 1500. The medieval period will be studied from the political, social, economic, and cultural perspectives of history.

**Connections Discipline:** Humanities

HIS 234 - Ideology in the 20th Century

**3 Credits** Students will explore the ways that political ideologies have shaped the world since 1900. Topics include European colonialism, the rise of communism and fascism, the Russian and Chinese Revolutions, the two World Wars, the Holocaust, the Cold War, colonial independence movements, globalization and the status of ideologies such as liberalism today.

**Connections Discipline:** Humanities

HIS 241 - American Environmental History

**3 Credits** Students trace the cultural perceptions of nature and humanity's impact on the environment over the course of American history. Students study various sites of environmental degradation and preservation and the history and politics of environmental protection and sustainability within several crucial frames, including those of race, class, and gender.

**Connections Discipline:** Humanities

HIS 242 - European Environmental History

**3 Credits** Students study the major climatic changes in Europe in the last 2000 years and the ways that these changes have impacted European society. Students also study the major ideas in European culture about human relationships with the environment, including scientific, religious, and more general cultural conceptions of nature.

**Connections Discipline:** Humanities

HIS 260 - Gender in Modern Europe

**3 Credits** Students examine how gender roles for both men and women have interacted with political, social, economic, and cultural changes over the last 400 years. Specific topics include gender's relationship to psychology, work and family, science, urban space, war, and imperialism.

**Connections Discipline:** Humanities

HIS 263 - History of the Middle East

**3 Credits** Students trace the history of the Middle East from the rise of Islam to the present with an emphasis on the events of the 20th century. Topics include European and American colonialism, Zionism and Arab Nationalism, the Iranian Revolution, the Persian Gulf Wars, the Israeli-Palestinian conflict, and the Arab Spring.

**Connections Discipline:** Humanities

HIS 264 - Middle East History and Politics

**3 Credits** Part of a Center for Ecological Living and Learning (CELL) semester abroad program, this course allows students to study the historical and political context of the complex struggle between Israelis and Palestinians, with particular attention to the sequences of action and time, the study of events, and the role of political power. As students develop an understanding of the origins and causes of the Israelis-Palestinian conflict, on-site visits to historic sites and guest speakers help them to make links to the present.

Connections Discipline: Interdisciplinary or Experiencial

HIS 266 - American Material Culture/Objects in Everyday Life and History

**3 Credits** In this course, students uncover the cultural messages in the objects and spaces of our everyday lives. They attend to the development of American consumer culture and how physical objects construct racial, ethnic, and gendered identities. Objects of study include, among others, cemetaries, museums, architecture, clothing, and vernacular art. **Connections Discipline:** Humanities

HIS 270 - The Holocaust

**3 Credits** The course covers European anti-Semitism, racial ideology, the political crises of the early 1930s, Nazi ideology, the course of World War II, and the structures and functioning of the Nazi machinery of death. Questions regarding moral responsibility, memory, modernity, and depersonalization will figure prominently in discussions.

**Connections Discipline:** Humanities

HIS 303 - Historical Method & Philosophy

**3 Credits** This course combines instruction in the techniques of historical research and writing with a survey of historical philosophy from ancient times to the present.

HIS 305 - Queer Ethnic History in America

**3 Credits** This course is a survey of queer history in 20th Century America. Students examine white and queer ethnic identities (including African American, Chicano/a, Asian American, and American Indian identities) as constructed and lived in United States cities in the past century. Cities have racialized, gendered, and sexualized components; students will evaluate how American cities have served to encourage and inhibit the construction of queer communities.

**Connections Discipline:** Humanities

Prerequisites: Any HIS course and Sophomore Standing

HIS 320 - The Enlightenment

**3 Credits** Students examine the intellectual foundations of our culture from the Scientific Revolution to the French Revolution. The course emphasizes how the Enlightenment articulated Western civilization's understandings of science, the role of government, the nature of the individual, and rationalism. Assignments focus on placing texts in context.

Connections Discipline: Humanities Prerequisites: Any HIS course

HIS 321 - The French Revolution

**3 Credits** Students study the French Revolution, an event that marks the beginning of modern politics in the West. Topics include the ideas of the Enlightenment, the events of 1789-1794, the rise of Napoleon, the birth of political ideologies, and the fundamental questions of government, representation, and violence in politics.

Connections Discipline: Humanities Prerequisites: Any HIS course

HIS 325 - Nature and Nation: Environment, Art, Ideology

**3 Credits** This course examines the intersection of nature and nation-building in three periods: the early national period, 1950s cowboy culture, and present-day National Parks tourism. Students study the relationship of natural history to national culture, examining how empire and Enlightenment thinking come together to constitute nation-building as an imperial and Romantic art.

**Connections Discipline:** Humanities **Prerequisites:** HIS 241 or Junior Standing

HIS 357 - Gender in Total War

**3 Credits** Students examine the transformation of gender roles during World Wars I and II and explore in particular challenges to ideals of masculine courage, valor, and military

efficacy in the face of mechanized warfare as well as the ways in which the wars drew women into industrial workplaces and onto the killing fields. Illustrations of these dramatic upheavals in European and American conceptions of gender are examined in secondary histories, film, literature, and memoirs.

Connections Discipline: Humanities Prerequisites: Any HIS course

HIS 496 - History Senior Thesis

**1-4 Credits** This course, the first part of a two semester capstone sequence, is an independent research project that serves as the foundation for a capstone paper written in the second half of the sequence.

HIS 497 - History Senior Thesis

**3 Credits** This course, the second part of a two-semester capstone sequence, is an independent project in which a student produces a 30- to 50-page historical research paper on a topic of particular interest to the student.

Prerequisites: HIS 496.

Humanities

HUM 220 - Soviet Art and Music

**3 Credits** Beginning with some brief background on the late Czarist period and late Romantic music by Tchaikowsky, the course proceeds through the revolutionary periods, examines politics, poetry of Anna Akhmatova, music of Prokofiev, then focuses primarily on the Stalin years and the music of Shostakovich. Students will view and discuss the documentary film, Shostakovich vs. Stalin--The War Symphonies, a short work of Solzhenitsen, One Day In The Life of Ivan Denisovich, and the novel, City of Thieves by David Benioff. The concluding period, death of Stalin through the dissolution of the Soviet State, is addressed through The Ransom of Russian Art by John McPhee, the long poem, "Zima Junction" by Yuri Yevtushenko, and late musical works of Shostakovich.

Course Fee.

**Connections Discipline:** Humanities

HUM 249 - Voices in the American West

**3 Credits** Students investigate the rich and varied art that treats the American West. Paintings, music, fiction, poetry, and film are considered. The manner in which creators such as Frederic Remington, Annie Proulx, Andrew Wyeth, Sherman Alexie, Cormack McCarthy, Aaron Copland, Zane Grey and Larry McMurtry inform and are informed by both the realities and the myths of the West are a central concern throughout.

**Connections Discipline:** Humanities

**3 Credits** In this multidisciplinary Junior-Senior seminar, students develop and perform advanced-level readings and research projects. The first units focus on the development of interdisciplinary theories and methods. Assignments may include a microhistory, oral history or participant-observation, and/or varied disciplinary texts around a shared course topic. The course concludes with advanced research and writing techniques, as well as with preparation of an annotated bibliography for each student's capstone project (should a student's major not require a capstone, a longer paper assignment is substituted).

**Interdisciplinary Studies** 

IDS 105 - Introduction to Social Responsibility

**4 Credits** This course exposes students to a variety of disciplinary perspectives on the idea of social responsibility and helps to foster a deeper understanding of the role students play in shaping the world. Additionally, students have the opportunity to examine numerous examples of individuals, groups, and organizations working to achieve their practical vision of a socially responsible society.

Connections Discipline: Interdisciplinary

IDS 130 - Climate and the Complexities of Societal Change

**4 Credits** This course explores the complexity of societal action to address climate change. Insights come from the fields of environmental education, communication, history of science, clinical psychology, religion, economics, and environmental philosophy as well as from case studies of current events and from experiences of communities on the front lines of climate change.

Connections Discipline: Interdisciplinary

IDS 141 - Sustainable Agriculture Synthesis

**4 Credits** Students develop a holistic understanding of humanity's relationship to nature through famine and food, gain understanding of agricultural challenges through projects in the campus garden and surrounding farms, and consider how a systems perspective informs the practice of farming and advances in sustainable food production.

**Connections Discipline:** Experiential

IDS 168 - War and Peace in Film

**3 Credits** This Spring Term course critically considers how filmmakers, producers and executives, activists, and governments have advocated for war and peace through the medium of film in the past century. Students primarily examine the American experience in war and peace in this period, but international perspectives on the topic also receive consideration.

## IDS 180 - Lake Superior Circumnavigation

**4 Credits** In this May-term travel course, students explore the Lake Superior Watershed as they circumnavigate the Lake by van, boat, and foot. Visits to prominent natural and historical sites as well as interactions with members of regional communities are integral to the course.

Course Fee.

**Connections Discipline:** Experiential

**Prerequisites:** Superior Connections 4-course block

IDS 243 - Sustainable Agriculture Practicum

**4 Credits** In this field course, students gain hands-on experience in sustainable agriculture either by working on selected farms or by assisting organizations working on food or agricultural policy issues. Students have the opportunity to work in-depth with one farm or organization for the semester, or gain a broad experience with several farms and organizations over the semester.

Course Fee.

**Connections Discipline:** Experiential

**Prerequisites:** IDS 141

IDS 254 - Diversity and the Environment

**3 Credits** Students explore the unique issues that impact under-represented populations and their relationships to the environment. Issues that students examine include environmental policy, race and environmental injustice, cultural identity and the natural world, environmental activism, and diversity.

Connections Discipline: Interdisciplinary

IDS 274 - Israel and Palestine Studies

**3 Credits** Part of a Center for Ecological Living and Learning (CELL) semester abroad program, this course provides an interdisciplinary review of contemporary issues in three countries of the Levant region: Israel, Palestinian Territories, and Jordan. The first-hand survey includes home stays, touring, and study to understand the geography, culture, language, religion, economics, foreign relations, environment, and arts of the region.

Connections Discipline: Interdisciplinary or Experiencial

Prerequisites: Admittance to CELL Program

IDS 276 - Middle East Sustainability

**3 Credits** Part of a Center for Ecological Living and Learning (CELL) semester abroad program, this course provides students with an opportunity to explore the principles and integral relationship of peace and sustainability in Israel and Palestine. In addition to examining choices being made in their own lives and how these impact both peace and sustainability, the course provides an opportunity to examine current efforts in the region

to build peace and a sustainable future. Field trips and opportunities to apply classroom learning to current peace and sustainability projects are integral to the course.

Connections Discipline: Interdisciplinary or Experiencial

Prerequisites: Admittance to CELL program

IDS 278 - Applied Peace and Sustainability

**3 Credits** Part of a Center for Ecological Living and Learning (CELL) semester abroad program, this service-learning course challenges students to apply what they are learning in their academic courses to real-life peace and sustainability issues and practices in the programs and villages where they are working and living. Students will have opportunities to work with community partners in various organizations relating to peace and sustainability such as a refugee camp in Bethlehem, Friends of the Earth Middle East, Arava Institute, Seeds of Peace, Peace Players, an Environmental Education Center in Beit Jala, and Volunteering for Peace.

**Connections Discipline:** Interdisciplinary or Experiencial

**Prerequisites:** Admittance to CELL Program

IDS 280 - Trekking Planet Japan

**4 Credits** Students participate in an international study trip to Japan. The focus of the course is on historic and contemporary expression of Japanese religions, notably Buddhism and Shinto.

Course Fee.

**Connections Discipline:** Humanities or Experiential

IDS 281 - Spring in Italy

**4 Credits** Students study the great artistic, intellectual, and religious achievements of Medieval and Renaissance Italy as they travel in the heart of Tuscany and Umbria. Students reside in a medieval villa atop the Umbrian mountains in addition to resident studies in Florence.

Course Fee.

Connections Discipline: Humanities or Experiential

IDS 284 - Central American Culture, History, and Language

**3 Credits** Part of a Center for Ecological Living and Learning (CELL) semester abroad program, this course provides students with a hands-on introduction to the history and culture of Honduras, Nicaragua, and Costa Rica; the challenges of conservation and development facing this region; and the language of the region. Students participate in several homestay experiences, visit cultural and historical sites, and engage in discussions, lectures, and reflective writing.

**Connections Discipline:** Interdisciplinary or Experiencial

**Prerequisites:** Admittance to CELL Program

IDS 285 - Iceland Culture, History, and Language

**3 Credits** Part of a Center for Ecological Living and Learning (CELL) semester abroad program, this course provides students with an overview of the culture, language, and history of Iceland. Students receive instruction in conversational Icelandic and develop an understanding of the socio-cultural and environmental contexts relevant to Icelandic studies. Field trips to historical sites are integral to the course.

Connections Discipline: Interdisciplinary or Experiencial

Prerequisites: Admittance to CELL Program

IDS 320 - Living & Working in a Multicultural Context

**3 Credits** This course introduces students to the importance of understanding the challenges and opportunities in working in a multi-cultural work force, community, and nation. Students explore how to develop their own multicultural awareness, skills, and relationship competencies.

Connections Discipline: Interdisciplinary

IDS 373 - Humans and the Environment

**3 Credits** Part of a Round River field experience, in this environmental anthropology course, students study a variety of topics that range from cultural models and narrative constructions of the natural environment to more applied, developmental issues associated with sustainability and community-based natural resource management, and the wider political and economic context of environmental issues as reflected in political-ecology and the environmental justice movement.

**Connections Discipline:** Interdisciplinary or Experiencial **Prerequisites:** Admittance to the Round River Program

IDS 480 - Junior-Senior Seminar

**3 Credits** Through seminar discussions and essay assignments, students synthesize their learning from courses and experiences in the Humanity and Nature core and Environmental humanities emphasis. Specific topics of study vary in a given year.

**Prerequisites:** ENG 318, or PHL 360

Meteorology

MET 125 - Introduction to Meteorology

**4 Credits** This course provides students with an introduction to the general circulation of the atmosphere and the mechanisms responsible for the generation of daily weather. Students study seasonal and daily temperatures, atmospheric moisture, stability and cloud development, air pressure and winds, weather forecasting, and severe weather. Course Fee.

Connections Discipline: Natural Science

## MET 255 - Practicum Broadcast Meteorology

**3 Credits** This practicum provides students with an introduction to the field of broadcast meteorology and offers hands-on experience in creating and airing weather reports at the Northland News Center in Duluth. Students become familiar with the technology and operating procedures of a news/weather/sports studio environment, gain skills in the use of specialized software, and learn how to put together a broadcast package under time constraints. For this course, students must arrange their own transportation to the Northland News Center in Duluth.

**Connections Discipline:** Experiential

MET 270 - Oceanography

**4 Credits** Students learn about the two-way interaction between the ocean and its surrounding environment. Students study how the surrounding environment has shaped the ocean from the initial origins to today. This examination considers everything from the influence of humans, the atmosphere, and the smallest marine life. The course also covers how the ocean influences life in the sea as well as on land. Topics include mixing, currents, ocean chemistry, waves, tides, and tsunamis. Course Fee.

**Connections Discipline:** Natural Science

MET 363 - Synoptic Meteorology

**4 Credits** Students learn basic techniques for analyzing and forecasting surface and upper-air weather systems. The course focuses on air mass classification, frontal analysis, mandatory height level analysis, standard techniques for displaying weather data, and forecasting by hand and by computer model.

**Prerequisites:** MET 125 and MTH 140

MET 387 - Mesoscale Meteorology

**3 Credits** By applying atmospheric dynamics and physical analysis techniques, students develop a physical understanding of and an ability to forecast certain mesoscale phenomena, including mesoscale convective systems, severe thunderstorms, and tornadoes. Students also are thoroughly educated in storm safety. The final week of the course includes a storm chasing trip to Kansas, Nebraska, and South Dakota. To be eligible for the chasing trip, students must have SKYWARN spotter certification.

**Connections Discipline:** Experiential

**Prerequisites:** MET 125

MET 463 - Dynamic Meteorology

**4 Credits** This course examines the theoretical foundations of meteorology through the application of calculus and the principles of physics. Topics include atmospheric thermodynamics; the atmospheric equations of motion and kinematics of fluid flow;

circulation, vorticity, and divergence theorems; atmospheric stability, and how fundamental atmospheric phenomena can be reproduced in the lab. Course Fee.

MET 467 - Atmospheric Physics

**3 Credits** Students complete an in-depth examination of various topics in atmospheric sciences including thermodynamics of moist air, radiative transfer through the atmosphere, and atmospheric fluid dynamics. The course requires a combination of advanced mathematics and a solid understanding of fundamental physics.

**Connections Discipline:** Natural Science **Prerequisites:** MTH 141 and PHY 330

MET 480 - Senior Seminar in Meteorology

**3 Credits** The Senior Seminar in Meteorology is a capstone course intended for students majoring in meteorology and may include readings and presentations of current topics in meteorology, discussions, laboratory experimentation, and other preparation for employment and/or graduate school.

Modern Languages

MLG 105 - Elementary Spanish I

**4 Credits** Students development the four language skills: listening, speaking, reading, and writing with an emphasis on dialogues, pattern practice, phonetics, and oral comprehension and communication. Practice in language lab is included. Advanced Placement and CLEP credit accepted for MLG 105.

MLG 106 - Elementary Spanish II

**4 Credits** This course is a continuation of MLG 105. Students develop conversational skills. Advanced Placement and CLEP credit accepted for MLG 106.

MLG 205 - Intermediate Spanish I

**4 Credits** Training in the language skills and grammar review will continue in this course. Advanced Placement and CLEP credit accepted for MLG 205.

**Prerequisites:** MLG 106

MLG 206 - Intermediate Spanish II

**4 Credits** Continues MLG 205, with training in language skills and readings in Spanish literature, discussions, and written themes. Advanced Placement and CLEP credit accepted for MLG 206.

**Prerequisites:** MLG 205

## Mathematics

MTH 104 - Environmental Mathematics in the Lake Superior Watershed

**4 Credits** Part of the Superior Connections Program, students use statistical and mathematical modeling methods to investigate environmental questions through analysis of real data. Learning of most mathematical concepts is reinforced through field and laboratory work related to the aquatic resources of the Lake Superior watershed. **Prerequisites:** ART 166.

MTH 106 - Environmental Mathematics

**4 Credits** Students explore environmental issues and problems using the mathematics of functions and basic statistics. Specific topics include explorations of measurements and units; ratios and percentages; tabular and graphical displays of data; linear, exponential, and power functions; difference equations; and statistical descriptions of data. Students reinforce all concepts through application to environmental data and situations.

**Connections Discipline:** Quantitative Reasoning

**Prerequisites:** ACT math score of 17 or higher, SAT math score of 830 or higher, or Instructor Consent

MTH 107 - Statistical Concepts and Analysis

**4 Credits** Students learn to explore questions about data and populations through the application of exploratory data analysis and inferential statistics. Specific topics include summary graphics and statistics; normal distribution calculations; experimental design and sample collection; sampling distributions; inference concept; t-family of tests; chi-square family of tests; and regression. Students analyze data and perform tests with modern statistical software.

**Connections Discipline:** Quantitative Reasoning

**Prerequisites:** Any 100-level MTH course, ACT math score of 17 or higher, SAT math score of 830 or higher, or Instructor Consent

MTH 108 - Mathematics for Success

**4 Credits** Students explore a variety of mathematical concepts and problem solving techniques that help solve environmental issues as applied in business and industry. Topics include counting principles and probability, mathematics of matrices, systems of linear equations, linear programming, and optimization.

MTH 109 - Precalculus Mathematics

**4 Credits** Students review the real number system and develop understanding of functions and graphs. Topics include polynomials and zeros, rational functions, exponential and logarithmic functions, trigonometric functions, identities and inverse functions, solution of triangles and elements of coordinate geometry.

**Connections Discipline:** Quantitative Reasoning

**Prerequisites:** ACT math score of 20 or higher, SAT math score of 950 or higher, or

**Instructor Consent** 

MTH 140 - Calculus I

**4 Credits** Students learn the concepts of limit, continuity, derivative, and integration. Topics include Mean Value Theorem, anti-derivatives, definite integrals and their applications. Students apply the derivative concept to curve sketching and extreme value problems of optimization in the life, social, and physical sciences.

Connections Discipline: Quantitative Reasoning

**Prerequisites:** MTH 109, ACT math score of 25 or higher, SAT math score of 1150 or higher, or Instructor Consent

MTH 141 - Calculus II

**4 Credits** In this course students develop a deeper understanding of calculus and its applications. Topics include applications of the definite integral, techniques of integration, improper integrals, Taylor polynomials, sequence and series, functions of several variables, partial derivatives, and multiple integrals.

**Connections Discipline:** Quantitative Reasoning

**Prerequisites:** MTH 140

MTH 207 - Biometry

**4 Credits** Students learn to explore more advanced questions about data and populations through the application of statistical models and inferential statistics. Specific topics include linear models of one- and two-way ANOVA with multiple comparisons and transformations, linear regression with transformations and indicator variables, and logistic regression. Students apply theoretical constructs to real-life situations in the life and natural sciences using modern statistical software.

**Connections Discipline:** Quantitative Reasoning

**Prerequisites:** MTH 107

MTH 230 - Mathematical Modeling

**4 Credits** Students use deterministic and stochastic models based on difference and differential equations to draw conclusions and make predictions about natural systems. Topics include equilibrium analysis, bifurcation, chaos, hysteresis, phase plane analysis, and numerical simulation. Students apply modeling concepts to population ecology, population viability, predator-prey relationships, sustainable use of renewable resources, and global climate.

**Prerequisites:** MTH 140

MTH 307 - Probability and Its Applications

**3 Credits** Students learn combinatorial analysis, axioms of probability, conditional probability, discrete, continuous and jointly distributed random variables, moment generating functions and limit theorems. Students apply theoretical concepts to inferential statistics, Bayes' Theorem, and Markov chains.

Prerequisites: MTH 141 or Instructor Consent

MTH 312 - Advanced Calculus

**4 Credits** Students explore multivariate functions and vector calculus. Topics include extreme values of functions of several variables, implicit functions and Jacobians, transformation of coordinates, derivatives of vector-valued functions, line integrals, surface integrals, Green's theorem, Stokes' theorem, and the divergence theorem.

**Prerequisites:** MTH 141

MTH 328 - College Geometry

**3 Credits** Students learn both Euclidean and non-Euclidean geometry. Topics include vector methods of proof, classical theorems, geometric transformations of the Euclidean plane, the Poincare model of hyperbolic space and non-Euclidean geometry, and introductory projective geometry.

**Prerequisites:** MTH 141 or Instructor Consent

MTH 330 - Differential Equations

**4 Credits** Differential equations serve as mathematical models for displaying the interrelations between mathematics and the physical sciences engineering. Students study the methods of solutions of ordinary differential equations to represent the dynamics of physical phenomena. Topics include first and second order linear differential equations, power series, and Laplace transform solutions of differential equations.

**Prerequisites:** MTH 141

MTH 335 - Discrete Mathematics

**4 Credits** Students learn fundamental discrete structures. Topics include algorithms, mathematical induction, elements of set theory, graphs, trees, combinatorics, difference equations, recursion, logic, and probability.

Prerequisites: MTH 140 or Instructor Consent

MTH 337 - Linear Algebra

**4 Credits** Students use matrix and generalized vector spaces to understand multi-variable functions in real-life applications. Topics include vector spaces, linear dependence/independence, properties of matrices and determinants, linear transformations, inner product spaces, and eigenvalues.

Prerequisites: MTH 141 or Instructor Consent

## MTH 470 - Advanced Topics in Mathematics

**4 Credits** Students learn methods of rigorous proofs in analysis and algebra. Topics from analysis include sequences and series, continuous functions on metric spaces, derivatives, basic point set topology and properties of Riemann integrals. Topics from modern algebra include groups, rings, and fields. Real Analysis/Modern Algebra offered in alternate years.

Prerequisites: MTH 141 or Instructor Consent

MTH 496 - Mathematics Senior Capstone Seminar

**1 - 4 Credits** Students select, conduct, and complete a research project. The focus of the seminar reflects particular competencies of faculty and specific interests of students. Strongly recommended for all senior mathematics majors.

Music

MUS 101 - Introduction to Music

**3 Credits** This course is an introduction to music history, language and form. Students learn to listen to and discuss music critically. Classical, western tonal music is the foundation, but other styles of music are included. Students experience live music in various settings.

**Connections Discipline:** Humanities

MUS 121 - Chamber Music in Performance

**1 Credits** Students rehearse and perform chamber music repertory for various standard combinations of instruments and/or voices. Repeatable for credit. Course Fee.

MUS 122 - Voice in Class

**1 Credits** Students study the basic principles of vocal tone production and develop vocal skills in a group setting.

MUS 131 - Symphonic Band

**0 - 1 Credits** In this Northland College and community concert band, participants study traditional and contemporary band literature and participate in concerts throughout the academic year, balancing the musical and educational needs of the members with service to the cultural needs of the community. Membership is open to all qualified students. Repeatable for credit.

Course Fee.

MUS 141 - Northland Singers

**0 - 1 Credits** This is a mixed choir for students who enjoy the challenge of singing a wide variety of choral music in a range of different styles. The course is offered by audition and is repeatable for credit.

Course Fee.

MUS 151 - Jazz Band

**0 - 1 Credits** The band is organized for the study and performance of jazz arrangements and composition in a variety of styles. This ensemble provides the opportunity to strengthen improvisational skills. Membership is open to all qualified students. Repeatable for credit.

Course Fee.

MUS 161 - Chequamegon Symphony

**0 - 1 Credits** Students participate in a college-community orchestra that performs major orchestral repertory during a season of three or four concerts. Repeatable for credit. Course Fee.

MUS 171 - Chamber Choir

**0 - 1 Credits** An extension of Northland Singers, Chamber Choir explores music written for small vocal ensembles. Singers have opportunities to perform music from a number of different style periods, with an emphasis on music from the Renaissance. Students perform regular concerts and are involved in musical outreach in the community. Repeatable for credit.

MUS 181 - Individual Brass Lessons

**1 Credits** Students meet regularly with a faculty member for a specialized, one-on-one instruction in an instrument. Instruction focuses on both technical and interpretive aspects of solo performance.

Course Fee.

MUS 182 - Individual Guitar Lessons

**1 Credits** Students meet regularly with a faculty member for a specialized, one-on-one instruction in an instrument. Instruction focuses on both technical and interpretive aspects of solo performance.

Course Fee.

MUS 183 - Individual Percussion Lessons

**1 Credits** Students meet regularly with a faculty member for a specialized, one-on-one instruction in an instrument. Instruction focuses on both technical and interpretive aspects

of solo performance.

Course Fee.

MUS 184 - Individual Piano Lessons

**1 Credits** Students meet regularly with a faculty member for a specialized, one-on-one instruction in an instrument. Instruction focuses on both technical and interpretive aspects of solo performance.

Course Fee.

MUS 185 - Individual Strings Lessons

**1 Credits** Students meet regularly with a faculty member for a specialized, one-on-one instruction in an instrument. Instruction focuses on both technical and interpretive aspects of solo performance.

Course Fee.

MUS 186 - Individual Voice Lessons

**1 Credits** Students meet regularly with a faculty member for a specialized, one-on-one instruction in voice. Instruction focuses on both technical and interpretive aspects of solo performance.

Course Fee.

MUS 187 - Individual Woodwind Lessons

**1 Credits** Students meet regularly with a faculty member for a specialized, one-on-one instruction in an instrument. Instruction focuses on both technical and interpretive aspects of solo performance.

Course Fee.

MUS 203 - Evolution of American Song

3 Credits This course surveys popular songs, songwriters, and trends in songwriting from the 19th century through the modern era. Students study the nature of melodies, lyrics, changing trends, the creative process, and the social and economic contexts of the music.

**Connections Discipline:** Humanities

MUS 205 - Story of Jazz

**3 Credits** This course covers the development of jazz from its African heritage through ragtime, blues, Dixieland, swing, and bop to today's styles. Recordings support the historical-analytical approach to the subject.

**Connections Discipline:** Humanities

MUS 217 - Music in World Culture

**3 Credits** This course examines music across a broad and diverse spectrum of cultures, both within the United States and worldwide. The course addresses the intrinsic nature of each type of music considered as well as its function and meaning in its social context.

**Connections Discipline:** Humanities

MUS 221 - Music and Text

**3 Credits** Students examine the relationship between text and music in a wide range of musical styles. Discussions include an examination of poetry and metaphor, musical and literary forms, tropes, and transumption of ideas. Students gain experience with art-song, opera, musical theater, as well as select popular genres.

**Connections Discipline:** Humanities

MUS 231 - Music Theory I

**3 Credits** This course focuses on the mastery of the fundamentals, diatonic materials, ear-training and sight-singing, as well as the beginning of formal analysis.

MUS 232 - Music Theory II

**3 Credits** This course continues the study of formal analysis, including chromatic harmony and 20th century materials, and the mastery of ear-training, and sight-singing. **Prerequisites:** MUS 231

MUS 260 - Contemporary Music

**3 Credits** Students survey important avant-garde and post avant-garde musical works and composers of the 20th and 21st centuries and examine relevant cultural shifts, innovations, and techniques that form the underpinnings of the music. The significant parallels between contemporary music and contemporary visual arts are also addressed. Musical styles such as atonality, serialism, minimalism, electronic and electroacoustic music will be considered.

Course Fee.

**Connections Discipline:** Humanities

MUS 263 - Music and Nature

**3 Credits** Through case studies and experimentation, students learn how music can build a sense of community in a variety of natural and cultural settings. Specific topics include campfire songs, adaptive music for the physically challenged, Ojibwa music in the Chequamegon Bay region, African traditions, hybrid and syncretic musics. Students also engage in song writing and develop their own skills with voice and instruments such as the dulcimer, banjo, penny whistle, drums, and keyboard.

**Connections Discipline:** Humanities or Experiential

MUS 315 - Conducting and Scoring

**4 Credits** This course addresses conducting, arranging, scoring, and programming choral and instrumental literature.

**Prerequisites:** MUS 232

MUS 317 - Kindergarten & Elementary Music

**3 Credits** Students study methods, materials, and the development of competencies and skills used in the elementary grades from kindergarten through sixth grade. Does not count toward a major or minor in music.

**Prerequisites:** Successful completion of piano or guitar proficiency.

MUS 318 - Teaching Music in Secondary Schools

**2 Credits** Students study methods and materials for effective work in secondary music education including conceptual and philosophical bases for general music and performance curricula.

MUS 323 - Survey of Musical Styles I

**3 Credits** This course focuses on Western music from its beginnings through the Baroque era and traces both the religious and secular traditions. Students study major composers and works, with an aural and visual emphasis on the harmonic and formal structure characteristic of each.

MUS 324 - Survey of Musical Styles II

**3 Credits** A continuation of MUS 323, this course focuses on the Classical and Romantic eras, as well as the musical development of the Twentieth Century. Students analyze changing forms and structures through the study of major composers and works.

**Prerequisites:** MUS 323

MUS 330 - Music Half-Recital

**1 Credits** This course requires a public performance of 25-30 minutes' duration. Prior to the last day to drop without record, the music faculty must grant permission for a student to continue with this course.

**Prerequisites:** Instructor Consent

MUS 331 - Music History I

**4 Credits** This course focuses on Western music from its beginnings through the Baroque era and traces both the religious and secular traditions. Students study major composers and works with an aural and visual emphasis on the harmonic and formal structure characteristics of each.

**Prerequisites:** MUS 231

**4 Credits** A continuation of MUS 331, this course focuses on the Classical and Romantic eras, as well as the musical development of the Twentieth Century. Students analyze changing forms and structures through the study of major composers and works.

**Prerequisites:** MUS 331

MUS 344 - Secondary Choral Methods

1 Credits This course covers various topics relating to the organization and development of junior and senior high school choral programs, curriculum, scheduling, materials, vocal fundamentals, rehearsal techniques, and performances. Taught by arrangement only.

MUS 345 - Instrumental Methods

**1 Credits** This course is a seminar focusing on major issues in elementary and secondary instrumental music and on advanced conducting techniques. Taught by arrangement only.

MUS 430 - Music Full Recital

**3 Credits** This course involves a public performance of 50-60 minutes' duration. Prior to the last day to drop without record, the music faculty must grant permission for a student to continue with this course.

Native American Studies

NAS 121 - Introduction to Ojibwe Language I

**3 Credits** Students develop an appreciation for the Ojibwe culture through the study of its language and basic expressions.

Course Fee.

NAS 122 - Introduction to Ojibwe Language II

**3 Credits** This course is a second-semester continuation of NAS 121 Introduction to Ojibwe Language I. Students further develop their appreciation for Ojibwe culture through continued study of its language and basic expressions.

**Prerequisites:** NAS 121

NAS 160 - Lake Superior Ojibwe

**4 Credits** Part of the Superior Connections Program, this course focuses on the various Ojibwe people who have resided in the Western Great Lakes region. Students study these cultures from pre-contact time to the present and develop an understanding of and appreciation for the history, culture, and traditional teachings of the indigenous people of

the Lake Superior Watershed.

Course Fee.

**Connections Discipline:** Humanities **Corequisites:** XHH 115 and ENG 126

NAS 210 - Native American Cultures in Wisconsin

**3 Credits** Students study Native cultures who have resided in Wisconsin from pre-history to the present. The course focuses on historical and cultural aspects of the Algonquian, Siouan, and Iroquoian language families, their relations to one another, to the European colonists, and later to the Americans. Students gain insight and understanding of cultures that are much different than that of the White American.

NAS 211 - Native American History to 1830

**3 Credits** This survey explores the diverse histories of a number of Native American communities from pre-contact to the 1830 Removal Era, including tribal communities in Wisconsin. Topics include developments in Native American societies prior to the arrival of Europeans, the complex interactions between Native and non-Native peoples, the growing impact of colonialism on Native American individuals and communities, and Native American survival and resistance.

Course Fee.

**Connections Discipline:** Humanities

NAS 212 - Native American History 1830 to Present

**3 Credits** This survey course traces the numerous ways that Native peoples throughout the United States navigated the dramatic changes of the 19th and 20th centuries to become the diverse communities that they are today. Topics include the development of Federal Indian policy, Native American resistance to United States colonial initiatives, Native American survival and activism, and the relationship between historical and contemporary issues in Native American communities. Course Fee.

**Connections Discipline:** Humanities

NAS 221 - Intermediate Ojibwe Language I

**3 Credits** Guided by a faculty mentor, students complete a self-instructional course designed to help them recapture or expand their knowledge of the Ojibwe language. Offered by arrangement.

**Prerequisites:** NAS 122

NAS 222 - Intermediate Ojibwe Language II

**3 Credits** This course is a second-semester continuation of NAS 221 Intermediate Ojibwe Language II. Offered by arrangement.

**Prerequisites:** NAS 221

NAS 224 - Introduction to Tribal Legal Studies

**3 Credits** Students study the unique relationship between the United States government and American Indian tribes, with a particular focus on tribal sovereignty, civil and criminal jurisdiction, the status of Indian lands, hunting and fishing rights, and recent federal and Supreme Court decisions pertaining to Indian tribes.

Course Fee.

NAS 225 - Native American Woodland Skills

**3 Credits** Students study traditional skills of peoples indigenous to the woodland environment and gain broad exposure to skills used by native people throughout the world. This class takes place mostly outdoors, in an experiential, hands-on work environment. One weekend trip (midsession break) is required. Course Fee.

**Connections Discipline:** Experiential

NAS 231 - Native American Arts and Cultures

**3 Credits** Students gain a basic knowledge of styles, colors, patterns, and symbolism employed in traditional Native American arts and crafts, with an emphasis on the woodland cultures. Skills learned include appliqué beadwork, loom beadwork, feather work, and leather work. Choice of final project is left to the student's imagination. Course Fee.

NAS 239 - Native American Storytelling

**3 Credits** Students develop research, study, and presentation skills in storytelling. They also develop an understanding of the overall role that the oral tradition plays in Native American culture through a study of Native American legends, stories, and mythologies. Course Fee.

NAS 283 - American Indian Literature

**3 Credits** Students survey literature by Native American and non-Native American writers. Coursework acquaints students with both written and oral traditions of American Indian people through reading, writing, lecture, and discussion.

NAS 300 - Ethnobiology

**3 Credits** Students study Native American lifestyles as they relate to the natural environment and learn how Native American people made use of plants and animals to

meet their basic needs: food, shelter, clothing, and medicines. The course is oriented toward fieldwork and projects incorporating the traditional lifestyle of Native American people.

Course Fee.

NAS 305 - Global and Comparative Perspectives

**3 Credits** Students explore the diverse geographic, economic, political, cultural, and historical consequences of European expansion, imperialism, and colonialism for indigenous peoples. They examine these issues through a range of theoretical frameworks and study comparative case studies from around the world. Course Fee.

**Connections Discipline:** Humanities

**Prerequisites:** NAS 160, NAS 211, NAS 212, NAS 224, NAS 315, NAS 333 or SOC

214

NAS 315 - American Indian Environmental Perspectives

**3 Credits** This course engages students in examining issues and actions of historical and contemporary Native Americans relative to their environment and world views. A people's relationship with, perspectives, and use of land and resources provide valuable understanding of their relationship to the natural world. Students engage with guest speakers, analyze video interviews, and read widely from historical and contemporary research.

**Prerequisites:** Any 200-level NAS Course

NAS 319 - Northern Plains Cultures

**3 Credits** Students engage in an advanced and detailed study of the cosmology at the heart of the North American continent. The rich history and complex systems of the Northern Plains nations are a central focus of the course, and through them students develop an appreciation for the role that the Plains people have played in shaping America.

**Prerequisites:** Any 200-level NAS Course

NAS 333 - Native American World Views

**3 Credits** Students study Native American world views as they are expressed in the philosophy, beliefs, and values of the people. Because Native Americans had no written language, this course emphasizes traditional teachings as they are conveyed orally by elders. Specifically, the course focuses on teachings found in natural phenomena and in the various sacred articles given to the people as gifts from the spirit world.

NAS 479 - Native American Studies Seminar

**3 Credits** Students study classic frameworks as well as new developments that have shaped the field of Native American Studies. They explore the perspectives of Native American scholars, writers, artists, and activists, and how they have addressed a range of issues impacting Native American communities through their work. Students produce an original research project that engages with the themes of the course. Course Fee.

**Prerequisites:** Any 200- or 300-level NAS course

Natural Resources

NRS 101 - Fur-Bearer Ecology and Management

1 Credits This hands-on learning experience with educators from the Wisconsin Department of Natural Resources and the Wisconsin Trappers' Association addresses furbearer trapping and management in Wisconsin. Students learn about trapping, skinning, and processing pelts as well as how to identify Wisconsin fur bearers, their ecology, and best management practices. Additionally, students engage in dialogue with trappers, biologists, and conservation wardens about the merits and ethics of trapping. Course Fee.

NRS 102 - Wildland Firefighter Training

1 Credits This course is a certification training course in wildland fire fighting. Certifications include I-100, S-130, S-190, and L-180. Lectures cover safety, fire weather, fire behavior, and firefighting equipment. An experiential field day focuses on map and compass use, fire line creation, fire shelter deployment, and familiarity with firefighting trucks and dozers. Students who pass the course and the federal pack test (which they must arrange on their own) are eligible to receive a red card. Course Fee.

NRS 164 - Wolf Research and Monitoring I

**3 Credits** This course prepares students to work as field researchers collecting data on wolves and other carnivores in Wisconsin. Students learn how to navigate through the woods and on forest roads with topographic maps, plat books, compasses, and GPS units. Students also learn how to identify the tracks and trails of Wisconsin carnivores. The course includes two mandatory weekend trips. Course Fee.

**Connections Discipline:** Experiential

NRS 215 - Natural Resources Policy

**3 Credits** Students explore the role of state, federal, tribal, and international agencies in managing natural resources. Students also analyze the history of significant legislation and policy to determine their current impact on resource management, especially focusing on local and Great Lakes issues.

Course Fee.

**Prerequisites:** BIO 115 or BIO 128

NRS 225 - Fisheries and Wildlife Techniques

**4 Credits** Students learn field techniques and use them to sample fish and wildlife populations. This is an intensive field experience that will help prepare students to function as field biologists.

Course Fee.

**Connections Discipline:** Experiential

Prerequisites: Natural Resource major and BIO 234

NRS 240 - Natural Resources Field Methods

**4 Credits** This course introduces potential natural resource majors to plant taxonomy and habitat monitoring methods in the summer between the first and second years. In the first component of the course students learn the plant taxonomy of the areas to be assessed. The second component focuses on sampling concepts and the many techniques used to monitor vegetation. In the final component of the course, students sample habitat and submit a group report for an agency "client."

Course Fee.

**Connections Discipline:** Experiential

**Prerequisites:** Completion of a Connections Block.

NRS 264 - Wolf Research and Monitoring II

**2 Credits** In this project- and field-based course, students study and monitor wolves in northern Wisconsin with a team of peers. Teams use radio telemetry to investigate wolf movements on the landscape, and they conduct tracking and howling surveys to determine the presence/absence of wolves in local areas as well as to understand spatial arrangements of packs in northern Wisconsin. Data collection requires some travel. Course Fee.

**Prerequisites:** NRS 164

NRS 325 - Stream and Watershed Ecology

**4 Credits** Students explore the biological, chemical, and physical components of stream and watershed structure and function. Lectures focus on the processes of stream formation and the factors that control sediment run-off, nutrient cycling, species abundance and distribution. Particular emphasis is placed on the role that the upland watershed plays in the determination of stream function. Laboratory exercises focus on the field observation and analysis of the on-campus watershed and stream as well as a comparison of this system to additional off-site watersheds.

**Prerequisites:** BIO 234

NRS 345 - Ecological Restoration

**4 Credits** This course focuses on understanding both the relevant underlying principles of ecology and the practical nuts-and-bolts of designing and implementing restoration plans. Students study plant communities, design concepts, assessment techniques, and prescribed fire to integrate theory and practice while planning a project for an outside client.

Course Fee.

**Prerequisites:** BIO 234

NRS 346 - Applied Restoration Ecology

**3 Credits** Part of a Round River Conservation Studies semester program, students in this course participate in restoration activities within the site of a new national park in Patagonia. Field work is supplemented by lectures, readings, and discussion, and students learn the principles of restoration ecology, as well as the methods, planning process, evaluation criteria and challenges of applied restoration work.

**Connections Discipline:** Experiential

**Prerequisites:** Admittance to the Round River Program

NRS 347 - Sustainable Forest Management

**4 Credits** Students study forest stewardship techniques and certification policies aimed at balancing long-term ecological, economic, and social needs. Students take frequent field trips to observe examples of forests being managed for multiple uses.

**Prerequisites:** BIO 234

NRS 348 - Wildlife Ecology and Management

**4 Credits** This course surveys the theories and management of wildlife populations, including population dynamics, life histories, habitat management, census techniques, and endangered species. Students gain insight and experience through field trips to local areas of interest.

Course Fee.

**Prerequisites:** BIO 234

NRS 349 - Fisheries Science and Management

**4 Credits** Students learn and use modern statistical methods to estimate vital parameters of exploited fish populations, including abundance, age, growth, mortality, condition, and size structure. Students also explore basic concepts and specific methods for managing fish populations and the people who use them. Concepts are reinforced by examining real issues and collecting and analyzing real data through the scientific literature and field trips with local resource agencies.

Course Fee.

**Connections Discipline:** Experiential

Prerequisites: MTH 107, BIO 234, and BIO 242

**4 Credits** Students study the ecology, biology, conservation, and management of wetlands. A series of field trips to regional wetlands introduce students to the natural history and classification of wetlands.

Course Fee.

**Prerequisites:** BIO 234

NRS 361 - Forest Mensuration

**4 Credits** Students are trained on the principles and application of tree-stand inventory and measurements to estimate growth and yield of forestry resources. This course includes a significant field component.

**Prerequisites:** BIO 234

NRS 363 - Fire Ecology and Management

**3 Credits** Students study the ecology, history, and management of fire, with particular focus on the chemistry and physics of fire, fuel loads and weather influences on fire, fire suppression, prescribed fire, and fire policies.

**Prerequisites:** BIO 234

NRS 364 - Wolf Research and Monitoring III

**2 Credits** This course offers students leadership opportunities on a wildlife research team. Students lead team members in project-based work groups investigating aspects of wolf biology and behavior. Projects require travel in remote areas of northern Wisconsin to conduct howling and tracking surveys as well as investigations of wolf movements via radio telemetry.

Course Fee.

Prerequisites: NRS 264, and GIS 260 or GIS 201

NRS 368 - Vegetation Management

**4 Credits** Students study the ecological principles and field methods used in silviculture and other types of vegetation management. Discussions in the course focus on the social and biological impacts of managing vegetation for wood products, wildlife resources, biodiversity, natural area maintenance, and restoration.

Course Fee.

Prerequisites: BIO 234.

NRS 370 - Living with Wildlife: Wildlife Conservation Policy in Africa

**3 Credits** Part of a Round River field experience, this course introduces students to the unique conservation policy of Namibia, focusing on the emergence of policy and legislation and devolving natural resource ownership and rights to private landowners

and local communities. Students study in detail how this policy effects community-based resource development in Namibia.

Connections Discipline: Experiential

Prerequisites: Completion of a 2-course block and Admittance to the Round River

Program

NRS 410 - Natural Resources Capstone

**2 Credits** Students choose, design, and implement an independent research project with guidance from a faculty member or a local resource management professional. Natural Resource majors must take this course during their Junior year.

NRS 425 - Silviculture and Harvest

**4 Credits** Students study forest stand establishment, composition, structure, and dynamics, with particular focus on the role of silvicultural manipulation and harvest. This field-based course focuses on silvicultural and timber harvesting practices of forest species in the Upper Great Lakes Region.

**Prerequisites:** NRS 361

NRS 480 - Integrated Ecosystem Management

4 Credits Integrated Ecosystem Management is grounded in an interdisciplinary understanding of the ecological, social and economic systems that sustain human wellbeing. Students apply the skills and concepts acquired in previous natural resource courses to collaboratively solve real-world management challenges from an ecosystem-based perspective. The course includes lecture, laboratory and seminar material; however, the focus of the curriculum is the development of student-directed group projects that enhance the management of regional ecosystems.

**Prerequisites:** BIO 234

Outdoor Education

OED 105 - Introduction to Outdoor Education

**3 Credits** Students survey the outdoor education profession and methods used by outdoor educators. Topics commonly covered in the course include adventure education, environmental education, Native American studies, therapeutic and universal programming, and the interpretation of the biological and geological land base. Field experiences are integral to the course. Course Fee.

OED 131 - Outward Bound Course

**1 Credits** See Outdoor Education faculty or the Outward Bound website for more information.

Course Fee.

Connections Discipline: Experiential

OED 180 - Outdoor Orientation Training

1 Credits This course is required for students who lead Northland College Outdoor Orientation trips. Students learn trip planning, effective use of outdoor equipment, minimum-impact techniques, map and compass use, and strategies for teaching backcountry skills. Students also explore personal leadership in an outdoor setting. Participation in weekly trip-planning meetings and completion of a CPR course are required. Graded S/U. Non-repeatable.

OED 181 - Outdoor Orientation Leader

**1 Credits** This academic credit is awarded to student leaders after they successfully lead their Northland College Outdoor Orientation trip. Student leaders are evaluated on the extent to which they fulfill expectations throughout the planning and implementation phases of their trips. Graded S/U. Repeatable.

**Prerequisites:** OED 180

OED 210 - Inclusive Outdoor Education

**3 Credits** Students explore topics of inclusion in the outdoor education profession. Topics may vary to take advantage of local and regional opportunities, but the primary emphasis will be on the inclusion of people with impairments and disabilities in outdoor experiences.

Course Fee.

OED 221 - Group Process and Leadership

**4 Credits** Students learn and develop skills in group process management and leadership. Topics covered include group formation and development, norms, leadership, facilitation, conflict resolution, and evaluation.

**Connections Discipline:** Social Science

OED 222 - Exploring the Human Animal Connection

**4 Credits** Students in this class explore and consider the ways in which humans interact with the animal world in the contexts of food, food production, habitat, environmental impact, and ethics. Topics include farming practices, hunting, and fishing.

Connections Discipline: Social Science

OED 224 - North Woods Pathways

**4 Credits** Students explore the rich history of paths and trails in the North Woods and throughout the world. Students survey the rich literature and traditions of walking while

also hiking portions of some significant regional trails. This course involves keeping a journal and contemplating one's path on the journey of life.

Course Fee.

**Connections Discipline:** Humanities

OED 237 - Woodscraft and Woodland Skills

**2 Credits** This course introduces students to skills and knowledge useful for living out-of-doors with minimal equipment. Students will learn how to use edged and self-made tools to manufacture items from the immediate surroundings. Skills will include: fire by friction, shelter, edible plant identification, animal tracking, and other general woods-knowledge.

Prerequisites: OED 221, OED 276, and Junior or Senior Standing

Corequisites: OED 324, OED 326, and OED 381

OED 240 - Wilderness Emergency Care

**4 Credits** This introductory foundations course focuses on the anatomy and physiology of major systems in health, injury, and disease to explain emergency care procedures in both the urban environment and the extended care context of the wilderness. Students study and practice diagnostic methods, problem solving, improvisation, risk management, and leadership.

Course Fee.

OED 261 - Environmental Education Curriculum Review

**4 Credits** This course provides a broad survey of environmental education activities and practice from around the world. Coursework prepares students to discuss the history, engage in current practices, and develop effective programs in environmental education. This course meets environmental education requirements for teacher licensure in Wisconsin.

Course Fee.

OED 270 - Facilitating Challenge Course Programs

**4 Credits** Students will study and apply educational theories and strategies underpinning the use of initiative activities and Challenge Courses for personal growth and team building. Students will facilitate peer- and community-based programs using initiative and challenge course activities to enhance group communication, conflict resolution, and problem-solving skills.

Course Fee.

OED 272 - Accident Theory and Analysis

**3 Credits** Are humans hard-wired to take risks? Does the structure and function of the human brain contribute to accidents? Why do so many efforts to reduce accidents,

paradoxically, result in more accidents? Students explore these and related questions through the lenses of organizational theory, psychology, sociology, neuroscience, and education. Numerous case studies provide context and practical experience in accident analysis.

Connections Discipline: Social Science

OED 276 - Foundation and Principles of Outdoor Education

**4 Credits** Students explore the historical and philosophical foundations of the diverse emphases and uses of outdoor and experiential education. Students develop their own philosophy of education along with strengthening their educational strategies and practice.

OED 279 - Access and Diversity

**3 Credits** Students study development of inclusive attitudes toward people with disabilities and other power-down members of society. Topics include an introduction to barrier-free outdoor programs, characteristics and needs of a variety of populations, and the use of activities to promote self-actualization. Course Fee.

Connections Discipline: Social Science

OED 282 - Outdoor Education Practicum

**4 Credits** Students lead environmental education lessons at the Audubon Center of the North Woods and for Minnesota charter schools. Lessons are developed on the basis of field investigations and environmental education techniques and strategies. Peer evaluations of lessons are integral to the course.

**Connections Discipline:** Experiential

OED 284 - Native Plant Communities and Management Practice

**4 Credits** Students investigate Minnesota's Biomes--coniferous forests, deciduous forest, savannah, prairie, aquatic--and the intersection of human history, current issues, and management practices. Meetings with a variety of experts from forests, parks, refuges, and certifying agencies are integral to the course.

OED 285 - Foundations in Adventure Education

**4 Credits** Students explore the historical and philosophical foundations of the diverse emphases and uses of outdoor and experiential education. Students develop their own philosophy of education along with strengthening their educational strategies and practice.

Course Fee.

OED 287 - Lowering Environmental Impact: Renewable Energy and Sustainable Methods

**4 Credits** Students learn methods and practices that reduce environmental footprints and create a sustainable planet. Particular foci of the course include renewable energy technology, energy and resource conservation, and sustainable agriculture. Visits to exemplary facilities and with experts are an integral part of the course.

OED 288 - Field Expedition and Investigation

**4 Credits** Students plan, coordinate, and lead a two-week field expedition to a national park, forest, riverway, wilderness area, or site of cultural or scientific significance. The group defines a guiding question for the expedition, and individual students collect data and conduct research that helps them answer specific questions related to the central question. Presentations on the answers to these questions are integral to the course.

OED 289 - Spring Transition

**4 Credits** Primarily field ornithology and botany, this is a natural history course that includes surveys of life forms in a variety of plant communities. The course includes bird banding, herpetology surveys, plant keys, data collection, recognition of sounds, and observation techniques. The diverse Audubon Center property and the St. Croix River and Mississippi River drainages are the main focus.

Course Fee.

**Connections Discipline:** Experiential

OED 322 - Theory of Teaching Physical Skills

**3 Credits** Students study motor learning and teaching/learning theory, as it applies to physical skills. The course includes the study of techniques for analyzing and classifying skills and movements, modification of activities as appropriate for students of various learning abilities, development of teaching progressions, theories of learning, and teaching techniques.

OED 324 - Water Skills and Water Travel

**5 Credits** Students study and practice essential elements of safe and efficient flat-water travel. The course focuses on the open canoe: strokes, teamwork, portage techniques, risk recognition and management, trip planning, and leadership in a series of single and multiday trips.

Course Fee.

**Connections Discipline:** Experiential

**Prerequisites:** OED 221, OED 276 and 2 of the following Wellness Workshops:SLC

0108, SLC 0109, and/or SLC 0112

Corequisites: OED 237, OED 326, and OED 381

OED 326 - Land Travel, and Camping Skills

**5 Credits** Students learn and apply the essential knowledge and skills needed to backpack in the wild in a skilled and highly engaged manner. Topics covered include outdoor physiology and survival, equipment selection and use, navigation, food rationing, and sustainability in outdoor education.

**Connections Discipline:** Experiential **Prerequisites:** OED 221 and OED 276

Corequisites: OED 237, OED 324, and OED 381

OED 328 - Wilderness Writers and Philosophers

**4 Credits** Students explore the development of the idea of wilderness from the Pleistocene to the present. Course work includes readings, discussion, wild land experience field days, guest speakers, and reflection papers.

**Connections Discipline:** Humanities

Prerequisites: OED 221 and OED 276 or Instructor Consent

OED 330 - National Outdoor Leadership School Course

**1-4 Credits** National Outdoor Leadership School. Contact Outdoor Education faculty or see NOLS website for more information.

Connections Discipline: Experiential

OED 331 - Outward Bound Course

**1 - 3 Credits** See Outdoor Education faculty or the Voyageur Outward Bound website for more information.

**Connections Discipline:** Experiential

OED 332 - Winter Travel and Living Skills

**4 Credits** Students learn skills essential to travelling and living in winter environments, including cross-country skiing and snowshoeing techniques. In addition, students study physiology, nutrition, equipment, ice safety, avalanche awareness, snow shelters, and traditional "hot tent" and toboggan travel.

Course Fee.

**Connections Discipline:** Experiential

Prerequisites: OED 324, OED 326, OED 328, and OED 381

OED 361 - Interpretive Program Design

**3 Credits** Students explore methods and strategies for designing and evaluating interpretive programs for the public. Topics include the use of firsthand experience, storytelling, displays, living history, nature trails, audio-visual materials, and publications to communicate the natural and cultural environments effectively and to interest a variety

of audiences. Provides opportunities for peer teaching, individual and group presentations, and community outreach.

OED 362 - Apostle Island School Preparation

**0 - 1 Credits** Students meet over the winter term to begin planning for the May-term course, OED 363 Apostle Islands School. The planning time is used to develop the teaching team; impart information about the schedule and logistics of Island School; inform students of the unique partnership and responsibilities associated with Northland College, Apostle Islands National Lakeshore and participating middle schools; access resources to learn more about the Apostle Islands; visit with participating schools; and, begin developing the three-day program to be implemented in May.

OED 363 - Apostle Islands School

**4 Credits** Students work with National Park Service rangers to plan, deliver, and evaluate residential and day-long environmental education and outdoor education activities in the Apostle Islands National Lakeshore for regional 6th and 7th graders. Lessons include Lake Superior, beach ecology, Northern forest ecosystems, sustainable tourism, wilderness travel, cultural history, shipwrecks, and much more.

**Connections Discipline:** Experiential **Prerequisites:** OED 261 and OED 362

OED 371 - Philosophy of Experiential Education

**3 Credits** Students examine the historical and current pedagogies of outdoor and/or experiential education. Topics include the basic premises of experiential education, its philosophical foundations, and an exploration of its strengths and limitations. Students are encouraged to develop a personal educational philosophy as well as strategies to experientially teach a variety of concepts, skills, and attitudes.

OED 378 - Adventure Programming and Leadership

**4 Credits** Students study and practice leadership techniques for individuals and groups combined with programming principles that include philosophy, needs assessment development, implementation, and evaluation of recreational programs. Theory is applied through a series of actual programming experiences.

**Prerequisites:** OED 221

OED 379 - Therapeutic Design

**4 Credits** Students examine outdoor education as it is used in a therapeutic context. The course exposes students to the use of goals, objectives, program design, and development for prescriptive programs. Students apply theory in cooperative partnerships with community agencies.

**Prerequisites: OED 221** 

### OED 381 - Outdoor Education Teaching Techniques

**5 Credits** Building upon broad educational, psychological, social, and motor-learning theories, students gain knowledge of and exposure to a wide variety of teaching techniques used within the profession of outdoor education. Students apply new skills and knowledge through on-campus and community-teaching opportunities.

**Prerequisites:** OED 221 and OED 276

Corequisites: OED 237, OED 324, and OED 326

OED 382 - Outdoor Education Practicum

4 Credits Students apply many of the skills of outdoor education. Fall Outdoor Educator Professional Development Block students complete a two-week nature center internship and develop a proposal to lead an interpretive weekend program. The internship provides students with experience at a center different from the Audubon Center of the North Woods, exposing them to teaching styles of other professionals and to new teaching experiences. The weekend program allows students to plan travel, equipment, food, budget, safety, and lesson plans for the trip. Winter Outdoor Educator Professional Development Block students focus on developing programs for youth at risk and teaching adaptive alpine skiing. The various experiences allow students to manage travel, budget, logistics, risk, skills progression and presentation, program adaptation, food, and interagency cooperation. In addition, students complete a three-week internship at an outdoor or alternative education center exposing them to teaching styles of other professionals and to new teaching experiences.

#### OED 383 - Ecological Ecosystem Interpretation

**8 Credits** This course trains students to interpret the full ecology of an area, including geological, animal, plant, human and meteorological factors. Emphasis is on field application of previous coursework to make the on-campus, in-class experiences come alive. Field experiences include trips to northern Minnesota and such topics as fire ecology, hardwood and coniferous forests, prairies, plant and animal distribution, natural patterns in ecological systems, and present and historic human uses and effects upon the land. Students keep field interpretive journals, interpret from maps and other resources, and complete field projects.

OED 420 - Topics in Wilderness Emergency Care

**4 Credits** Students investigate selected topics in wilderness medicine, with the emphasis on sports injuries, environmental illnesses, and areas of personl interest. Students learn about joint structure, how to assess and treat injuries to joints, and basic taping techniques.

Course Fee.

**Prerequisites:** WFR Certification or OED 240

OED 424 - Outdoor Education Programming and Risk Management

**4 Credits** In this course, students study the elements of quality programming and effective risk management for a wide range of outdoor education applications. When appropriate, students apply their design and risk management skills to programs within the college's co-curriculum, ed-ventures, or the broader community. Course Fee.

Prerequisites: OED 324, OED 326, OED 328, and OED 381

OED 425 - Advanced Topics in Natural History

4 Credits Students survey the rich field of natural history. Topics include the natural history essay, educators, and the use of natural history in diverse education programs. Students also explore the use of natural history in the creation of a meaningful and sustainable human-nature relationship. Students read widely in the field, engage in research and development of natural history topics, and present their work to colleagues in the class and community.

**Prerequisites:** Junior or senior Standing, or Instructor Consent

OED 430 - National Outdoor Leadership School Semester

**12 Credits** National Outdoor Leadership School. Contact Outdoor Education faculty or see NOLS website for more information.

**Connections Discipline:** Experiential

OED 431 - Outward Bound Semester

**12 Credits** See Outdoor Education faculty or the Voyageur Outward Bound website for more information.

**Connections Discipline:** Experiential

OED 437 - Universal Design Laboratory

**4 Credits** Students explore the application of inclusion and universal design to outdoor education in a laboratory-style course. Students engage in individual projects, designing curricula, equipment, or products to promote inclusion and to experience the practical implications of universal design within the outdoor education profession. Course Fee.

**Connections Discipline:** Experiential

Prerequisites: OED 324, OED 326, OED 328, and OED 381

OED 439 - Therapeutic Principles and Practices

**4 Credits** Students explore current therapeutic applications and research in the field of outdoor education. Current literature and case studies are used to teach and apply a range of therapeutic principles and practices. The primary focus is on Adventure Therapy but may vary with student interests. Students interested in working with at-risk or adjudicated adolescents in outdoor settings are encouraged to take this class.

Course Fee.

Prerequisites: OED 276, PSY 110, and Junior Standing or Instructor Consent

OED 446 - Wilderness Instructor Training

**4 Credits** Students plan and participate in a 3-week wilderness expedition. While traveling by land or water, students study and practice navigation, cooking, camperaft, technical skills, risk management, group process, leadership, and teaching techniques. Course Fee.

**Connections Discipline:** Experiential

Prerequisites: OED 237, OED 324, OED 326, OED 381, and Instructor Consent

OED 470 - Enduring, Emerging Issues in Outdoor Education

**3 Credits** This course explores multiple perspectives on key debates within the field. These include the role of technology in the wilderness, the value of motorized recreation, the trend of certification and accreditation, access for individuals with disabilities, the value of "virtual" adventure programs, the rights of organizations to restrict membership based on personal characteristics, and what it means for outdoor programs to be "sustainable."

**Prerequisites:** Junior or Senior Standing or Instructor Consent

OED 481 - Outdoor Orientation Student Director

4 Credits The Student Director assists the Outdoor Orientation coordinator by guiding the Steering Committee, implementing the outdoor leadership training program, overseeing the successful completion of Outdoor Orientation trips, coordinating outdoor trips with other on-campus Orientation activities, and maintaining communications with trip leaders and new students. This position requires participation in the trip planning and training class during the winter semester, availability for summer work-study employment, and program wrap-up and evaluation that extends into the first weeks of the fall semester.

**Prerequisites:** OED 180

OED 496 - Outdoor Education Capstone

**3 - 4 Credits** The outdoor education capstone is a full-time, 10-12 week intensive teaching or leadership practicum within a professional outdoor education environment. It is intended to be a culminating opportunity for students nearing graduation to hone their teaching and leadership skills in a professional setting. The capstone may be taken after completion of the required Outdoor Education Professional Development Block. Capstone experiences are chosen in consultation with and require approval from faculty in the outdoor education program.

Physical Education

### PED 132 - Lifeguard Training

**2 Credits** Students learn rescue techniques, lifeguard etiquette, and pool maintenance. Students who successfully complete the course earn the American Red Cross certification in Lifeguard Training. Before enrolling in this course, students should have strong swimming skills and hold current AARC First Aid and CPR certifications.

PED 133 - Water Safety Instructor

**2 Credits** Students analyze aquatic skills and hydrodynamic principles and develop teaching methods. Students who successfully complete the course earn American Red Cross certification to teach swimming lessons.

PED 202 - Sports Medicine

**3 Credits** Students study the causes, prevention, and treatment of sports injuries. They also gain practical experience in first aid, taping, and training techniques.

PED 240 - Sports Safety Training

**2 Credits** Students who successfully complete this course earn Red Cross certification at the advanced first aid level.

PED 300 - Theories and Techniques of Coaching

**3 Credits** Students develop an understanding of general coaching fundamentals as well as techniques for coaching specific sports. The course includes four hours of lab.

PED 301 - Musculoskeletal Anatomy

**4 Credits** This specialized course features an in-depth study of human skeletal, articular (joint), and muscular systems, including their structure, function, and interactions. Students develop conceptual understandings and explore applications rather than memorize details.

PED 303 - Analysis of Human Performance

**4 Credits** Students study the principles of Exercise Physiology and their application to physical activities. Particular attention is given to bioenergetics, the physiology of muscular contraction, neural control and feedback mechanisms, and their application. **Prerequisites:** PED 301

PED 400 - Organization and Administration of Athletics

**3 Credits** Students study the organization of athletics and athletic teams; administrative problems of athletics in relationship to individual, school, community, and state

requirements; principles of officiating; the place of intramural and interscholastic athletics in the academic curriculum; and control and care of an athletic plant.

Philosophy

PHL 225 - Ethics

3 Credits Students explore contemporary moral problems and their relationship to applicable ethical concepts and theories, such as right and wrong, moral agency and responsibility, moral value, law and morality, and justification of ethical assertions.

**Connections Discipline:** Humanities

PHL 226 - Environmental Ethics

3 Credits Students study ethical responsibility with regard to the natural world and gain practical experience by investigating the ethical dimensions of current environmental issues.

**Connections Discipline:** Humanities

PHL 229 - Introduction to Philosophy

**3 Credits** Students study the fundamental questions, issues, and methods of philosophy. Specific topics include seminal ideas from philosophy of religion, philosophy of science, theories of knowledge (epistemology), ultimate reality (metaphysics), and moral philosophy (ethics).

**Connections Discipline:** Humanities

PHL 262 - Environmental Philosophy

**4 Credits** In this course students survey main areas of environmental philosophy, including environmental ethics, European environmental philosophy, ecofeminism, political ecology, and environmental aesthetics. Students explore and develop their own philosophical attitudes toward the environment and environmental issues.

**Connections Discipline:** Humanities

PHL 266 - Environmental Aesthetics

**4 Credits** Students explore how aesthetic values of nature inform environmental ethical decision making and how culture influences the way that individuals appreciate nature. Integral to the course is an examination of how underlying Western environmental aesthetic values compare to traditional Japanese aesthetics.

**Connections Discipline:** Humanities

PHL 270 - Philosophy of Science

**4 Credits** This course focuses on the philosophical thought associated with scientific revolutions and the scientific method specifically. Through discussions and readings, students examine the successes of modern science as well as critiques of its methods and philosophical underpinnings.

**Connections Discipline:** Humanities

PHL 275 - Elementary Logic

**3 Credits** What does an argument consist of? How does one tell a good argument from a bad one? In this course, we will learn to recongnize fallacies and avoid them. We will also learn to put arguments into formal symbolism for clarity and ease of analysis. Learn to back up your convictions and your environmental knowledge with the skills to argue for your position.

**Connections Discipline:** Humanities

PHL 282 - Contemporary Western Philosophy

**3 Credits** A survey of the major ideas and currents in Western philosophy from the late 1800s through the 1900s. Areas will include analytic philosophy, existentialism, phenomenology, ordinary language philosophy, and neo-pragmatism.

**Connections Discipline:** Humanities

PHL 330 - Philosophy of Language

**3 Credits** In this class students will explore the meaning of meaning from various philosophical perspectives. Topics include sense and nonsense, rules, mataphor, the role of context, and the alleged limits of language. We will take a theme-based rather than a chronological approach to the topic.

**Connections Discipline:** Humanities

PHL 360 - Concepts of Nature

**3 Credits** An upper level seminar in which we explore conceptual frameworks surrounding the social construction of the concept of 'Nature'. We will look at the tacit assumptions that inform our attitudes, decisions, and behaviors in relation to the natural world, and we will compare European, American, and Japanese models of understanding 'Nature'.

Prerequisites: PHL 226, PHL 262, PHL 266, or HIS 241

**Physics** 

PHY 100 - Physical Science

**4 Credits** Students study the basic principles of physics, chemistry, geology, meteorology, and astronomy. During the course, students acquire a broad understanding of concepts ranging from chemical reactions, electricity, and stellar evolution to plate

tectonics, projectile motion, and future sources of energy. This course includes lab experience with each topic.

Connections Discipline: Natural Science

PHY 104 - Introduction to Astronomy

**4 Credits** Students investigate general astronomical topics, including the solar system, stars, galaxies, coordinates in space- time, prediction of the position of celestial bodies, constellation identification, and celestial navigation.

Connections Discipline: Natural Science

PHY 110 - General Physics I

**4 Credits** Students apply a calculus-based approach to the topics of kinematics, dynamics, gravitation, and rotation. In the laboratory portion of the course, students collect, analyze, and graph data.

Course Fee.

Connections Discipline: Natural Science

**Corequisites:** MTH 140

PHY 111 - General Physics II

**4 Credits** Students apply a calculus-based approach to the topics of fluid mechanics, oscillations and waves, thermodynamics, and electromagnetism. The course requires a solid understanding of algebra, geometry, trigonometry, and calculus. In the laboratory portion of the course, students collect, analyze and graph data.

Course Fee.

Connections Discipline: Natural Science

**Prerequisites:** PHY 110 and MTH 140

PHY 211 - Introductory Modern Physics

**3 Credits** Students survey the basic concepts of modern physics, including special relativity, quantum mechanics, atomic physics, and elementary particles. Students in this course should have access to calculators capable of numerical integration.

**Prerequisites:** PHY 111 and MTH 141

PHY 306 - Classical Mechanics

**3 Credits** At an advanced level, students investigate the study of mechanics, including kinematics with non-constant acceleration, rotation of rigid bodies, motion in non-inertial reference frames, two-dimensional collisions, and Kepler's laws of gravitation. The course requires a combination of advanced mathematics and an understanding of fundamental physics.

**Prerequisites:** PHY 111 and MTH 141

### PHY 330 - Thermodynamics

**3 Credits** An advanced investigation of the laws of thermodynamics. Topics include gas laws, heat transfer, work, entropy, heat engines, the thermodynamic behavior of water and moist air.

**Prerequisites:** PHY 111 and MTH 141

Psychology

PSY 110 - General Psychology

**4 Credits** Students integrate the natural and social sciences in the study of human psychology. Topics include history, systems, and methods of psychology; neuroscience; cognition, language and consciousness; lifespan development; motivation and emotion; disorders and treatment; personality and social psychology. Special emphasis is placed on incorporating research from several areas in the analysis of specific topics such as aggression, health, and sexuality.

Connections Discipline: Social Science

PSY 130 - Evolutionary Psychology

**4 Credits** Students explore questions about the human mind and behavior in the tradition of Charles Darwin's comparative psychology work on the expression of emotions and William James' insistence of a comparative psychology. In the course, evolutionary science is applied to all areas of psychology including sensation, gender, perception, ecopsychology, sexual/mating behaviors/strategies, learning, memory, social dynamics, consciousness, language, and personality.

Connections Discipline: Social Science

PSY 140 - The Psychology of Human Relations

**4 Credits** This course provides an introduction to psychology, ecopsychology and sustainability. Because relationships define students' roles and ways of being in the world, the course also focuses on how students are affected by an assortment of relationships – including the natural environment. Students develop an understanding of how to develop a sense of self, deal with stress, and relate to society and the diversity therein.

**Connections Discipline:** Social Science

PSY 203 - Lifespan Developmental Psychology

**3 Credits** This course examines physical, cognitive, emotional, and social development over the lifespan, addressing theories and research on development and its influences: what changes and what remains the same, how people differ in their development, and the nature of the stages we pass through.

**Prerequisites:** PSY 110

## PSY 225 - Experimental Psychology

**3 Credits** Students apply the scientific method in psychology, including experience in preparing, performing, and reporting psychological experiments.

**Prerequisites:** PSY 110 and MTH 107.

PSY 231 - Ecopsychology

**3 Credits** This course is an introduction to the field of ecopsychology – its theory, practice, and relevance in a time of ecological crisis. Students study the ecopsychological issues surrounding relationships to self, others, and the rest of nature. Students also explore the role of ecopsychology in promoting a transition to an ecologically sustainable self and society through an examination of personal, economic, and societal challenges to this transition.

Connections Discipline: Social Science

**Prerequisites:** PSY 110

PSY 233 - Social Psychology

**3 Credits** Students explore the behavior and experience of the individual in a social and cultural context. Current theory and research are covered on core topics including: the self, aggression, prosocial behavior, attraction and love, attitudes, prejudice, conformity, and group dynamics. Coursework is focused on applying social psychological principles and practices to current issues related to the environment, health, politics, and the law. Students design and implement an independent research project.

**Prerequisites:** PSY 110

PSY 234 - Theories of Personality

**3 Credits** Students survey theory and research in the study of the individual and examine the complex concept of "personality." The course focuses on a variety of definitions for the term "personality" and their associations with traits, strengths and limitations, motivations, and experiences. Students engage in introspection and analysis as they apply personality theories to better understand their own and others' personalities.

**Prerequisites:** PSY 110

PSY 272 - Human Ecology

**4 Credits** Students study basic ecological principles and concepts related to health and psychology and explore humanity's place in the environment. Specific topics include the interrelationships of geographic, aesthetic, political, economic, social, and psychological factors. (Recommended BIO 234 - Ecology and/or SOC 341 - Sociology of the Environment)

Course Fee.

PSY 330 - Leadership for Change

**3 Credits** Drawing on psychological research at the level of the individual, group, and organization, the class focuses on leadership development and transformative practice as it applies to politics, business, social enterprise, and education. Topics include ethics, storytelling, charisma, systems thinking, crucible experiences, visionary leadership, creativity, and transformation.

**Prerequisites:** OED 221 or PSY 233

PSY 346 - Abnormal Psychology

**3 Credits** Students study the history of abnormal psychology including classifications of deviant behavior, personality adjustment, assessment, and treatment modalities. In addition, students examine gender, social, and cross-cultural issues through critical analyses of what constitutes a psychological/psychiatric disorder.

Course Fee.

**Prerequisites:** PSY 110

PSY 431 - Ecopsychology II: Applied

**4 Credits** In this experiential course, students apply various ecopsychological techniques and participate in related activities. Both techniques and activities share the objective of precipitating closer and more intimate experiences of self, other, and the rest of nature. The implementation value and relevance of these techniques and activities is examined and critiqued from group, individual, gender, and cultural perspectives.

Course Fee.

Connections Discipline: Experiential

**Prerequisites:** PSY 231

Religion

REL 219 - The Nature of Religious Experience

**3 Credits** Students study the phenomena of religious experience, including mystical, contemplative and meditative expressions, and aesthetic and moral responses. Students read classic texts and biographies and observe a variety of worship experiences and religious expressions.

Course Fee.

**Connections Discipline:** Humanities

REL 220 - Myth and Ritual

**3 Credits** Students explore the ways myths shape the human search for meaning, study the narrative foundations of religions while recounting certain myths, and examine a variety of religious rituals as representations of myths in repeated, structured practices.

**Connections Discipline:** Humanities

REL 229 - Idea of God

**3 Credits** Students explore the major monotheistic faiths of Judaism, Christianity, and Islam. In addition, students critically examine major issues related to belief in God and the various ways to express those beliefs through the history, scriptures, and worship rituals of each religion.

**Connections Discipline:** Humanities

REL 230 - Asian Religions and Philosophies

**3 Credits** Students study the history, beliefs, and practices of the great religious traditions of Asia, focusing on Hinduism, Buddhism, Confucianism, Taoism, and Shinto. **Connections Discipline:** Humanities

REL 231 - Buddhism

**3 Credits** Students survey Buddhist history and philosophy, focusing on the development of Buddhist thought and practice in India, sectarian schools, and the rise of Mahayana and Tantric Buddhism, monasticism, ethics, and meditation.

**Connections Discipline:** Humanities

REL 234 - Japanese Religious History

**3 Credits** Students explore the fascinating religious history of Japan. Beginning with prehistoric Japan and the early Chinese records and continuing through to the present, students use indigenous and imported religious ideas as a lens to examine aesthetics, philosophy, environmentalism, and politics in Japanese society.

**Connections Discipline:** Humanities

REL 235 - Daoism Seminar

**4 Credits** In a seminar format, students conduct an in-depth study of philosophical and religious Daoism, both in its development in China and Asia, as well as its expressions in the contemporary West.

**Connections Discipline:** Humanities

REL 257 - Death and Dying

**3 Credits** This course surveys issues related to death and dying, including religious responses to mortality and the search for enduring meaning. Students also explore contemporary cultural responses to death and dying, including the phenomenon of grief and funeral practices. Study methods include field trips, film studies, and current literature.

**Connections Discipline:** Humanities

REL 258 - Religion and Nature

**3 Credits** Students explore the religious dimension of our attitudes and actions regarding nature, including the idea of nature as sacred, the place of humans in the natural world, and ways religious insights seek to guide us in addressing environmental problems today. **Connections Discipline:** Humanities

REL 270 - Religion and Human Rights

**3 Credits** Students engage in an exploration of the meaning and relevance of human rights in the world today, assisted by the use of religious systems and case studies **Connections Discipline:** Humanities

REL 273 - World Religions Foodways

**4 Credits** Using food as an entry point, students investigate the connections between food and religion in world religious traditions, focusing especially on how food rituals relate to religious myths, magic, healing, ethics, and doctrines. Assignments require reading, writing, classroom participation, and completion of a library or field project defined by the student.

**Connections Discipline:** Humanities

**Prerequisites:** Growing Connections Enrollment

REL 315 - Christian Thought

**3 Credits** Students study the historical development of Christian thought focusing on core concepts and the defining debates and major theologians. Studies include the various ways Christians have articulated their understanding of God, the meaning of Jesus, the nature and destiny of life, and the sources and authority of Christian teachings.

**Connections Discipline:** Humanities

REL 330 - Islam

**3 Credits** Students study the origins and history of Islam and closely examine religious practices, philosophical and intellectual developments, and the social and cultural dimensions of this major world religion. Students also discuss the relationship of the religion to historical and contemporary conflicts.

**Connections Discipline:** Humanities

REL 331 - Zen Buddhism

**3 Credits** In this advanced, undergraduate seminar, students participate in a close, critical study of Zen Buddhist philosophy. The approach is to examine selected Zen Buddhist works in English and to compare and contrast the Zen Buddhist philosophical perspective with certain selected Western religious philosophies.

**Connections Discipline:** Humanities

Sustainable Community Development

# SCD 110 - Introduction to Sustainable Community Development

**4 Credits** This course provides a background and framework for sustainable community development based on a participatory model. Conceptual learning complements the acquisition and practice of participatory community development skills and project planning through involvement in real-life group projects.

Connections Discipline: Social Science

SCD 142 - Renewable Electricity

**2 Credits** This course provides an introduction to electrical concepts as applied to renewable energy systems. Students study voltage, current, resistance, power and energy as they apply to solar and wind energy systems. Students also gain hands-on experience wiring, testing, and measuring the electrical performance of photovoltaic (PV) panels and wind turbines.

SCD 144 - Introduction to Photovoltaic (PV) Systems

**3 Credits** Students study grid-tied and off-grid photovoltaic systems. Topics include solar cells, modules and arrays, site surveys and assessment, batteries, charge controllers, inverters, system sizing, mechanical and electrical integration, utility interconnection, and system cost analysis.

**Connections Discipline:** Experiential

**Prerequisites:** SCD 142

SCD 145 - Introduction to Wind Energy Systems

**3 Credits** Students assess the global energy picture; analyze the causes of wind and wind flow properties; explore small, medium and large wind turbine designs; assess the environmental effects of wind turbines; perform business and site assessments for a wind turbine project, plan a wind turbine project, evaluate operation and maintenance of the turbine system, and future of wind energy.

**Connections Discipline:** Experiential

**Prerequisites:** SCD 142

SCD 146 - Photovoltaic (PV) Installation and Maintenance

2 Credits Students learn how to correctly and safely install and configure complete PV systems. Participants identify and interpret NEC codes that pertain to the installation. Component selection, system sizing, monitoring, and troubleshooting are emphasized.

**Prerequisites:** SCD 144

SCD 147 - Wind Energy System Installation and Maintenance

**3 Credits** In this hands-on course students learn how to correctly and safely install and configure a wind energy system consisting of a tower, wind turbine, electrical inverter

and associated disconnects. Participants identify and interpret NEC codes that pertain to the installation. Component selection, system sizing, monitoring, and troubleshooting are emphasized.

Connections Discipline: Experiential

**Prerequisites:** SCD 145

SCD 160 - Renewable Energy & Sustainable Design

**4 Credits** This course offers an introduction to the science of renewable energy and green building design. Topics include an overview of the principles of energy production, an indepth investigation of various forms of renewable energy and their associated environmental impacts, and design considerations for creating affordable, energy-efficient, environmentally-sound buildings.

Connections Discipline: Interdisciplinary

SCD 215 - Collapse and Sustainability

**3 Credits** Societal collapse refers to the rapid decrease in social complexity and human population. Societal sustainability deals with meeting the needs of the present without compromising the ability of future generations to meet their needs. This course examines past and present examples of collapse and sustainability and explores future scenarios of contemporary societies and the world.

SCD 220 - Sustainable Community Planning

**3 Credits** This course introduces students to the community planning process. Topics covered include the components of long-and short-term plans for communities, how to optimize land use, how to deal with proposed facilities for a community, transportation systems in communities, urban and rural community design, among others.

Connections Discipline: Social Science

SCD 225 - Sustainable Development in the Lake Superior Watershed

**4 Credits** This course offers Superior Connections students a comprehensive survey of sustainable community development initiatives in the Lake Superior watershed and beyond. Over the course of the semester students examine development challenges faced by rural communities in the 21st century, just as they will learn how politicians, advocates, and activists are confronting those challenges in our own community. Course Fee

**Prerequisites:** XHI 200

SCD 230 - The Political Process

**3 Credits** This course introduces students to the political process. Students will examine how demands are formulated and conducted through the political system. Areas at issue in this course are political culture, socialization and public opinion formation, interest

group and social movement activism, electoral processes, political parties and partisan politics, bureaucracy, and the policy process.

Connections Discipline: Social Science

SCD 270 - Crossroads Thinking: Problem Solving for the 21st Century

**3 Credits** Part of the Center for Ecological Living and Learning (CELL) semester abroad programs, this course combines elements of critical and creative thinking and helps students to develop skills in questioning, imagining possibilities, exploring opportunities, analyzing alternatives, synthesizing ideas, and evaluating thought. Through a variety of course activities, students identify essential intellectual traits, question long-held assumptions or biases, evaluate ideas, reason honestly and open-mindedly, problem-solve, and form objective conclusions.

**Connections Discipline:** Interdisciplinary

**Prerequisites:** Completion of two-course block or SCD 110 and Admittance to CELL program

SCD 271 - Service Learning: Sustainability Through Community

**3 Credits** Part of a Center for Ecological Living and Learning (CELL) semester abroad program, students apply learning from their academic studies to real-life sustainable solutions adopted by their host communities. Students work with community partners to create appropriate and innovative solutions to environmental, economic, cultural, and social challenges. Specific projects are determined by the needs of the local community.

**Connections Discipline:** Experiential

**Prerequisites:** Completion of a two-course block or SCD 110 and Admittance to CELL Program

SCD 272 - Sustainability: Secrets of Simplicity

**3 Credits** Part of a Center for Ecological Living and Learning (CELL) semester abroad program, this interdisciplinary course focuses on innovative strategies and programs in the United States and Central America that address issues threatening global sustainability. Through the study of these strategies and programs, students explore how they might incorporate sustainable practices into their own lives as well as how the principles of voluntary simplicity might contribute to sustainability. The course includes service-learning experiences with organizations such as Heifer International, Grupo Fenix, Association ANAI, and Kekoldi.

Connections Discipline: Interdisciplinary

**Prerequisites:** Completion of a two-course block or SCD 110 and Admittance to CELL Program

SCD 274 - Human Ecology: Relations Between Humans and the Environment

**3 Credits** Part of a Center for Ecological Living and Learning (CELL) semester abroad program, this course explores the question, "What is the appropriate relationship of

human beings to the earth?" To facilitate this exploration, students study specific human and ecological issues facing the people and environments of Costa Rica, Honduras, and Nicaragua. Field trips, inquiry-based learning, and service learning are integral to the course.

**Connections Discipline:** Interdisciplinary

**Prerequisites:** Completion of a two-course block or SCD 110 and Admittance to CELL Program

SCD 276 - Global Warming Change Course: Lesson from Iceland

**3 Credits** Part of a Center for Ecological Living and Learning (CELL) semester abroad program, this course surveys the complexities of global warming, examines human participation in this ecological crisis, and explores personal and collective actions that might shape effective responses to climate change. The course also introduces students to Iceland's unique geology and provides inspiring examples of how Iceland is utilizing carbon-free geothermal resources for heating and electricity production.

**Connections Discipline:** Interdisciplinary

**Prerequisites:** Completion of a two-course block or SCD 110 and Admittance to CELL Program

SCD 310 - Methods of Sustainable Community Development

**3 Credits** This course introduces students to the variety of methods utilized in sustainable community development by exploring how these methods have been used in various communities, both nationally and internationally.

**Prerequisites:** Completion of a Connections Block.

SCD 330 - Systems Thinking

**3 Credits** This course introduces students to the variety of methods utilized in sustainable community development by exploring how these methods have been used in various communities, both nationally and internationally.

**Prerequisites:** Completion of a Connections Block.

SCD 335 - Organizing Communities

**3 Credits** People working to maintain, reform, and revolutionize their community of place play a critical role in organizing community and community change. This course addresses community, community organizing, and community change and demonstrates the power individuals and groups hold in shaping community through thoughtful and methodical collective action.

**Prerequisites:** Junior or Senior Standing or Instructor Consent

SCD 422 - Capitalism, Justice, and Sustainability

**3 Credits** This course explores the ways that capitalism, as it is currently practiced, is unsustainable. Additionally, students explore alternative models of economic development.

**Prerequisites:** BUS 226

SCD 430 - Sustainable Development Theory

**4 Credits** This intensive reading course offers Sustainable Community Development majors a comprehensive survey of the discipline's theoretical underpinnings. In a seminar setting, students read, discuss, analyze, and critique a diverse array of community planning, economic development, and ecology theorists from the past century, ultimately synthesizing and enhancing sustainable development theory for applied practice in the field

Prerequisites: SCD 110 and SCD 220

Co-Curriculum

SLC 0001-MP - Karate

**0 Credits** This workshop is an introduction to the art of Karate. Participants will learn basic techniques and gain exposure into a fun and unique art.

Connections Discipline: Physical, Emotional

SLC 0002 - Attending a Professional Conference

**0 Credits** This workshop is designed to help students meet a Wellness requirement by attending a professional conference. Must be at least one day long. Please note, you are responsible for choosing a conference and for all expenses. You may want to consider applying to the Parsonage Fund for financial support at

http://www.northland.edu/student-life-resources-personage-fund.htm. Instructor approval required in order to register.

Wellness Dimension: Ecological Prerequisites: Instructor Consent

SLC 0004-C - Leadership in Action

**0 Credits** This training is recommended for students who are interested in pursuing leadership roles on campus and off. During the two sessions, participants will have opportunities to role-play and practice skills in three areas group process and communication, conflict management and assertiveness, and power dynamics and peer leadership.

**Connections Discipline:** Social

SLC 0005 - Animal Tracking

**0** Credits In this workshop students will gain foundational skills in the art and science of animal tracking. Gaits, tracks, shapes, and tracking tools will be covered.

Wellness Dimension: Ecological

SLC 0006 - Digital Photography Basics

**0** Credits Participants will begin by learning the basics of what makes for good photo composition, as well as basic variations composition. Included in this will be basic fixes such as cropping, straightening, and lighting adjustment. They will learn about the basics of their own digital cameras. We will take a field trip to test out various methods. Class will conclude with a peer critique session.

Course Fee.

Wellness Dimension: Social, Intellectual

SLC 0007 - Bowling for Life

**0 Credits** Students will learn about the history of bowling, bowling terms, how to score, proper form, bowling ball fit, and the inner workings of league play. Class meets at Monk's Lanes in Ashland.

Course Fee.

Wellness Dimension: Social, Physical

SLC 0008 - The Casual Birder

**0** Credits This workshop tackles birding at its most basic level, the casual birder. You'll learn how to form search patterns using hands-on activities, learn to use field guides and binoculars, and spend time observing birds. Natural history, habitat and ecology, behavior, and conservation concerns/measures will be introduced as it relates to local birds. This course is for novice birders only. (For example, if you've taken field ornithology, you are not considered a novice birder.)
Course Fee.

Wellness Dimension: Ecological, Intellectual

SLC 0009 - Area Worship Service Tour

**O Credits** This workshop is designed to give students opportunities to visit 5 different area places of worship in various Christian traditions present in the Chequamegon Bay area. Each week we will visit a different worship community. Following the service we will visit with a community leader versed in the traditions and unique aspects of the specific tradition while sharing a Sunday lunch.

Wellness Dimension: Spiritual

SLC 0010-EIP - Cooking for Community

**0** Credits We will concentrate on building the skills and confidence to have fun in the kitchen. Each class will feature a specific dinner party theme and we will prepare the

meal from beginning to end, and then sit down to eat together. Students will be asked to do some cooking outside class and exchange recipes and ideas with classmates.

Connections Discipline: Ecological, Intellectual, Physical

SLC 0011 - Do the Right Thing

**0 Credits** This workshop will be geared toward the Ethical Leadership and Active Citizenship Level I participants, but can also be a Wellness workshop available to all students.

Wellness Dimension: Social

SLC 0012 - From Sap to Syrup

**0 Credits** Learn the process of maple syruping from sap to syrup. Students will tap trees, collect sap, boil, finish processing, and can maple syrup. Take home a sample of your hard work. Dress warmly and be prepared to get dirty!

Wellness Dimension: Ecological

SLC 0013 - High-Tech Treasure Hunting

**0 Credits** Geocaching is a treasure hunt using modern technology! Learn the complete ins and outs of Global Positioning Systems (GPS) and how to use them for the sport of geocaching. Find local caches and learn how to place your own. GPs pervades our society. Why not learn how to use it for fun? We will all use the Wellness program's Garmin eTrex GPS units. This course is for the beginning geocacher only!

Wellness Dimension: Ecological, Intellectual

SLC 0014 - Interview Workshop

**0** Credits Interviews make or break your chances at landing your desired internship or job. Prepare and practice in interviewing sessions and get constructive feedback from professionals about what they are looking for at an interviewing session.

Wellness Dimension: Vocational

SLC 0015 - Job & Internship Network & Search

**O Credits** Students will learn the art of networking, both face-to-face and through LinkedIn and how to conduct a job and/or internship search in their field of interest. Topics to be covered include making and managing contacts, everything you need to know about internships, completion of a resume and hot to search and apply for employment and internships, including federal job and internship process and steps.

Wellness Dimension: Vocational

SLC 0016 - Music as an Agent for Social Change

**0 Credits** This workshop will provide an understanding of the intercommunity conflict in northern Ireland and illustrate how music was used as a facilitator for change and understanding within and between communities during the conflict. We will use this experience to apply to other cultural conflict and how the arts in general and music specifically can be used to create bridges between individuals and communities.

Wellness Dimension: Social

SLC 0017 - Snowshoeing

**0** Credits Students will learn the basics of snowshoe technique and care, as well as the different styles of snowshoes. Participants will also go on a one-day snowshoe excursion. Course Fee.

Wellness Dimension: Physical

SLC 0018-I - Climbing Wall Leadership & Mgmt

**0 Credits** Participants will learn the climbing, safety and management skills necessary to run a top-rope indoor climbing wall. Those interested in a leadership position at the Northland College indoor climbing wall must pass a skills assessment test. Pre-requisites Participants should have prior climbing experience and an interest in teaching and facilitating users of the wall.

**Connections Discipline:** Intellectual

SLC 0019 - Personal Wealth Basics

**0 Credits** Socially responsive and responsible strategies for wealth creation based on entrepreneurial thinking and voluntary simplicity. Consider this a basics of business planning workshop.

Wellness Dimension: Economic

SLC 0020 - Introduction to Ecological Economic

**0 Credits** Economics is often the most underdeveloped area of sustainability studies, yet economic systems can be powerful forces for positive change. This workshop will provide the principles of ecological economics in contrast to neoclassical economic theory. Through discussion, videos and games we will explore ecological economics in practice.

Wellness Dimension: Economic

SLC 0022 - Wilderness First Responder Re-Cert

**0 Credits** The Recertification course is open to graduates of all wilderness training courses of 64 hours or longer with a current Wilderness First Responder certification. Successful graduates of this course will receive Wilderness Medical Associates' Wilderness First Responder, Anaphylaxis, and BLS/Healthcare Provider-level CPR certifications. WMA-WEMT graduates with a current EMT-B or Paramedic certificate

may also recertify the wilderness portion of their WEMT with this course. Course fee is \$300. There is a \$50 price reduction for all Northland students, staff, faculty and alumni. Lodging is available for \$15/night. Contact John via jgraetz@northland.edu for more information on lodging or this course. Instructor approval required in order to register. Course Fee.

Wellness Dimension: Intellectual, Vocational

**Prerequisites:** Instructor Consent

SLC 0023 - Attending a Professional Conference

**0** Credits This workshop is designed to help students meet a Wellness requirement by attending a professional conference. Must be at least one day long. Please note, you are responsible for choosing a conference and for all expenses. You may want to consider applying to the Parsonage Fund for financial support at

http://www.northland.edu/student-life-resources-personage-fund.htm. Instructor approval required in order to register.

Wellness Dimension: Intellectual **Prerequisites:** Instructor Consent

SLC 0024 - Attending a Professional Conference

**O Credits** This workshop is designed to help students meet a Wellness requirement by attending a professional conference. Must be at least one day long. Please note, you are responsible for choosing a conference and for all expenses. You may want to consider applying to the Parsonage Fund for financial support at

http://www.northland.edu/student-life-resources-personage-fund.htm. Instructor approval required in order to register.

Wellness Dimension: Emotional **Prerequisites:** Instructor Consent

SLC 0025 - Attending a Professional Conference

**O Credits** This workshop is designed to help students meet a Wellness requirement by attending a professional conference. Must be at least one day long. Please note, you are responsible for choosing a conference and for all expenses. You may want to consider applying to the Parsonage Fund for financial support at

http://www.northland.edu/student-life-resources-personage-fund.htm. Instructor approval required in order to register.

Wellness Dimension: Economic Prerequisites: Instructor Consent

SLC 0026 - Attending a Professional Conference

**0** Credits This workshop is designed to help students meet a Wellness requirement by attending a professional conference. Must be at least one day long. Please note, you are responsible for choosing a conference and for all expenses. You may want to consider

applying to the Parsonage Fund for financial support at

http://www.northland.edu/student-life-resources-personage-fund.htm. Instructor approval required in order to register.

Wellness Dimension: Physical **Prerequisites:** Instructor Consent

SLC 0027 - Attending a Professional Conference

**O Credits** This workshop is designed to help students meet a Wellness requirement by attending a professional conference. Must be at least one day long. Please note, you are responsible for choosing a conference and for all expenses. You may want to consider applying to the Parsonage Fund for financial support at

http://www.northland.edu/student-life-resources-personage-fund.htm. Instructor approval required in order to register.

Wellness Dimension: Spiritual **Prerequisites:** Instructor Consent

SLC 0028 - Attending a Professional Conference

**0** Credits This workshop is designed to help students meet a Wellness requirement by attending a professional conference. Must be at least one day long. Please note, you are responsible for choosing a conference and for all expenses. You may want to consider applying to the Parsonage Fund for financial support at

http://www.northland.edu/student-life-resources-personage-fund.htm. Instructor approval required in order to register.

Wellness Dimension: Vocational Prerequisites: Instructor Consent

SLC 0029 - Aerobic Explorations

**0** Credits A beginner to moderate course. Students will participate in multiple types of aerobics. Students will understand multiple body connections through the incorporation of aerobics. They will learn and understand goal setting as well as monitoring body during exercise, and developing an appreciation for a healthy lifestyle. This course will include team workouts and social interactions. It will examine all types of aerobics and include an analysis of the culture and psychology involved in and around the activity. Students should wear comfortable clothes and proper shoes for working out. Students are required to bring a notebook to each session of this workshop.

Wellness Dimension: Social, Physical

SLC 0030 - African Drum Making

**0** Credits What do you get when you combine a goat hide, some wood, steel and a whole lot of rope? Your own unique African djembe! Learn how to decorate, head, lace, and tune your new djembe style hand drum. \$150 course fee covers the cots of the drum body, hide, rope, rings and decorating materials. Everyone will leave with a one-of-a-

kind finished hand drum.

Course Fee.

Wellness Dimension: Intellectual

SLC 0031 - Autism Awareness

**0 Credits** Autism. What is it? Explore the world of the autism spectrum. Learn how common it is, what it is, how it works, and when it began. After this workshop, you will better understand how people with autism think, work, and function. Strongly recommended for Res Life staff and OO trip leaders.

Wellness Dimension: Social, Intellectual

SLC 0032 - Beginning Tin Whistle

**0 Credits** The tin or penny whistle is a traditional Celtic woodwind instrument that's inexpensive, fun to play, and fits easily into a backpack. Students will learn about the history and culture associated with the whistle, the joys of jigs, reels and hornpipes, and techniques to play a tune or two. You do not need prior musical training or to know how to read music. Cost of the workshop is \$10, which covers the cost of a D whistle you will keep.

Course Fee.

Wellness Dimension: Social

SLC 0033 - Beginning Vegetarianism

**0 Credits** Great for anyone who is a vegetarian, knows a vegetarian, or is thinking about going veggie, this workshop looks at how to eat well with a meat-free diet. We will cover the hot topics for vegetarians - how to get all the necessary nutrition, making environmentally responsible choices, and how to read food labels. We will cook a vegetarian recipe each meeting, and recipes will be provided (recipes may include eggs and milks, but a vegan alternative recipe will be available). Course Fee.

Wellness Dimension: Ecological, Physical

SLC 0034 - Career Exploration in Your 1st Year

**0 Credits** y with your interests, skills, and experiences and how they translate into jobs and careers after college. Participants will take a self-assessment test to determine what professions are in line with their interests. Based on these results, participants will choose a job shadowing field trip and an alumni career speaker presentation that meets their interests. At the end of this workshop, participants will have real examples to answer the question, "What am I going to do with my Northland degree?"

Wellness Dimension: Vocational

SLC 0035 - Change Negative Emotions into Posit

**0 Credits** This class incorporates meditation and working with emotions that come up both on the cushion and in our daily lives. We will learn to experience the impermanence of our thoughts and develop methods for transforming what we consider negative emotions into aspirations for the happiness of all beings.

Wellness Dimension: Emotional

SLC 0036 - Closet Strummers

**O Credits** Is your stringed instrument neglected? Take it out and have some fun with us as we create a productive social environment for improving your social music skills and enjoyment. Be prepared to share and learn on your stringed instruments. We will work on singing lead and harmony, playing melody/lead/solos, and learning more chord variations. Please have basic chord and rhythmic experience, and loosely know at least 6 songs on your instrument (songs need not be performance ready, nor do you need to be able to lead the group in learning the song. You don't even need to know the words!).

Wellness Dimension: Social

SLC 0037 - Core & Ab Workouts

**0 Credits** Work on those abdominal muscles for strength and endurance in whatever you do. It is a great workout, healthy, and will start you on the road to those six pack abs. **Wellness Dimension:** Physical

SLC 0038 - CPR/AED for the lay person

**0** Credits Students will learn the basics of recognizing an emergency and providing life-saving care until EMS arrives. CPR and AED skills will be learned through discussion and video demonstration, and practiced using in-class scenarios. Successful completion of the course results in CPR/AED for Lay Responders certification through the Red Cross. \$25 course fee covers materials and cost of certification. Course Fee.

Wellness Dimension: Physical

SLC 0039 - 0Create the Life You Crave

**O Credits** During this 90-day online class, you'll focus on intentional action as you develop a personal and professional vision that inspires you to work it each and every day. Each week you'll access a private download page and listen to audio recordings of life-enhancing lessons. You'll complete weekly results-oriented worksheets that put you into action toward your specific goals, and you'll follow a one-hour structure around movement, journaling and decluttering exercises. The class format is tailored around your schedule and ensures mindful action, clarity and focus as you create the life you crave. This course will require approximately 60 or more hours to complete over the course of 90 days.

Course Fee.

Wellness Dimension: Social, Emotional, Spiritual

**0** Credits It takes one person to make a difference in the world. Unlock your inner avatar through exploring your personal spiritual expression. Discover your personal gifts and how to use them with purpose and intention. We will explore Earth wisdom pathways from Celtic, Mayan and Kalahari Bushmen traditions to see where they teach us the tools to learn about ourselves and our relationship to something bigger than us.

Wellness Dimension: Intellectual, Spiritual

SLC 0042 - Fruit Tree Pruning & Training 101

**0 Credits** Learn about the management of fruit trees for northern climates. We will practice pruning and training techniques for apples, cherries, and pears, and discuss soil health in the orchard as well as plant propagation.

Wellness Dimension: Ecological

SLC 0043 - Green Homes, Healthy lives

**0** Credits Explore green building practices and options used in the Bay Area, as well as the economics involved. Learn what makes a house healthy or unhealthy. Spend one session in the classroom learning about methods and materials and the rest of the time touring local green-built, sustainable houses.

Wellness Dimension: Ecological

SLC 0044 - Hand Felting: Make Your Own Mittens

**0 Credits** Students will take washed and carded wool, mix with water, soap, and elbow grease to create wonderfully warm mittens for self or others. Course Fee.

Wellness Dimension: Intellectual

SLC 0045 - Healthy Campfire Cooking

**0 Credits** There is more to campfire cooking than just roasting hotdogs and marshmallows. Come learn the art of cooking over an open fire using natural ingredients to produce healthy and delicious meals. We will use several unique cooking techniques to prepare a multitude of mouth-watering dishes for both vegetarians and omnivores. We will also engage in a lively discussion of the practicality and ecological sensibility of cooking with an open fire in an age of lightweight miracle camping stoves. Bring your appetite!

Course Fee.

Wellness Dimension: Physical

SLC 0046 - Home Fermentation

**0** Credits This workshop will explore the history and health benefits of home fermentation. Students will make several ferments in class including sauerkraut and kimchi while having the opportunity to explore more adventurous ferments like kefir, sourdough, miso, and more!

Wellness Dimension: Physical

SLC 0047 - Intro to Off-Grid Living

**0 Credits** This workshop will introduce the concepts of designing and living within an "off-grid" system. Whether out of necessity or ideals, an off-grid living environment is meant to support all or almost all daily living requirements of a person (or small community) without dependence upon the larger societal infrastructure for food, water, shelter, electric, heating etc. Students will tour home(s), explore options, imagine their own space, and then make a preliminary design based off their knowledge and present to the class for discussion.

Wellness Dimension: Ecological

SLC 0048 - Leadership for Making a Difference

**O Credits** This Leadership workshop is designed to enhance your leadership skills toward building rewarding relationships, utilizing your strengths more effectively and fine-tuning decision making skills to generate motivation and execution. Leadership is viewed as a process that is ultimately concerned with fostering change. If you'd like to learn how to make a difference in an organization or community, this workshop is for you. Leaders are not necessarily those who hold formal leadership positions - all people are potential leaders. Furthermore, since the concept of leadership implies that there are other people involved, leadership is, by definition, a group process. This workshop will engage participants in exploring their personal leadership styles through group activities and personal reflection.

Wellness Dimension: Social, Intellectual

SLC 0049 - Learn to Knit: Making Socks

**0** Credits Learn the basics of knitting and complete a pair of socks in a social environment. We'll learn basic stitches, talk about knitting's role as a traditional craft and form of activism (mitten trees and yarn bombing), and learn to function on many levels in a knitting group. We will work will re-purposed sweaters and examine how recycling can be a statement in your creations. \$25 course fee covers cost of materials and needles you will keep.

Course Fee.

Wellness Dimension: Social, Economic

SLC 0050 - Leverage in the War on Condoms

**0 Credits** Winning the Private and Public Wars on Intimacy and Community (facing the pandemic that is HIV) requires facing the fact that for many people, they have no idea

what leverage is, much less what leverage they possess. Stigma, fear, shame, power and control, hatred, ignorance, all of the isms and most of the money – put all of these in one cauldron. Stir furiously. This is where we are. And leverage is how we spoon ourselves out.

Wellness Dimension: Physical

SLC 0051 - Northwoods Bushcraft

**O Credits** Before the advent of the infomercial and the big box shopping store, the tools and materials that made life possible for humans were made by hand from the raw materials around them. Bushcraft represents that first hand connection, the crafting of life from nature. Join us for a weekend of camping and crafting in the northwoods where we'll be making bowls, baskets, bows and arrows, fishing gear, trapping tools, and more as well as a cozy backwoods camp with all the comforts of home (minus the internet). This course includes a Friday-Sunday overnight camping trip. Course Fee.

Wellness Dimension: Ecological

SLC 0052 - Nutrition & Food in Society

**0 Credits** This workshop will focus on physical wellness and social wellness topics via a nutrition education component and an exploration of other dimensions of food in society. Each class will consist of 3 parts; nutrition education for college students, food demonstrations, and food in the realms of social justice/equity and food systems education.

Course Fee.

Wellness Dimension: Social, Physical

SLC 0053 - Philanthropy & Grantsmanship

**0 Credits** An introduction to nonprofit fundraising including grant writing. Students will learn how nonprofit organizations are structured, various methods of fundraising, the ethics and best practices of fundraising, and working with a board of directors. The acquisition, cultivation, solicitation and stewardship steps of the fundraising process will be covered.

Wellness Dimension: Vocational

SLC 0054 - Pilates with props

**0** Credits This workshop will teach the basic foundations of the Pilates method of exercise and a beginning/intermediate mat routine. In addition, the participants will learn release work and core stabilization principles using a foam roll. The course will also incorporate the use of massage balls, which are small balls that can be used to decrease tightness that occurs in muscles from working at a desk for long periods of time. The class will address common postural problems associated with being a student and give

many techniques to stay limber, strong and full of energy.

Wellness Dimension: Physical

SLC 0055 - Self Defense: De-escalation

**0** Credits Students will learn both verbal and physical de-escalation skills to aide in their own safety and defense as well as the safety of the person attacking them. We will also be practicing these skills and learning about certifications and appropriate uses.

Wellness Dimension: Emotional

SLC 0056 - Standard First Aid with CPR- Adult

**0** Credits This class will focus on identifying an emergency and learning skills to manage the incident while waiting for professional help. We will cover CPR and AED usage, breathing emergencies, sudden illness, environmental emergencies, soft tissue injuries, and injuries to muscles, bones and joints. This class results in certification for first aid through American Red Cross. Course fee covers certification and materials. Course Fee.

Wellness Dimension: Vocational

SLC 0057 - Starting Your Own Business

**O Credits** Business is one sector of our society leading innovation for sustainability. Drawing on the presenter's experience running a farm business and the experience of other local entrepreneurs, learn about how to clarify a vision, develop a business plan, market your idea, and work with finances. You will learn the principles of running a business through short lecture, discussion, an in-class project, and a panel discussion of area business owners. Come prepared with an imaginative idea for a business.

Wellness Dimension: Economic

SLC 0058 - The Climate Neutral Home

**0** Credits Learn about a range of green building techniques and home strategies to mitigate carbon-emissions by touring area homes and businesses. Explore building materials and siting, energy use, cooking, refrigeration, domestic hot water, heating and cooling, water, waste, and food storage. The class will explore ideas of what a climate neutral home is, and also consider the possibility of a climate positive home. Bring a packed lunch.

Wellness Dimension: Ecological

SLC 0059 - Yoga & Ayurveda

**0** Credits This workshop will introduce two ancient Indian practices and philosophies; Yoga (meaning "union") and Ayurveda (meaning the "knowledge of life"). Students will explore these through the direct experience of yoga asana (poses), meditation practice,

breathing technique and an introduction to Ayurveda.

Wellness Dimension: Spiritual

SLC 0060 - You're Hired! Now what?

**0** Credits Strategies for success at the internship site and workplace including: 1. Developing effective self-management skills (accountability, timeliness/time management, meeting and exceeding deadlines, positive attitude, strong work ethic, ) 2. Developing outstanding job skills (Understanding and adhering to workplace protocol, teamwork, running a meeting and taking notes at a meeting, follow-through on expectations), and 3. Developing strong verbal and written communication with multiple audiences.

Wellness Dimension: Vocational

SLC 0061 - Basics of Northwoods Canoeing

**O Credits** In this workshop, we will explore the rich heritage and diversity of techniques that generations of canoeists have utilized to enjoy the lakes and rivers of the Northwoods. Students will become familiar with the history of the canoe, basic paddle strokes for still and moving water, and the fundamentals of canoeing safety. Through a combination of classroom instruction, on the water learning, and a visit to the WI Canoe Heritage Museum, students who complete this course will leave with the basic skills and knowledge to enjoy a lifetime of canoeing.

Course Fee.

Wellness Dimension: Physical

SLC 0063 - Fly Fishing Basics

**0** Credits This workshop explores the skills, traditions, and literature of fly fishing for trout. On the first day of the workshop, we will focus on the basics of fly casting, the fundamentals of knots and tackle, and the history of the sport. This session will be followed by a full day on a local trout stream, where we will refine our casting and explore fly presentation and stream-side entomology. Course Fee.

Wellness Dimension: Ecological

SLC 0064 - FYE Training & Experience

**O Credits** Students will be trained to lead a group of approximately 10 new students through the 10 weeks First Year Experience program. Training includes discussion of responsibilities, role of the leader, boundaries of the leader, and assistance in planning for activities. Contact between FYE leaders and FYE staff coordinators will be ongoing throughout the semester. Registration is by instructor authorization only - you will not be able to register on My Northland. Please contact Autumn Kelley (healthservices@northland.edu) or Kathleen Skoraczewski (kskoraczewski@northland.edu) to register.

Wellness Dimension: Vocational **Prerequisites:** Instructor Consent

SLC 0065 - Resumes 101

**0 Credits** Develop your resume' and your LinkedIn profile, two powerful tools for getting yourself out there in the job market! This course will benefit anyone who hopes to get a job in today's highly competitive job market.

Wellness Dimension: Vocational

SLC 0066 - Aqua Zumba

**0 Credits** Aqua Zumba brings the Latin dance party to the pool! Aqua Zumba uses the water's resistance to tone muscles. It's fun, challenging and it's ideal for people with joint pain because it's easy on the joints!

Wellness Dimension: Physical

SLC 0067 - Buying Your First Home

**0 Credits** This workshop will provide you with an introduction to the home-buying process. Topics covered will include: the advantages and disadvantages of buying vs. renting; steps to qualify for a home loan; mortgages, property taxes, homeowner's insurance and other financial considerations of home ownership; the process of working with a realtor, and how to most effectively use online real estate search tools.

Wellness Dimension: Economic

SLC 0068 - Canoe Paddle Carving

**O Credits** Spring in Northern Wisconsin means maple syruping, wildflowers and ice out. Nothing is better than paddling a canoe with a paddle carved by hand, better yet your two hands. From log to paddle, this class will teach you basic woodworking skills, sharpedged tool use and maintenance, and various wood finishing techniques. All materials will be provided. Course fee is \$30 and covers materials that will eventually become the paddle you keep!

Course Fee.

Wellness Dimension: Ecological

SLC 0069 - Conducting Interviews for Media

**0 Credits** Covering basic techniques and suggestions on how to conduct an interview for radio production, and air broadcast. Will cover what to watch for, how to develop awareness both before and during the interview, how to take advantage of opportunities.

Wellness Dimension: Social

SLC 0070 - Exploring Art Therapy

**0 Credits** This workshop includes a series of art therapy exercises designed to allow students to learn to express themselves through art in different modalities. This can be of particular help to those students who have trouble sharing verbally their concerns, fears, aspirations, and dreams. We will have both group and individual exercises.

Wellness Dimension: Emotional

SLC 0071 - Ice Fishing

**0** Credits The goal of this workshop is to teach new or beginner level ice fishermen how to safely and effectively fish through the ice in Northern Wisconsin. The class will be taught at different times on an inland lake and two different times on Chequamegon bay. Tactics on where to fish, what baits to use, what gear to use, rules and regulations and even how to dress will be covered during the class. You will need to purchase a fishing license. Your instructor will give you more information about this as class gets closer. **Wellness Dimension:** Emotional, Intellectual, Physical

SLC 0072 - Introduction to Shore Fishing

**O Credits** This workshop is designed as an introductory experience for someone who has never gone fishing. We will travel to the marina in Ashland to try our hand at fishing from shore. While there, we will learn the following skills: casting, baiting your own hook (note: we will be using live minnows and worms), reeling fish in (hopefully we catch some!) and how to properly remove hooks and release fish. We will also discuss the different fishing techniques used for different species of fish while also trying out a variety of artificial lures. All of the necessary fishing equipment will be supplied! Please note: Students without a Wisconsin fishing license will need to purchase a one-day license for the date of this class. The cost of the license is \$8 for residents and \$10 for non-residents.

Wellness Dimension: Ecological

SLC 0073 - Introduction to Wine Tasting/Apprec

**O Credits** Introduction to Wine Tasting & Wine Appreciation: This workshop will cover the basics of wine tasting and wine appreciation, concentrating on the characteristics of different red and white varietal wines. We will examine how wines are scored, the vocabulary of wine tasting, what to look for in different wines, and how to develop your own preferences. The 5 sessions include the big reds, interesting whites, dessert wines, local and regional wines, and a quick "tour" of world wine geography. You must be 21 in order to register for this course - no exceptions.

Course Fee.

Wellness Dimension: Intellectual

**Prerequisites:** You must be 21 in order to register for this course - no exceptions.

SLC 0074 - Keep Your Eyes on the Prize

**0 Credits** This workshop features the award-winning documentary series, "Keep Your Eyes On the Prize: America's Civil Rights Movement". As Northland observes Black History Month, we will examine the events of the civil rights movement including the key events and figures of the movement, from Selma, Alabama to the March on Washington, and Martin Luther King to Malcolm X.

Wellness Dimension: Social, Spiritual

SLC 0075 - Learn to Sail with NCCS

**0** Credits This course is a basic, on-day introductory course on learning to sail. You will learn to sail in 2 person 14ft. 420s & Catalina Capri sailboats. Your instruction includes on the beach and on the water exercises and is held in Washburn at West End Boat Landing Beach.. Course fee is \$100 and covers rental fees for the class. Course Fee.

Wellness Dimension: Ecological

SLC 0076 - Learn Your Way Around the Bay

**O Credits** Do you want to explore the Bay area beyond what you find on campus or in Ashland? This workshop is for you! All 6 sessions will involve an off-campus field trip to areas like Bad River, Madeline Island, Les Voigt State Fish Hatchery, orchards around Bayfield, tribal parks, Bayfield school powwow, Houghton Falls, local theaters, the Northern Great Lakes Visitor Center complex, and 2 of the best ice cream shops around. You will learn about tribal natural resources and management, area history, recreational and entertainment opportunities, career and job possibilities, and the cultural ties between Northland College and surrounding communities. \$25 course fee covers additional costs of the class, such as admission.

Course Fee.

Wellness Dimension: Social, Ecological, Vocational

SLC 0077 - Making Your Internship Work for You

**0 Credits** This workshop is intended for students who will be doing a summer internship and it will help them get the most out of this experience. Some time will be spent on professional etiquette and the soft skills of successful professionals, but students will also leave with an understanding of their unique strengths and talents and how to use these to develop habits of success.

Wellness Dimension: Vocational

SLC 0078 - Outdoor Skills SSR

**0 Credits** In this class you will gain knowledge & skills to travel in reasonable comfort in an outdoor environment and to learn to survive & aid others in distress. You will also to learn to assist with Search And Rescue (SAR) for lost person(s). Students will think 'outside the box' in equipment selection and use, with a Native twist to aid you in

considering resource use.

Wellness Dimension: Ecological, Physical

SLC 0079 - Sewing & Selling

**0 Credits** This workshop is designed for people who would like to expand on their existing sewing skills. Depending on the interests of the class, we can make skirts, handbags, totebags, pillows, or anything that the group is interested in. We will use repurposed and/or upcycled materials as much as possible. After completing the project(s), we will work to develop an online website to sell these products.

Wellness Dimension: Economic, Vocational

SLC 0080 - Sustainable Foodie

**0 Credits** Build practical skills and knowledge for selecting, preparing, preserving, and serving local, sustainable foods in any season or budget. Learn from entrepreneurial women who are making this their living as well as their life. This is an immersion class series held at North Star Homestead Farms, LLC and Farmstead Creamery and Cafe near Hayward, WI. \$80 course fee covers materials and supplies for this course. Course Fee.

Wellness Dimension: Ecological, Economic, Vocational

SLC 0081 - Tai Chi - Moving Meditation

**O Credits** Practice this ancient Chinese form of moving meditation to feel calmer, more focused, and centered. Through its slow, relaxed, and graceful series of movements, coordinated with easy, deep breathing, Tai Chi offers many health benefits (e.g., increased energy, reduced stress, improved balance, relief of chronic pain, improved cardiovascular fitness, improved sleep quality, reduced symptoms of Attention Deficit & Hyperactivity Disorder, and a greater overall feeling of well-being. In this workshop, build the foundation for learning Tai Chi's long form by practicing the single forms of the First Section, including Preparation, Beginning, Upward/Downward, Inward/Outward, Raise Hands, Tai Chi Stance, Arrow and Bow, Holding Tai Chi Ball, and others.

Wellness Dimension: Physical, Spiritual

SLC 0082 - The Mythology of Experience

**0 Credits** eryday lives. Our sessions will be conducted in a seminar format. Each of our meetings will begin with the viewing of a selection from the documentary series "The Power of Myth" followed by discussion and journaling among the class. The intent of this workshop is to provide a space for each participant to pursue both an intellectual and personal reflection on the purpose and value of myth.

Wellness Dimension: Intellectual, Spiritual

SLC 0083 - Transforming Conversation

**O Credits** Do you ever feel like others aren't listening when important conversations are happening? Do you tune out when someone presents ideas that don't fit your viewpoints? If so, this is the class for you. In this class you will: learn to listen to other view points, accept and evaluate criticism, maintain your personal integrity, stand your truth without blame or judgment, let go of being attached to outcomes, learn to take responsibility for your own feelings, identify nonviolent and violent communication skills, and identify emotions we experience when we don't get what we need. Most importantly, we will build skills to develop the tools to effectively communicate and learn when to take things on and when to let them go.

Wellness Dimension: Emotional

SLC 0084 - Turning Trash Into Treasure

**0 Credits** We so often focus on recycling that we forget the other two R's-- Reducing and Reusing. In addition to learning some great crafts for reusing every day items, we'll talk about easy ways to reduce our waste in our every day life. Materials we'll focus on using include t-shirts, greeting cards and calendars.

Wellness Dimension: Ecological

SLC 0085 - Weight Training

**0** Credits Weight training for beginner to more advanced levels. Students will learn proper weight lifting techniques, basic muscle groups, and be able to track BMI and other fitness progress measures.

Wellness Dimension: Intellectual, Physical

SLC 0086 - Zumba

**0** Credits Zumba is a popular Latin dance workout that is both fun and easy to do. Zumba combines slow and fast rhythms that tone and sculpt the body using an aerobic/fitness approach to achieve a unique blended balance of cardio and muscle-toning benefits.

Wellness Dimension: Physical

SLC 0100 - First Year Experience (FYE)

**O Credits** The First Year Experience (FYE) program is designed to engage new Northlanders in the richness and diversity of student life. Participation in an Outdoor Orientation trip kicks off the program, which continues through the first 8 weeks of the semester. First-year students participate in a variety of planned events and activities both on campus and in the local region. These events and activities are built around the five aspects of Northland's co-curricular program, Dimensions. These areas - Wellness, Life-Long Learning, Ethical Leadership and Service and Stewardship - shape the programming provided by Student Life.

Wellness Dimension: None

**0** Credits Budo Taijutsu is a traditional Japanese martial art for the protection of self and others. Students will learn how to roll, break-fall, escape attacks, joint locks, and various weapons. This course is open for both students who are interested in starting Budo Taijustu as well as students who have already taken the beginning class and want to continue their learning and begin to explore the spiritual and intellectual dimensions of Budo Taijutsu.

Wellness Dimension: Emotional, Physical

SLC 0102 - Telemark Skiing

**0** Credits Telemark skiing, also known as free heel skiing, is a skiing technique based on using the telemark turn. Learn this graceful and fluid form of skiing that originated in the 19th century in Norway. Telemark skiers use gear very similar to alpine skiers, except for the binding, which only connects the boot to the ski at the toes, just as in cross-country skiing. All levels welcome, beginner to expert.

Course Fee.

Wellness Dimension: Physical

SLC 0103 - Basic Self Defense

**0** Credits Basic instruction related to mental and physical preparation needed to survive violent encounters. Emphasis will be placed on mindset (both victim and perpetrator), awareness, physical security measures, and will include scenario-based training.

Wellness Dimension: Physical

SLC 0105 - Downhill Skiing

**0 Credits** Students will learn and improve upon the basic skills of alpine skiing in a safe and fun program. Open to all skiing abilities from first-time to advanced skiers. Course Fee.

Wellness Dimension: Intellectual, Physical

SLC 0106 - Snowboarding

**0** Credits Students will learn and improve upon basic snowboard skills in a safe and fun program. Open to all snowboarding abilities from first-time riders to intermediate riders. Course Fee.

Wellness Dimension: Intellectual, Physical

SLC 0107 - Backpacking - Foundational Skills

**0** Credits This workshop covers the skills needed to plan and take part in an overnight backpacking experience and includes minimum impact camping, navigation, cooking, natural history, and other pertinent skills. This course schedule includes 3 weekend

overnights, and serves as a pre-requisite course for OED 326 - Land Travel and Camping Skills.

Course Fee.

Wellness Dimension: Physical

SLC 0108 - Coastal Kayaking - Foundational

**0 Credits** This workshop introduces novice paddlers to the skills and knowledge necessary to kayak successfully and safely in easy to moderate open water conditions. Course Fee.

Wellness Dimension: Physical

SLC 0109 - Whitewater Kayaking - Foundational

**0 Credits** This workshop introduces participants to the river environment via a decked whitewater boat (kayak or C-1). Emphasis on gaining solid understanding of river currents, maneuvering the craft, and safety/hazard concerns.

Course Fee.

Wellness Dimension: Physical

SLC 0110-P - Shimmy Borealis Intro Belly Dance

**0** Credits Bringing the dance of the desert to the Northwoods! This introductory class builds from simple isolations, interweaving movement, culture, laughter, and a darn good workout. No experience or particular gender required.

**Connections Discipline:** Physical

SLC 0111-IP - Lindy Hop - Introduction

**O Credits** Lindy Hop is the most popular form of swing dance in the modern era. What started in the 1930s continues today, more vibrant than ever. In this workshop, we'll teach you sound fundamentals while building a solid repertoire of moves that you can put to use on the social dance floor. We'll also learn about the history of the dance, including important dancers, jazz styles, and different variations of swing dancing.

Connections Discipline: Physical, Intellectual

SLC 0112 - Canoeing - Foundational Skills

**0 Credits** This workshop is designed to give students a basic understanding of canoeing. Topics will include equipment, strokes, boat control, river dynamics, safety, and rescues. Class will meet four times using the indoor pool and Long Lake. Students will be assessed using Ed-ventures level 1 and 2 canoeing assessment. Course Fee.

Wellness Dimension: Intellectual, Physical

SLC 0113-P - Golf (physical)

**0 Credits** Students will develop a basic understanding of golf rules, regulations, and etiquette.

SLC 0115 - Hatha Yoga

**0 Credits** This workshop is an introduction to Integral Hatha Yoga which uses poses to balance the body, breathing practices, meditation, and chanting.

Wellness Dimension: Physical, Spiritual

SLC 0117-MP - Weight Lifting for Women

**0 Credits** An introductory course to acquaint women with the proper use and techniques for using free weights. Learn how to get a full body workout, how to tailor workouts to personal goals, and how to maximize the mind-to-muscle connection.

**Connections Discipline:** Physical, Emotional

SLC 0119-IP - Wilderness Navigation

**0** Credits Students will become proficient in land-based navigation techniques including topographic map reading, compass use, GPS basics, following a bearing, lost-proofing, and other orienteering skills.

Connections Discipline: Intellectual, Physical

SLC 0120 - Disc Golf

**0** Credits This is a 6 week athletic workshop covering the many aspects of disc golf. Stretching, form, grip, technique, strategy, rules and etiquette will be addressed. Course Fee.

Wellness Dimension: Physical

SLC 0121 - Advanced Whitewater Kayaking

**0** Credits For students with experience and capability in kayaks on rivers up to class II. Students should come to this course with a reliable pool roll. We'll explore rescue options, paddle technique, and work on maneuvers for use on class III-IV whitewater, as well as instructor and teaching considerations for leading others on the river. This course includes several nights of overnight camping and will offer you American Canoe Association Whitewater level training. Students should have prior river kayaking experience, preferably with completion of a beginner whitewater course. Instructor approval required in order to register.

Course Fee.

Wellness Dimension: Intellectual, Physical

**Prerequisites:** Instructor Consent

SLC 0122 - Lifeguard Training

**0 Credits** Red Cross certification for successful completion -- covers rescue techniques, etiquette, pool maintenance.

Course Fee.

Wellness Dimension: Physical

SLC 0123 - Personal Wellness Planning

**0 Credits** This workshop will help you gain an understanding of personal wellness or performance planning and you will complete a personal plan.

Wellness Dimension: Physical

SLC 0124 - Core Workout

**0 Credits Wellness Dimension:** Physical

SLC 0125-P - Rock Climbing - Foundational Skills

**0** Credits Workshop is designed to give students a basic understanding of rock climbing. Topics will include necessary equipment, climbing technique, top-rope climbing, belaying, anchors, bouldering, and spotting. Class will meet four times using the indoor climbing wall as Well as Bob Rock.

**Connections Discipline:** Physical

SLC 0126 - Discover Scuba

**0** Credits This workshop is an introduction to scuba diving. Students start by learning basic safety concepts and use of scuba equipment. Each student will practice underwater diving skill under the direction of a certified instructor.

Course Fee.

Wellness Dimension: Physical

SLC 0127-MP - Transform with Pilates & Journaling

**0** Credits Master Pilates & journaling techniques to boost energy, increase focus, and create balance from the inside out. The power of movement and writing is accessible to everyone; no special talent, skills, or experience required. All journals remain private. Connections Discipline: Emotional, Physical

SLC 0128 - Open Water Scuba Certification

**0** Credits This workshop is a PADI Open Water Scuba Certification program. It is a continuation of the Discover Scuba workshops. Students learn safety concepts and use of scuba equipment. Each student will practice underwater diving skill under the direction of a certified instructor both in the pool and a nearby lake. Course Fee.

Wellness Dimension: Intellectual, Physical Prerequisites: SLC-0126 Discover SCUBA

SLC 0129 - Varsity Volleyball

**0 Credits** Participation and completion of one season of playing on the Northland College varsity volleyball team.

Wellness Dimension: Physical Prerequisites: Instructor Consent

SLC 0131-IP - ACA Coastal Kayaking IDW

**0 Credits** The IDW presents you with the skills and knowledge required to become a professional paddling instructor. This includes the development of your teaching skills through classroom instruction and feedback sessions, and honing your paddling skills via intensive on-water sessions.

Connections Discipline: Intellectual, Physical

SLC 0134-EP - Mountain Biking

**0 Credits** Learn the essentials of mountain biking including safety, basic mechanics, basic bike handling skills, terrain reading, problem solving and career options.

Connections Discipline: Ecological, Physical

SLC 0135 - Outdoor Orientation Trip Leadership

**0 Credits** Students go through a process of planning in Sunday meetings, Fall staff training, and trip leadership.

Wellness Dimension: Ecological

SLC 0138 - Stress Management Techniques

**0** Credits A series of educational sessions to introduce various experiential methods of stress management, including time management, relaxation techniques, mindfulness, journaling, alternatives including aromatherapy, food/nutrition for lowering stress, and more.

Wellness Dimension: Emotional

SLC 0139 - Weaving Your Own Snowshoes

**0 Credits** For this two-day workshop, participants will be provided with pre-bent snowshoe frames that will need chiseling for the crossbars and lacing. This will still give the participants a chance to use wood working tools and shuttles. Handouts will be provided and in-depth discussions on styles, uses, history and stories will be shared and discussed.

Course Fee.

Wellness Dimension: Intellectual

SLC 0140 - Build Your Own Wooden Toboggan

**0 Credits** Build a snow craft of ancient origins. For this two-day workshop, participants will spend the first day learning about the type of wood being used while preparing their staves for steam bending. For assembly on the second day, participants will attach cross bars using hand peened copper rivets along with the rope and any other final touches. Everyone will leave this workshop with a finished 8-10' long toboggan of their own. Course Fee.

Wellness Dimension: Intellectual

SLC 0142 - Wilderness First Responder

**0 Credits** WFR is the ideal medical training for outdoor educators, guides, SAR team members, and others who work or play in remote areas. The curriculum is comprehensive and practical, including the essential principles and skills required to assess and manage medical problems in isolated and extreme environments. Instructor approval required in order to register.

Course Fee.

Wellness Dimension: Intellectual, Vocational

**Prerequisites:** Instructor Consent

SLC 0143 - Meditation & Mindfulness

**0** Credits Learn and practice the technique of sitting and walking meditation. Tranquility Meditation uses the breath as a focus for calming mental activity. Class can be repeated to get additional practice time and deepen the meditative experience.

Wellness Dimension: Intellectual

SLC 0144 - Money 101: Manage Money for Life

**0** Credits An online workshop including interactive modules for student examination and engagement around the theme of money management. Topics include financial basics, paying for college, money management during and after the college years.

Wellness Dimension: Economic

SLC 0145 - Time Management & Study Skills

**0** Credits This workshop will explore a variety of skills to improve study habits and time management. Participants will examine their own style of learning, organizational habits, note taking, and test preparation.

Wellness Dimension: Intellectual

SLC 0146-S - Prayer and Contemplation

**0 Credits** Student participants will explore methods of prayer and contemplation from different Christian traditions.

**Connections Discipline:** Spiritual

SLC 0147 - Gearing Up for Graduate School

**0** Credits Students will learn about the application process, tips on choosing schools, test dates, prep, importance of volunteer work, resumes, cover letters, etc. Guest presenters will include Northland College professors in various fields.

Wellness Dimension: Vocational

SLC 0148-V - Getting Your Foot in the Door

**0 Credits** By identifying your career interests, developing self-promotional skills and then shadowing "an expert" in the field, get a jump up on your future -- today! **Connections Discipline:** Vocational

SLC 0149 - Outdoor Orientation Leader Training

**0 Credits** A half-semester workshop which includes 2 field experiences and once-a-week classroom work, and covers technical wilderness skills, group dynamics, facilitation, risk management, etc.

Course Fee.

Wellness Dimension: Social, Physical, Vocational

SLC 0151-SV - What Matters Most - Meaningful Life

**0 Credits** Who am I? What are my gifts? What is my purpose? In this workshop, students will explore vocation making a meaningful life through the use of film, literature, and self-discovery.

Connections Discipline: Spiritual, Vocational

SLC 0152 - Residential Life Staff Training

**0** Credits A 3-week training for Residential Life student staff covering skills such as personal boundaries, communication, conflict resolution, crisis management, time management, facilitating healthy living communities, and basic fire safety.

Wellness Dimension: Social

SLC 0153 - Academic Tutor Training Program

**0 Credits** A comprehensive training program encompassing on-line and in-class learning components to prepare students for campus-based peer academic tutor positions. Will cover educational learning styles, positive reinforcement, active listening, and more.

Wellness Dimension: Social, Intellectual

## SLC 0154 - Facilitative Leadership Workshop

**0 Credits** Participants will be introduced to a comprehensive model for facilitation including skills, strategies, and practice. This course will fulfill Level 3 training in Ethical Leadership and Active Citizenship. For more information, go to www.journeyofcollaboration.com/.

Course Fee.

Wellness Dimension: Social, Intellectual

SLC 0155-S - Zen Meditation

**0 Credits** Sitting meditation (Zazen) for the Northland community with previous experience in silent, still meditation. Minimum instruction provided -- our primary purpose is to provide a group sitting-meditation opportunity and experience. Previous meditation experience is helpful. Initial meeting with instructor required.

**Connections Discipline:** Spiritual

SLC 0156 - Prep a Healthy & Sustainable Meal

**0 Credits** The preparation of a meal that takes into account the social, environmental, and economic implications of our food choices is an excellent example of how we all can lead a more sustainable lifestyle. The simple act of preparing a meal exemplifies the need for examining the decision-making process we follow as consumers and the impact these decisions have on people, place, and pocketbook.

Wellness Dimension: Ecological, Intellectual

SLC 0157 - Wisconsin Hunter Safety Course

**0 Credits** Firearms safety training course to assure safe handling of firearms in the workshop and to meet state law for a hunting license purchase for those who may need it. Basic shooting skills for firearms (modern and primitive rifles, shotgun and handguns) and archery. This workshop will provide an optional opportunities for supervised handson practical application at a shooting range.

Course Fee.

Wellness Dimension: Ecological

SLC 0158-P - Ba Duan Jin Health Qigong

**O Credits** Qigong is one of the most powerful self-healing, health-maintenance traditions ever developed. The origins of Qigong pre-date written history. Today, thousands of styles of Qigong exist throughout the world. "Health Qigong" is a simplified exercise program distilled from ancient, traditional teachings. In this workshop you will learn the Ba Duan Jin Health Qigong. The practice of Ba Duan Jin benefits psychological health, slows the aging process, improves respiratory system function, enhances joint flexibility, strengthens the limbs and improves balance.

**Connections Discipline:** Physical

**0 Credits** This workshop takes basic backcountry travel knowledge to a new level. In this course students will learn backcountry leadership, teaching techniques, hone their outdoor skills, and be challenged in new environments. This workshop or the equivalent is required for outdoor leaders such as Outdoor Orientation and Ed-venture staff.

Connections Discipline: Intellectual, Physical

SLC 0162 - eARTh Oven Laboratory

**0** Credits eARTh ovens are hand-crafted with local clay, sand, water, and fibers, to serve as experiential models for sustainable architecture. Participants will design and build an outdoor wood-fired oven with public access as a civic art project to support local food security. Participants will host a community baking feast and present interpretations of the eARTh: subsoils, water, fiber, fire, food.

Wellness Dimension: Ecological

SLC 0163-CP - Intro to West African Dance

**0** Credits ng accompaniment provides an opportunity to connect deeply to the movements, to one's self, and to the workshop community. Students that complete African Drumming AND African Dance will also receive wellness credit for completing the spiritual dimension requirement.

Connections Discipline: Social, Physical

SLC 0164-CI - Intro to West African Drumming

**0** Credits In this workshop we will begin by exploring basic hand drumming techniques and exercises. We will study and play traditional polyrhythms from West Africa as well as discussing their traditional and contemporary cultural context. Participants will also have the opportunity to accompany "Intro to West African Dance" sessions. Students that complete African Drumming AND African Dance will also receive wellness credit for completing the spiritual dimension requirement.

Connections Discipline: Social, Intellectual

SLC 0165-E - Learning to Observe Nature

**0** Credits Become a naturalist in a day! We will track animals and study their behaviors, press and identify plants, observe and predict the weather, and finally we'll have some time just to sit in the woods and become one with the red squirrel berating you from the white pine overhead. Take home some new ideas, thoughts, and a nifty new nature journal to impress your friends!

**Connections Discipline:** Ecological

SLC 0166-IP - Lindy Hop - Intermediate

**O Credits** Intermediate Lindy Hop builds on the foundation you learned in the beginner series by adding new moves, patterns and emphasis on fundamentals that will take your dancing to the next level and give it serious wham. Students should have significant Lindy Hop experience, or should have taken one or more beginner classes with the instructors.

Connections Discipline: Intellectual, Physical

SLC 0167-V - Photovoltaic Site Assessor Training

**0** Credits Participants in this 8-hour course will learn how to perform a PV site assessment for a home or business. The course will cover site assessment tools, system sizing, system recommendation, energy efficiency recommendation, load analysis, array placement options, solar resource analysis, cost estimates, site assessment report, webbased performance calculators, and installer and equipment recommendation.

**Connections Discipline:** Vocational

SLC 0168-IP - Rock Climbing - Advanced Skills

**0** Credits This workshop will build on climbing skills learned in the foundational class. Topics will include site management, advanced gear placement, advanced anchors, belay escapes, and introduction to self rescue. Class will occur at Devils Lake during midsession break.

Connections Discipline: Intellectual, Physical

SLC 0169-I - Shimmy Borealis Belly Dance - 2

**0** Credits Dancers who have completed the beginning belly dance class are invited to continue developing their technique, learn new moves, and work on their improvisation skills. Bring layered, comfortable clothes, bare feet, and a hip scarf if you have one.

**Connections Discipline:** Intellectual

SLC 0170-E - Solar Domestic Hot Water Systems

**0** Credits In this 8-hour course, students will learn the basics of how Solar Domestic Hot Water Heating Systems (SDHW) work and their economic impacts with emphasis on northern climate systems. This class will prepare students for entry level work in the solar water heating field and will help facilities managers, architects, planners, home owners, and government officials to understand the workings and benefits of solar domestic hot water systems.

**Connections Discipline:** Ecological

SLC 0171 - Storytelling in Sustainability

**0** Credits This workshop is an introduction to the ancient art of storytelling, its value to leaders in sustainability/environmental studies and the practical application of storytelling in their lives. Students will have the opportunity to experience storytelling as both the

listener and the teller. They will have direct experience using storytelling to powerfully communicate and express important issue in sustainability.

Wellness Dimension: Intellectual

SLC 0172 - Using (& Enjoying) Microsoft Excel

**0** Credits Proficiency in Microsoft Excel will be helpful if you are studying in any field that collects data. Some of your professors, and prospective employers, may expect you to be able to use Excel at a pretty high level. Come and learn some skills that may be important in class and in life.

Wellness Dimension: Intellectual

SLC 0173 - Body Talk-Art of Listening to Self

**0 Credits** Body Talk is the art of listening to your 'self' and learning how to respond. Friedrich Nietzsche said, "There is more wisdom in your body than in your deepest philosophies." This course will help you develop skills to listen to what your body is telling you, how that can help you make wise choices in life, and create balance and healing for yourself to make room for living the life you were created to live.

Wellness Dimension: Emotional, Spiritual

SLC 0174-CS - Continuing West African Drumming

**0** Credits This workshop is a continuation for any student who completed Intro to West African Drumming. We will continue to work on basic drumming skills and learn more complex rhythms and arrangements.

Connections Discipline: Social, Spiritual

SLC 0175 - Apply for Federal Jobs, Internships

**0 Credits** Introduction to completion of a federal resume; different student employment options including Student Temporary Employment Program (STEP), Research for Undergraduates (REU) and the new Federal Internship program; applying for positions through USA Jobs

Wellness Dimension: Vocational

SLC 0176 - The Chemistry of Beer

**O Credits** In this workshop you will learn about the chemistry of beer and, that's right, make some of your own. You will gain a knowledge of the various beer ingredients and fermentation processes, and why the resulting ethanol leads to a physiological effect commonly referred to as a "buzz." You must be 21 in order to register for this course.

Wellness Dimension: Intellectual

**Prerequisites:** You must be 21 in order to register for this course - no exceptions.

SLC 0177 - Edible Plants - Learning Through In

**0** Credits Students will design and create a virtual edible plant interpretive trail on the northland college campus. By investigating and identifying plants, and then creating an interpretive manual, students will learn the plants in depth. Workshop culminates in a wild food feast.

Wellness Dimension: Ecological, Intellectual

SLC 0179-E - Green Purchasing

**0 Credits** With the vast array of products to buy, how do we make smart choices that support the environment, social justice, and the local economy? In this workshop, students will explore the nature of consumption, sustainable economics, and decision-making models for "buying green." We will end the workshop reflecting on the idea of simple living.

**Connections Discipline:** Ecological

SLC 0180 - Introduction to Permaculture Design

**0** Credits Permaculture is a process of ecological design that develops functional relationships among elements of ecological integrity, social justice, and economic viability. Through this course, students will gain practice with basic Permaculture Design Principles and apply them to landscapes and communities.

Wellness Dimension: Ecological

SLC 0181-V - ACA Coastal Kayaking ICE

**0 Credits** For those who have taken the IDW, the ICE is an opportunity for each candidate to demonstrate his/her proficiency in the presentation (logical progression) and demonstration (proper modeling) of the skills necessary for certification as well as display overall paddlesport knowledge.

Connections Discipline: Vocational

SLC 0182 - Making Bio-Diesel

**0** Credits Visit Steve Sandstrom's biodiesel processing operation in his garage at Pinehurst Inn in Bayfield, WI. Actually make a batch of biodiesel from start to finish using fryer grease collected from area restaurants. Course Fee.

Wellness Dimension: Ecological

SLC 0185 - Intro to Fly Fishing & Fly Tying

**0 Credits** This course includes basic instruction in equipment, fly casting, and fly fishing. There will also be basic instruction in tying flies that can be fished. Course Fee.

Wellness Dimension: Ecological, Intellectual

SLC 0186-IP - East Coast Swing, Beginning

**0** Credits East Coast is a beginner friendly form of Swing Dancing. In this class you will learn the basics of this fun dance that you can then use on the social dance floor. We will also discuss the broader history of swing, including important figures, regions and dance styles.

Connections Discipline: Intellectual, Physical

SLC 0188 - GRE Math Review

**0** Credits GRE preparation involves understanding the mathematical and statistical background knowledge that students entering graduate education must have. This workshop provides an opportunity to revise and practice basic problem-solving techniques and apply theorems and general mathematics concepts across disciplines in preparation for entry into graduate education. Exam taking strategies and methods will be discussed.

Wellness Dimension: Intellectual

SLC 0191 - Aquatic Explorations

**0 Credits** This workshop will be an overview of several aquatic exercise techniques such as Aqua Aerobics, Interval Training, Pilates, Yoga and Tai Chi. The course will touch on basic anatomy and exercise principles, and common diseases associated with an inactive lifestyle.

Wellness Dimension: Physical

SLC 0192 - Environmental Radio News Reporting

**0 Credits** This workshop will explore the basics of radio news reporting, such as interviewing, sound gathering, broadcast writing and radio production. Students will gain first-hand experience reporting on topics of or related to the environment concerning area Eco-Municipalities, the Chequamegon Nicolet National Forest, the Apostle Islands National Lakeshore and Lake Superior.

Wellness Dimension: Social

SLC 0193-S - Exploring the Transcendent- Mythos

**0** Credits We will view and discuss a series of lectures by famed mythologist and author Joseph Campbell. He will take us to the center of a number of different spiritual worldviews so that we can, through each of these different lenses, explore not just the Universe without but, more importantly, the Universe within.

**Connections Discipline:** Spiritual

SLC 0194-N - Financial Wisdom Post-College

**0** Credits At the conclusion of this workshop, the student will be a better steward of a limited resource, their money. A traditional education prepares us to go out in the world and earn a living. This workshop is about what to do with your money once you make it. Connections Discipline: Ecomomic

SLC 0195-V - Internship Interpretation

**0** Credits Gaining work experience while you are in college can be an important part of your career development. Internships and summer jobs give you an opportunity to apply academic concepts in practice, and to explore possible future occupations. In this session, we will explore what makes a good internship, present internships that have worked for past students, and review what agencies will be at the job fair and what they are offering. We will also discuss how internships can count for credit and whether or not unpaid internships add up in the future.

**Connections Discipline:** Vocational

SLC 0196 - Interviewing 101

**0** Credits What should I do about my tattoos and nose ring for my job interview? How do I Skype my internship interview? What do I wear to my phone interview? These and other nerve-wracking interviewing questions will be addressed and you will shine! How to prepare for face-to-face, phone and Skype internship/job interviews; topics to be covered will range from appropriate dress to the kinds of questions to expect. Participate/share feedback in a variety of mock interviews as a dress rehearsal for the real thing!

Wellness Dimension: Vocational

SLC 0197 - Journal to Yourself

**O Credits** Discover how to keep a journal for personal growth, creative expression and life enrichment. In this workshop, you'll learn dozens of journaling techniques you can use again and again. With the help of these journal tools, you can gently but powerfully explore the various aspects of yourself, your life and your relationships with others. Note: Journals and writing will remain private. Must purchase journal workbook from instructor at first session - \$10.

Course Fee.

Wellness Dimension: Emotional

SLC 0198-P - Core Conditioning Pilates

**0 Credits** Get in shape, head to toe, as you increase strength, flexibility, stamina, balance and coordination. The deep breathing, flowing movement, precision, control and concentration utilized in each workout will challenge your body and soothe your soul. As you build a strong core, you'll also develop heightened mind-body awareness, improve body movement patterns and functional fitness, increase strength and flexibility and

reduce stress. Dress in loose, comfortable clothing, and bring yoga mat or towel.

**Connections Discipline:** Physical

SLC 0199 - Resumes Plus

**0 Credits** This workshop will cover development of your professional profile and resumes/application letters in electronic, print, and social networking media sources. The workshop also includes an introduction to LinkedIn social networking and creating your own LinkedIn profile.

Wellness Dimension: Vocational

SLC 0201 - Using Your Brain for a Change

**0 Credits** Neuro Linguistic Techniques empower us with more control over how we communicate with ourselves and others in order to get more of what we want in life! It's that easy, effective, and lasting to balance our mental clarity, emotional stability, and physical well-being beginning with the power of our thoughts. Start using your brain, for a change, shifting your energy to attract more of what you want - all-ways.

Wellness Dimension: Social, Emotional

SLC 0202 - Canoe Poling

**0** Credits Learn to propel a canoe upstream and downstream while standing and using a wooden pole instead of a paddle. Poling allows travel upstream and on shallow rivers where paddling would be inefficient or impossible. If you can pole, you can go where few tourists dare to travel.

Course Fee.

Wellness Dimension: Ecological, Physical

SLC 0203 - Varsity Hockey

**0 Credits** Men's Varsity Hockey Team.

Wellness Dimension: Physical **Prerequisites:** Instructor Consent

SLC 0204 - Varsity Women's Basketball

**0 Credits** Women's Varsity Basketball Team.

Wellness Dimension: Physical **Prerequisites:** Instructor Consent

SLC 0205 - Varsity Men's Basketball

**0 Credits** Varsity Men's Basketball Team.

Wellness Dimension: Physical **Prerequisites:** Instructor Consent

SLC 0206 - Varsity Baseball

0 Credits Varsity Baseball Team.Wellness Dimension: PhysicalPrerequisites: Instructor Consent

SLC 0207 - Varsity Softball

0 Credits Varsity Softball Team.Wellness Dimension: Physical Prerequisites: Instructor Consent

SLC 0208-P - Dancer Workout

**0** Credits Move to the music and get a good core, leg, and aerobic workout! This short class offers a pilates-based workout followed by deep stretching. Wear layered, comfortable clothes and bare feet - bring a yoga or exercise mat if you have one.

**Connections Discipline:** Physical

SLC 0209 - Cross Country Skiing for Beginners

**0 Credits** This workshop will introduce students to the foundations of cross country ski technique, equipment, and travel considerations for both skate and classic (stride) technique. Students will also learn basic winter safety for travelling on frozen lakes, how to wax skis, and pertinent natural history topics (tracking, snow crystallography, etc). Course Fee.

Wellness Dimension: Physical

SLC 0210-E - Crafting for Necessity

**O Credits** No money? No problem! Believe it or not but humans used to make everything needed from wood, bone, leaves and stones without power tools, cash money or Wall Mart. Discuss the roles of craft, community, and culture in our lives, learn about the ecology of the Chequamegon Bay area, and discover the link between self sufficiency and sustainability all while carving yourself a fancy new spoon, dala horse, and a third project of your choosing (sorry, no log cabins!).

**Connections Discipline:** Ecological

SLC 0211 - Sustainable Backcountry Travel

**0 Credits** Put the principles of sustainability into action! Spend a weekend on trail experimenting with sustainable gear, eating local food, learning low impact camping practices, discovering the connections between physical health and the health of the environment and enjoying the fall in the Northwoods. This course includes a Friday through Sunday overnight camping trip.

Course Fee.

Wellness Dimension: Ecological, Emotional

SLC 0212-EI - Basket Weaving w/ Natural Materials

**0 Credits** This workshop will focus on weaving traditional baskets with local, natural, native materials. We will also discuss the cultural, spiritual, and physical significance of this unique skill. We will make Red Osier Dogwood baskets and traditional Grass Baskets, and if time and resources permit, we will experiment with Birch Basketry.

Connections Discipline: Ecological, Intellectual

SLC 0213 - Carve your own Kayak Paddle

**0 Credits** Students will learn about the tools & materials needed to make a "traditional" kayak paddle (aka Greenland style) and then carve one for themselves. Course Fee.

Wellness Dimension: Vocational

SLC 0214-V - The Green Economy & Your Place

**0** Credits Overview of the working principals and definitions associated with the emerging Green Economy, types/kinds of employment related to your major, and leveraging your Northland experience to help prepare you for your fit into this changing economy.

**Connections Discipline:** Vocational

SLC 0215-IP - Jazz Movement and Charleston

**0 Credits** Applejacks, boogie drops, and camel walks, oh my! With an emphasis on improvisation and musicality, we'll explore vernacular jazz movement and 30s Charleston. We'll cover basic solo and partnered Charleston, solo jazz movement and several line dances from the first half of the 20th century.

Connections Discipline: Intellectual, Physical

SLC 0216-PV - Whitewater Canoeing - Level 3

**0** Credits This course is for students with experience and capability in canoes on rivers up to class II. Students should come to the course with efficient technique in all basic paddle strokes including; forward and reverse stroke, J stroke, Pry, Sweep, and low brace. We will explore rescue options, efficient paddle technique, and work on maneuvers for use on class III whitewater, as well as instructor and teaching considerations for leading others on the river. This course will offer you American Canoe Association River canoe training. Pre-requisite Northland College level 1 & 2 canoe course (20 hours of instruction) or the equivalent.

Connections Discipline: Physical, Vocational

## SLC 0217 - Introduction to Systems Thinking

**0** Credits Einstein once said that the significant problems we face cannot be solved by the same level of thinking that got us into them. So what does a new paradigm of thinking look and feel like? In this class, students will explore mental models, understanding how systems work, and using systems thinking to examine everyday problems as well as global problems.

Wellness Dimension: Intellectual

SLC 0218-P - Learn to Row

**0 Credits** Introduction to Recreational and Fitness Rowing.

**Connections Discipline:** Physical

SLC 0219 - Natural Setting of Chequamegon Bay

**0 Credits** This workshop introduces students to the natural setting of the Chequamegon Bay Region. We'll learn about the Lake, the climate, bedrock geology, glacial geology, soils, and forests of the area. There will be three field trips to the best scenic and naturally significant spots in the region.

Wellness Dimension: Ecological

SLC 0220 - Stand Up Paddleboards and Sit-On-

**0 Credits** An introduction to sit-on-top recreational kayaking and stand up paddleboarding. Safety and basic paddling techniques will be taught. Course Fee.

Wellness Dimension: Physical

SLC 0221 - Social Responsibility Job Shadowing

**O Credits** Geared towards students in the Social Responsibility majors, this trip to the Twin Cities will explore the issues and organizations in this field. Experiences will include visiting a variety of organizations, attendance at the Big Green Conference where private/public partnerships come together to discuss business and the environment, and meetings with Northland College Alumni who are working in these fields to hear first hand what their experiences have been. Participants will gain a stronger social network, become more knowledgeable about career opportunities by shadowing professionals in the field, and learn about the emerging green economy.

Wellness Dimension: Intellectual, Vocational

SLC 0223-CI - Tea Cup and Ceremony

**0** Credits Students will learn from start to finish the process of making cups – this class is appropriate for students who have never had any experience with clay or for those who have had some experience and would like to focus on cup-making. The class will focus

on the traditional Japanese tea ceremony as a model for a final event that will be hosted by the class for anyone in the Northland College Community interested in participating. **Connections Discipline:** Social, Intellectual

SLC 0224-MS - Death, Dying and Loss (Emotional, Spiritual)

**O Credits** This workshop will cover a range of topics related to how humans interpret the reality of death. Topics will include religious beliefs, rituals and funeral rites, with a special focus on how we grieve loss. Thoughtful reflections on the meaning of death surprisingly prepares us to live richer lives!

SLC 0225-CI - Travelling Well Internationally

**0 Credits** In this workshop, you will be shown a couple a places to visit (Latin America and North Africa). Then, we will discuss the art of travelling well (from social skills -- politeness, gender relations, etc.-- to the art of packing wisely) and safely. Finally, you will be invited to research the spot you would love to visit (Patagonia or Timbuktu) and share your findings with your classmates.

Connections Discipline: Social, Intellectual

SLC 0226 - Unicycling

**0** Credits This workshop is an introduction to unicycling. Safety, basic riding skills and tricks will be covered. Ten hours of individual or group practice is required in addition to the 6 hours of instruction.

Course Fee

Wellness Dimension: Physical

SLC 0228-N - What You Need to Know About Finance

**0 Credits** This workshop goes over basic instruction of what financial credit is and how to get/use it.

**Connections Discipline:** Ecomomic

SLC 0229-V - Your Career - Launching it

**0** Credits Engage in career exploration by using the FOCUS - 2 program. Using your FOCUS-2 results, develop your career plan for use with your faculty advisor for a 4-year plan; learn how to gain skills and pre-professional experiences by volunteering, involvement with campus clubs/organizations and job-shadowing. Finally, learn how to network and participate in the annual Volunteer Fair and Clubs/Organization Fair.

**Connections Discipline:** Vocational

SLC 0230-N - Creating a Financial Plan

**0 Credits** This series of seminars will help students prepare to be financially successful now and in the future. Budget Basics/Money and ID Smart, Credit Card Smart, and Discover How Credit Affects Your Life seminars will set students on a path to financial success.

**Connections Discipline:** Ecomomic

SLC 0231 - Peer Leadership Workshop

**0** Credits This half-day training provides multiple opportunities to role-play and practice the skills learned during the day. You will participate in sessions that explore (1) group process and communications, (2) conflict management and assertiveness, and (3) power dynamics and peer leadership. The training wraps-up with an interactive group exercise. Course Fee.

Wellness Dimension: Social

SLC 0232 - Varsity Women's Soccer

**0 Credits** Participation on Northland College's varsity women's soccer team.

Wellness Dimension: Physical **Prerequisites:** Instructor Consent

SLC 0233 - Varsity Men's Soccer

**0 Credits** Participation on Northland College's varsity men's soccer team

Wellness Dimension: Physical **Prerequisites:** Instructor Consent

SLC 0234 - Varsity Women's Cross Country

**0 Credits** Participation on Northland College's women's cross country team.

Wellness Dimension: Physical **Prerequisites:** Instructor Consent

SLC 0235 - Varsity Men's Cross Country

**0** Credits Participation on Northland College's varsity men's cross country team.

Wellness Dimension: Physical **Prerequisites:** Instructor Consent

SLC 0236 - Wilderness Survival

**0 Credits** Whether in the backcountry or in an urban environment, those who make it through emergency situations are those who are prepared - or really lucky. While we don't teach luck, we will equip you with the tools and knowledge necessary to see you through a survival situation. From emergency shelters to lighting fires, this hands-on workshop will give you the confidence to take care of yourself and others when everyone

else is busy looking for their 4-leaf clover! This course includes a Friday-Sunday overnight camping trip. Wilderness Survival meets the pre-requisite for OED 326 - Land Travel and Camping Skills.

Course Fee.

Wellness Dimension: Ecological, Intellectual

SLC 0237 - Women's Intercollegiate Golf

**0 Credits** For women who play on Northland College's Intercollegiate golf teams.

Schedule is arranged with the coach.

Wellness Dimension: Physical **Prerequisites:** Instructor Consent

SLC 0238 - Men's Intercollegiate Golf

**0 Credits** For men who play on Northland College's Intercollegiate golf teams. Schedule is arranged with the coach.

Wellness Dimension: Physical **Prerequisites:** Instructor Consent

SLC 0500-P - NOLS Transfer Course

**0 Credits** NOLS Transfer Course. Will create specific section to match NOLS course content.

**Connections Discipline:** Physical

SLC 0510-P - Outward Bound Transfer

**0 Credits** This is to be used for Outward Bound courses transferring in Wellness credit. We will create a specific section to match the course transferring.

**Connections Discipline:** Physical

SLC 0601 - Life Achievement Equivalency C

**O Credits** Transfer students and non-traditional students may petition for Wellness life achievement equivalency based on previous experience, work, and active participation in the Social dimension. A transfer student must transfer in at least 24 credits from an accredited institution in order to be considered eligible for the Life Achievement Equivalency petition process. Your petition will be due to Co-Curricular Council by September 15. Contact livingwell@northland.edu to register and/or of you have any questions. Instructor approval required in order to register.

Wellness Dimension: Social **Prerequisites:** Instructor Consent

SLC 0602 - Life Achievement Equivalency E

**O Credits** Transfer students and non-traditional students may petition for Wellness life achievement equivalency based on previous experience, work, and active participation in the Ecological dimension. A transfer student must transfer in at least 24 credits from an accredited institution in order to be considered eligible for the Life Achievement Equivalency petition process. Your petition will be due to Co-Curricular Council by September 15. Contact livingwell@northland.edu to register and/or of you have any questions. Instructor approval required in order to register.

Wellness Dimension: Ecological Prerequisites: Instructor Consent

SLC 0603 - Life Achievement Equivalency I

**0 Credits** Transfer students and non-traditional students may petition for Wellness life achievement equivalency based on previous experience, work, and active participation in the Intellectual dimension. A transfer student must transfer in at least 24 credits from an accredited institution in order to be considered eligible for the Life Achievement Equivalency petition process. Your petition will be due to Co-Curricular Council by September 15. Contact livingwell@northland.edu to register and/or of you have any questions. Instructor approval required in order to register.

Wellness Dimension: Intellectual **Prerequisites:** Instructor Consent

SLC 0604 - Life Achievement Equivalency M

**O Credits** Transfer students and non-traditional students may petition for Wellness life achievement equivalency based on previous experience, work, and active participation in the Emotional dimension. A transfer student must transfer in at least 24 credits from an accredited institution in order to be considered eligible for the Life Achievement Equivalency petition process. Your petition will be due to Co-Curricular Council by September 15. Contact livingwell@northland.edu to register and/or of you have any questions. Instructor approval required in order to register.

Wellness Dimension: Emotional **Prerequisites:** Instructor Consent

SLC 0605 - Life Achievement Equivalency N

**O Credits** Transfer students and non-traditional students may petition for Wellness life achievement equivalency based on previous experience, work, and active participation in the Economic dimension. A transfer student must transfer in at least 24 credits from an accredited institution in order to be considered eligible for the Life Achievement Equivalency petition process. Your petition will be due to Co-Curricular Council by September 15. Contact livingwell@northland.edu to register and/or of you have any questions. Instructor approval required in order to register.

Wellness Dimension: Economic **Prerequisites:** Instructor Consent

**O Credits** Transfer students and non-traditional students may petition for Wellness life achievement equivalency based on previous experience, work, and active participation in the Physical dimension. A transfer student must transfer in at least 24 credits from an accredited institution in order to be considered eligible for the Life Achievement Equivalency petition process. Your petition will be due to Co-Curricular Council by September 15. You must contact livingwell@northland.edu to register or of you have any questions. Instructor approval required in order to register.

Wellness Dimension: Physical **Prerequisites:** Instructor Consent

SLC 0607 - Life Achievement Equivalency S

**O Credits** Transfer students and non-traditional students may petition for Wellness life achievement equivalency based on previous experience, work, and active participation in the Spiritual dimension. A transfer student must transfer in at least 24 credits from an accredited institution in order to be considered eligible for the Life Achievement Equivalency petition process. Your petition will be due to Co-Curricular Council by September 15. You must contact livingwell@northland.edu to register or of you have any questions. Instructor approval required in order to register.

Wellness Dimension: Spiritual **Prerequisites:** Instructor Consent

SLC 0608 - Life Achievement Equivalency V

**0** Credits Transfer students and non-traditional students may petition for Wellness life achievement equivalency based on previous experience, work, and active participation in the Vocational dimension. A transfer student must transfer in at least 24 credits from an accredited institution in order to be considered eligible for the Life Achievement Equivalency petition process. Your petition will be due to Co-Curricular Council by September 15. You must contact livingwell@northland.edu to register or of you have any questions. Instructor approval required in order to register.

Wellness Dimension: Vocational **Prerequisites:** Instructor Consent

SLC 0609 - Advanced Study - Social

**0** Credits Students may apply for Advanced Study in the Social dimension. The advanced study cannot include work in an academic course, work study, work outside the College, or internships. Your application will be due to Co-Curricular Council by September 15. You must contact livingwell@northland.edu in order to register and get application materials, or if you have any questions. Instructor approval required in order to register.

Wellness Dimension: Social **Prerequisites:** Instructor Consent

**0** Credits Students may apply for Advanced Study in the Ecological dimension. The advanced study cannot include work in an academic course, work study, work outside the College, or internships. Your application will be due to Co-Curricular Council by September 15. You must contact livingwell@northland.edu in order to register and get application materials, or if you have any questions. Instructor approval required in order to register.

Wellness Dimension: Ecological Prerequisites: Instructor Consent

SLC 0611 - Advanced Study - Intellectual

**0** Credits Students may apply for Advanced Study in the Intellectual dimension. The advanced study cannot include work in an academic course, work study, work outside the College, or internships. Your application will be due to Co-Curricular Council by September 15. You must contact livingwell@northland.edu in order to register and get application materials, or if you have any questions. Instructor approval required in order to register.

Wellness Dimension: Intellectual **Prerequisites:** Instructor Consent

SLC 0612 - Advanced Study - Emotional

**0** Credits Students may apply for Advanced Study in the Emotional dimension. The advanced study cannot include work in an academic course, work study, work outside the College, or internships. Your application will be due to Co-Curricular Council by September 15. You must contact livingwell@northland.edu in order to register and get application materials, or if you have any questions. Instructor approval required in order to register.

Wellness Dimension: Emotional **Prerequisites:** Instructor Consent

SLC 0613 - Advanced Study - Economic

**0 Credits** Students may apply for Advanced Study in the Economic dimension. The advanced study cannot include work in an academic course, work study, work outside the College, or internships. Your application will be due to Co-Curricular Council by September 15. You must contact livingwell@northland.edu in order to register and get application materials, or if you have any questions. Instructor approval required in order to register.

Wellness Dimension: Economic Prerequisites: Instructor Consent

SLC 0614 - Advanced Study - Physical

**0** Credits Students may apply for Advanced Study in the Physical dimension. The advanced study cannot include work in an academic course, work study, work outside the College, or internships. Your application will be due to Co-Curricular Council by September 15. You must contact livingwell@northland.edu in order to register and get application materials, or if you have any questions. Instructor approval required in order to register.

Wellness Dimension: Physical **Prerequisites:** Instructor Consent

SLC 0615 - Advanced Study - Spiritual

**0** Credits Students may apply for Advanced Study in the Spiritual dimension. The advanced study cannot include work in an academic course, work study, work outside the College, or internships. Your application will be due to Co-Curricular Council by September 15. You must contact livingwell@northland.edu in order to register and get application materials, or if you have any questions. Instructor approval required in order to register.

Wellness Dimension: Spiritual **Prerequisites:** Instructor Consent

SLC 0616 - Advanced Study - Vocational

**0** Credits Students may apply for Advanced Study in the Vocational dimension. The advanced study cannot include work in an academic course, work study, work outside the College, or internships. Your application will be due to Co-Curricular Council by September 15. You must contact livingwell@northland.edu in order to register and get application materials, or if you have any questions. Instructor approval required in order to register.

Wellness Dimension: Vocational **Prerequisites:** Instructor Consent

SLC 0705 - Ethical Leadership & Active Citizenship Level 1

**0 Credits** Dedicated and talented people help move groups and organizations forward. The Center for Ethical Leadership and Active Citizenship provides numerous venues to share and grow your talents. At level one, the focus will be to learn new competencies to build upon your natural strengths.

Course Fee.

Wellness Dimension: Social, Intellectual, Vocational

Corequisites: SLC 0011 SLC 0231

SLC 0706 - Ethical Leadership & Active Citizenship Level 2

**0** Credits Throughout Level One, participants learned new skills and insights to help fortify themselves, but in Level Two, participants will learn the tools and techniques to empower groups of people to act on their visions and responsibilities. The curriculum is

offered in the fall semester and includes an intensive workshop in facilitative leadership, practice working with and leading groups, and participation in critical friends group meetings. At the end of the course, participants are ready to unleash the power of group work. Contact Stacy Craig (scraig@northland.edu) if you have trouble registering. Instructor approval required in order to register.

Wellness Dimension: Social, Emotional, Vocational

**Prerequisites:** Instructor Consent

Corequisites: SLC 0154

SLC 0707 - Active Citizenship Practicum and Certification

**0** Credits This is your invitation to take your vision and develop either a leadership or service outreach project that will contribute to the greater good. You can choose to do a project in Ethical Leadership or Active Citizenship for certification. Upon completion, participants can choose which Wellness dimension to earn credit in, receive special recognition at Honor's Day and graduation, will receive a statement of certification on their co-curricular transcript, and are eligible for campus leadership positions.

Connections Discipline: Various

SLC 0708 - Ethical Leadership Practicum and Certification (can meet various dimensions)

**0** Credits This is your invitation to take your vision and develop either a leadership or service outreach project that will contribute to the greater good. You can choose to do a project in Ethical Leadership or Active Citizenship for certification. Upon completion, participants can choose which Wellness dimension to earn credit in, receive special recognition at Honor's Day and graduation, will receive a statement of certification on their co-curricular transcript, and are eligible for campus leadership positions.

SLC 0709 - Active Citizenship Final Cert S

O Credits This course is for an Active Citizenship project that fulfills Spiritual Wellness and acknowledges the students who participate fully in building healthy and vibrant communities through civic engagement or service learning. After completing Ethical Leadership and Active Citizenship Levels One and Two (or you have completed Level One and are currently enrolled in Level Two), you are eligible to enroll for Active Citizenship Certification. This is a self-directed course where you develop, design, and implement a project of civic engagement or service learning to increase the social or natural capital of a community. You are required to find a mentor, complete the project proposal form, and have approval from the Coordinator of Applied Learning before registering. The project proposal form includes project goals, timelines, budget detail, and an assessment plan. Upon completion, you will receive Wellness Credit in an area appropriate for your proposed project, special recognition on your transcript and on Honor's Day, and a ribbon to wear at graduation. Email Stacy Craig at scraig@northland.edu with any questions. Instructor approval required in order to register.

Wellness Dimension: Spiritual **Prerequisites:** Instructor Consent

SLC 0710 - Active Citizenship Final Cert C

O Credits This course is for an Active Citizenship project that fulfills Social Wellness and acknowledges the students who participate fully in building healthy and vibrant communities through civic engagement or service learning. After completing Ethical Leadership and Active Citizenship Levels One and Two (or you have completed Level One and are currently enrolled in Level Two), you are eligible to enroll for Active Citizenship Certification. This is a self-directed course where you develop, design, and implement a project of civic engagement or service learning to increase the social or natural capital of a community. You are required to find a mentor, complete the project proposal form, and have approval from the Coordinator of Applied Learning before registering. The project proposal form includes project goals, timelines, budget detail, and an assessment plan. Upon completion, you will receive Wellness Credit in an area appropriate for your proposed project, special recognition on your transcript and on Honor's Day, and a ribbon to wear at graduation. Email Stacy Craig at scraig@northland.edu with any questions. Instructor approval required in order to register.

Wellness Dimension: Social **Prerequisites:** Instructor Consent

SLC 0711 - Active Citizenship Final Cert. E

O Credits This course acknowledges the students who participate fully in building healthy and vibrant communities through civic engagement or service learning. After completing Ethical Leadership and Active Citizenship Levels One and Two (or you have completed Level One and are currently enrolled in Level Two), you are eligible to enroll for Active Citizenship Certification. This is a self-directed course where you develop, design, and implement a project of civic engagement or service learning to increase the social or natural capital of a community. You are required to find a mentor, complete the project proposal form, and have approval from the Coordinator of Applied Learning before registering. The project proposal form includes project goals, timelines, budget detail, and an assessment plan. Upon completion, you will receive Wellness Credit in an area appropriate for your proposed project, special recognition on your transcript and on Honor's Day, and a ribbon to wear at graduation. This course is for an Active Citizenship project that fulfills Ecological Wellness. Email Stacy Craig at scraig@northland.edu with any questions. Instructor approval required in order to register.

Wellness Dimension: Ecological Prerequisites: Instructor Consent

SLC 0712 - Active Citizenship Final Cert. M

**0 Credits** This course acknowledges the students who participate fully in building healthy and vibrant communities through civic engagement or service learning. After

completing Ethical Leadership and Active Citizenship Levels One and Two (or you have completed Level One and are currently enrolled in Level Two), you are eligible to enroll for Active Citizenship Certification. This is a self-directed course where you develop, design, and implement a project of civic engagement or service learning to increase the social or natural capital of a community. You are required to find a mentor, complete the project proposal form, and have approval from the Coordinator of Applied Learning before registering. The project proposal form includes project goals, timelines, budget detail, and an assessment plan. Upon completion, you will receive Wellness Credit in an area appropriate for your proposed project, special recognition on your transcript and on Honor's Day, and a ribbon to wear at graduation. This course is for an Active Citizenship project that fulfills Emotional Wellness. Email Stacy Craig at scraig@northland.edu with any questions. Instructor approval required in order to register.

Wellness Dimension: Emotional **Prerequisites:** Instructor Consent

SLC 0713 - Active Citizenship Final Cert. N

O Credits This course acknowledges the students who participate fully in building healthy and vibrant communities through civic engagement or service learning. After completing Ethical Leadership and Active Citizenship Levels One and Two (or you have completed Level One and are currently enrolled in Level Two), you are eligible to enroll for Active Citizenship Certification. This is a self-directed course where you develop, design, and implement a project of civic engagement or service learning to increase the social or natural capital of a community. You are required to find a mentor, complete the project proposal form, and have approval from the Coordinator of Applied Learning before registering. The project proposal form includes project goals, timelines, budget detail, and an assessment plan. Upon completion, you will receive Wellness Credit in an area appropriate for your proposed project, special recognition on your transcript and on Honor's Day, and a ribbon to wear at graduation. This course is for an Active Citizenship project that fulfills Economic Wellness. Email Stacy Craig at scraig@northland.edu with any questions. Instructor approval required in order to register.

Wellness Dimension: Economic Prerequisites: Instructor Consent

SLC 0714 - Active Citizenship Final Cert. I

**O Credits** y in building healthy and vibrant communities through civic engagement or service learning. After completing Ethical Leadership and Active Citizenship Levels One and Two (or you have completed Level One and are currently enrolled in Level Two), you are eligible to enroll for Active Citizenship Certification. This is a self-directed course where you develop, design, and implement a project of civic engagement or service learning to increase the social or natural capital of a community. You are required to find a mentor, complete the project proposal form, and have approval from the Coordinator of Applied Learning before registering. The project proposal form includes project goals, timelines, budget detail, and an assessment plan. Upon completion, you will receive Wellness Credit in an area appropriate for your proposed project, special

recognition on your transcript and on Honor's Day, and a ribbon to wear at graduation. This course is for an Active Citizenship project that fulfills Intellectual Wellness. Email Stacy Craig at scraig@northland.edu with any questions. Instructor approval required in order to register.

Wellness Dimension: Intellectual **Prerequisites:** Instructor Consent

SLC 0715 - Active Citizenship Final Cert. V

O Credits This course acknowledges the students who participate fully in building healthy and vibrant communities through civic engagement or service learning. After completing Ethical Leadership and Active Citizenship Levels One and Two (or you have completed Level One and are currently enrolled in Level Two), you are eligible to enroll for Active Citizenship Certification. This is a self-directed course where you develop, design, and implement a project of civic engagement or service learning to increase the social or natural capital of a community. You are required to find a mentor, complete the project proposal form, and have approval from the Coordinator of Applied Learning before registering. The project proposal form includes project goals, timelines, budget detail, and an assessment plan. Upon completion, you will receive Wellness Credit in an area appropriate for your proposed project, special recognition on your transcript and on Honor's Day, and a ribbon to wear at graduation. This course is for an Active Citizenship project that fulfills Vocational Wellness. Email Stacy Craig at scraig@northland.edu with any questions. Instructor approval required in order to register.

Wellness Dimension: Vocational **Prerequisites:** Instructor Consent

SLC 0716 - Active Citizenship Final Cert. P

O Credits This course acknowledges the students who participate fully in building healthy and vibrant communities through civic engagement or service learning. After completing Ethical Leadership and Active Citizenship Levels One and Two (or you have completed Level One and are currently enrolled in Level Two), you are eligible to enroll for Active Citizenship Certification. This is a self-directed course where you develop, design, and implement a project of civic engagement or service learning to increase the social or natural capital of a community. You are required to find a mentor, complete the project proposal form, and have approval from the Coordinator of Applied Learning before registering. The project proposal form includes project goals, timelines, budget detail, and an assessment plan. Upon completion, you will receive Wellness Credit in an area appropriate for your proposed project, special recognition on your transcript and on Honor's Day, and a ribbon to wear at graduation. This course is for an Active Citizenship project that fulfills Physical Wellness. Email Stacy Craig at scraig@northland.edu with any questions. Instructor approval required in order to register.

Wellness Dimension: Physical **Prerequisites:** Instructor Consent

SLC 0717 - Ethical Leadership Final Cert. S

O Credits This course acknowledges the students who take a leadership role and make contributions to their communities by implementing a project they believe in. After completing Ethical Leadership and Active Citizenship Levels One and Two (or you have completed Level One and are currently enrolled in Level Two), you are eligible to enroll for Ethical Leadership Certification. This is a self-directed course where you develop, design, and implement a unique leadership project either on or off campus. You are required to find a mentor, complete the project proposal form, and have approval from the Coordinator of Applied Learning before registering. The project proposal form includes project goals, timelines, budget detail, and an assessment plan. Upon completion, you will receive Wellness Credit in an area appropriate for your proposed project, special recognition on your transcript and on Honor's Day, and a ribbon to wear at graduation. This course is for an Ethical Leadership project that fulfills Spiritual Wellness. Email Stacy Craig at scraig@northland.edu with any questions. Instructor approval required in order to register.

Wellness Dimension: Spiritual **Prerequisites:** Instructor Consent

SLC 0718 - Ethical Leadership Final Cert. C

O Credits This course acknowledges the students who take a leadership role and make contributions to their communities by implementing a project they believe in. After completing Ethical Leadership and Active Citizenship Levels One and Two (or you have completed Level One and are currently enrolled in Level Two), you are eligible to enroll for Ethical Leadership Certification. This is a self-directed course where you develop, design, and implement a unique leadership project either on or off campus. You are required to find a mentor, complete the project proposal form, and have approval from the Coordinator of Applied Learning before registering. The project proposal form includes project goals, timelines, budget detail, and an assessment plan. Upon completion, you will receive Wellness Credit in an area appropriate for your proposed project, special recognition on your transcript and on Honor's Day, and a ribbon to wear at graduation. This course is for an Ethical Leadership project that fulfills Social Wellness. Email Stacy Craig at scraig@northland.edu with any questions. Instructor approval required in order to register.

Wellness Dimension: Social **Prerequisites:** Instructor Consent

SLC 0719 - Ethical Leadership Final Cert. E

**O Credits** This course acknowledges the students who take a leadership role and make contributions to their communities by implementing a project they believe in. After completing Ethical Leadership and Active Citizenship Levels One and Two (or you have completed Level One and are currently enrolled in Level Two), you are eligible to enroll for Ethical Leadership Certification. This is a self-directed course where you develop, design, and implement a unique leadership project either on or off campus. You are required to find a mentor, complete the project proposal form, and have approval from the Coordinator of Applied Learning before registering. The project proposal form

includes project goals, timelines, budget detail, and an assessment plan. Upon completion, you will receive Wellness Credit in an area appropriate for your proposed project, special recognition on your transcript and on Honor's Day, and a ribbon to wear at graduation. This course is for an Ethical Leadership project that fulfills Ecological Wellness. Email Stacy Craig at scraig@northland.edu with any questions. Instructor approval required in order to register.

Wellness Dimension: Ecological Prerequisites: Instructor Consent

SLC 0720 - Ethical Leadership Final Cert. M

O Credits This course acknowledges the students who take a leadership role and make contributions to their communities by implementing a project they believe in. After completing Ethical Leadership and Active Citizenship Levels One and Two (or you have completed Level One and are currently enrolled in Level Two), you are eligible to enroll for Ethical Leadership Certification. This is a self-directed course where you develop, design, and implement a unique leadership project either on or off campus. You are required to find a mentor, complete the project proposal form, and have approval from the Coordinator of Applied Learning before registering. The project proposal form includes project goals, timelines, budget detail, and an assessment plan. Upon completion, you will receive Wellness Credit in an area appropriate for your proposed project, special recognition on your transcript and on Honor's Day, and a ribbon to wear at graduation. This course is for an Ethical Leadership project that fulfills Emotional Wellness. Email Stacy Craig at scraig@northland.edu with any questions. Instructor approval required in order to register.

Wellness Dimension: Emotional **Prerequisites:** Instructor Consent

SLC 0721 - Ethical Leadership Final Cert. N

O Credits This course acknowledges the students who take a leadership role and make contributions to their communities by implementing a project they believe in. After completing Ethical Leadership and Active Citizenship Levels One and Two (or you have completed Level One and are currently enrolled in Level Two), you are eligible to enroll for Ethical Leadership Certification. This is a self-directed course where you develop, design, and implement a unique leadership project either on or off campus. You are required to find a mentor, complete the project proposal form, and have approval from the Coordinator of Applied Learning before registering. The project proposal form includes project goals, timelines, budget detail, and an assessment plan. Upon completion, you will receive Wellness Credit in an area appropriate for your proposed project, special recognition on your transcript and on Honor's Day, and a ribbon to wear at graduation. This course is for an Ethical Leadership project that fulfills Economic Wellness. Email Stacy Craig at scraig@northland.edu with any questions. Instructor approval required in order to register.

Wellness Dimension: Economic Prerequisites: Instructor Consent

O Credits This course acknowledges the students who take a leadership role and make contributions to their communities by implementing a project they believe in. After completing Ethical Leadership and Active Citizenship Levels One and Two (or you have completed Level One and are currently enrolled in Level Two), you are eligible to enroll for Ethical Leadership Certification. This is a self-directed course where you develop, design, and implement a unique leadership project either on or off campus. You are required to find a mentor, complete the project proposal form, and have approval from the Coordinator of Applied Learning before registering. The project proposal form includes project goals, timelines, budget detail, and an assessment plan. Upon completion, you will receive Wellness Credit in an area appropriate for your proposed project, special recognition on your transcript and on Honor's Day, and a ribbon to wear at graduation. This course is for an Ethical Leadership project that fulfills Intellectual Wellness. Email Stacy Craig at scraig@northland.edu with any questions. Instructor approval required in order to register.

Wellness Dimension: Intellectual Prerequisites: Instructor Consent

SLC 0723 - Ethical Leadership Final Cert. V

O Credits This course acknowledges the students who take a leadership role and make contributions to their communities by implementing a project they believe in. After completing Ethical Leadership and Active Citizenship Levels One and Two (or you have completed Level One and are currently enrolled in Level Two), you are eligible to enroll for Ethical Leadership Certification. This is a self-directed course where you develop, design, and implement a unique leadership project either on or off campus. You are required to find a mentor, complete the project proposal form, and have approval from the Coordinator of Applied Learning before registering. The project proposal form includes project goals, timelines, budget detail, and an assessment plan. Upon completion, you will receive Wellness Credit in an area appropriate for your proposed project, special recognition on your transcript and on Honor's Day, and a ribbon to wear at graduation. This course is for an Ethical Leadership project that fulfills Vocational Wellness. Email Stacy Craig at scraig@northland.edu with any questions. Instructor approval required in order to register.

Wellness Dimension: Vocational **Prerequisites:** Instructor Consent

SLC 0724 - Ethical Leadership Final Cert. P

**0** Credits This course acknowledges the students who take a leadership role and make contributions to their communities by implementing a project they believe in. After completing Ethical Leadership and Active Citizenship Levels One and Two (or you have completed Level One and are currently enrolled in Level Two), you are eligible to enroll for Ethical Leadership Certification. This is a self-directed course where you develop, design, and implement a unique leadership project either on or off campus. You are

required to find a mentor, complete the project proposal form, and have approval from the Coordinator of Applied Learning before registering. The project proposal form includes project goals, timelines, budget detail, and an assessment plan. Upon completion, you will receive Wellness Credit in an area appropriate for your proposed project, special recognition on your transcript and on Honor's Day, and a ribbon to wear at graduation. This course is for an Ethical Leadership project that fulfills Physical Wellness. Email Stacy Craig at scraig@northland.edu with any questions. Instructor approval required in order to register.

Wellness Dimension: Physical **Prerequisites:** Instructor Consent

Sociology and Social Justice

SOC 111 - Introduction to Sociology

**4 Credits** Students learn concepts and methods of sociology by studying the basic structure of social life, culture, group interaction, social institutions, stratification, power, and social problems.

Connections Discipline: Social Science

SOC 120 - Gender and Work in the Watershed

4 Credits Students focus on the sociological features of work in society, and then evaluate the role and effect of gender in the labor market and amongst laborers. They also evaluate the gendering and gender dynamics of paid and unpaid labor, with particular emphasis on the Lake Superior watershed. Explorations of various gender issues in real life work situations and travel to certain cities for analysis are integral to the course.

SOC 130 - Workshop in Conflict Resolution

**4 Credits** An entry level course designed to familiarize students with the major questions and basic issues, concepts, and vocabulary associated with the study of peace and conflict resolution. Along with lectures, readings, and videos, students are given ample opportunity for practice and discussion of various methods of conflict resolution.

Connections Discipline: Social Science

SOC 214 - Native Americans in Modern Society

**3 Credits** Students examine the current conditions of indigenous peoples of the Americas from a sociological perspective. The course emphasizes the modern forms of tribal organization, the impact of Federal Indian Policy, and the political and ethnic resurgence that has influenced indigenous individual and collective identity.

Connections Discipline: Social Science

SOC 225 - Social Problems

**3 Credits** Students critically analyze the structural sources of American and global social problems through an examination of wealth, power, and the institutional arrangements that perpetuate poverty, injustice, war, environmental degradation, and racial and social inequality.

Connections Discipline: Social Science

SOC 226 - Social Movements

**3 Credits** Students study the nature and forms of social change through an examination of social movements, collective behavior, and revolution.

Connections Discipline: Social Science

SOC 234 - Sociology of Gender

**3 Credits** Students study the development, operation, and consequences of gender socialization, both male and female. The course focuses on comparisons of gender roles in various cultures and societies, and on the effects of gender on inequality, sexual orientation, values, and belief.

Connections Discipline: Social Science

SOC 236 - Sociology of Sexuality

**4 Credits** This course provides an overview of sexualities from a sociological perspective within the context of the United States, with some cross cultural comparisons. Students study how sexuality is socially constructed and focus on how people become sexual beings, understanding sexual identities, sexual subcultures, sexual "deviance", and the sex-for-profit industry.

Connections Discipline: Social Science

SOC 240 - Cultural Ecology

**3 Credits** This course focuses on how humans have gathered and distributed food throughout history. Students examine the consequences of various methods of food production on the other aspects of culture such as religion, politics, and inequality. They also examine human-nature interactions and conceptions of nature found in various cultures that are a result of human food production methods.

Connections Discipline: Social Science

SOC 260 - Sociology in the Lake Superior Watershed and the World

**4 Credits** In this introduction to sociological reasoning, students objectively interpret patterns of social life both within and outside of the Lake Superior watershed as a means to understanding, explaining, and predicting how people behave and how societies change. Through the systematic examination of social variables, students come to understand their place in the world and how the world around them shapes their behavior.

Connections Discipline: Social Science

**Prerequisites:** Enrollment in Superior Connections

**Corequisites:** XSS 215

SOC 284 - Sociology of Religion

**3 Credits** An investigation of the role of religion in human society, including the varieties of religious organizations, the function of religion and religious movements in the modern world, and the relationship of these phenomena to other attributes of social organization such as ethnicity and social class. Consideration of new religious movements such as New Age, ecofeminism, and spirituality. The role of religion as a source of both social conflict and cohesion will be considered so that the religious dimension in compelling social issues such as poverty and war may be understood.

Connections Discipline: Social Science

SOC 301 - Mass Media and Popular Culture

**3 Credits** Students examine the relationship between media productions and society through the comparative study of Western and non-Western film, music, television, print media and radio. Sociological analysis of how mass media and popular culture affect social structure, organization, behavior, and identity is a focus.

Connections Discipline: Social Science

SOC 302 - Sociology of Culture

**3 Credits** Students examine the links between culture, modernity, and post modernity through the analysis of cultural productions, power, moral discourse, and the audience in a variety of Western and non-Western societies.

**Prerequisites:** SOC 111

SOC 315 - Sociology of Community

**3 Credits** Students study urban, rural, and intentional communities, with an emphasis on the nature of community, place, neighborhood, development, and change.

**Connections Discipline:** Social Science

SOC 332 - Crime, Deviance, and Social Justice

**3 Credits** Students examine the social construction of the law, the courts, crime, imprisonment, and justice. The course emphasizes the differential application of the law, the myths of crime and deviant behavior, and the uses of the legal system for political and social ends.

Connections Discipline: Social Science

SOC 336 - The Nature of Social Inequality

**4 Credits** Students analyze the major forms of socially structured inequality in American society, emphasizing how wealth, power, and life chances affect different racial, ethnic, indigenous, gender, and national groups.

Connections Discipline: Social Science

SOC 338 - Political Sociology

**4 Credits** Students study political phenomena including power, parties, and the early and modern states, including their relation to region, social class, ethnicity, and the global community. SOC 336 is recommended preparation for this course.

Connections Discipline: Social Science

SOC 341 - Sociology of the Environment

**3 Credits** Students study the challenges, societal impact, and organization of environmental groups and movements, with an emphasis on contemporary issues, tactics, and ideologies.

Connections Discipline: Social Science

SOC 342 - Australian and New Zealand Culture Preparation

**0 Credits** This is a prepatory course for students who enroll in SOC 343 - Australian and New Zealand Culture, a May term travel course.

Prerequisites: Instructor Consent

SOC 343 - Australian and New Zealand Culture

**4 Credits** Students study environmental and social issues in Australia and New Zealand, while traveling in the regions and among the cultures associated with the issues. Specific sites visited during the course include the Sydney Opera House, the Blue Mountains, the Great Barrier Reef, the Bay of Islands, Mt. Cooke, and the Daintree Rainforest—the only Cultural and Natural World Heritage site in the world.

Course Fee.

Connections Discipline: Social Science or Experiential

Prerequisites: SOC 342 and Instructor Consent

SOC 368 - Global Inequality

**4 Credits** Students study the forms, causes and consequences of global inequalities. Globalization produces winners and losers, and this course explores those individuals, companies, and countries that benefit from globalization as well as those who are harmed by it. Additionally, the course will analyze how demographic trends play a role in the globalization process.

**Connections Discipline:** Social Science **Prerequisites:** SOC 111 or Instructor Consent

**4 Credits** Students study methods used in social science research, including surveys, interviewing, ethnography, participatory action, content analysis, and secondary analysis. Students also apply basic statistical concepts to real social issues through the use of computer-assisted statistical packages such as R and SPSS. Finally, students apply their new knowledge and skills by completing research projects and presenting them to the class.

**Prerequisites:** MTH 107

SOC 374 - Human Rights and Social Justice

**3 Credits** Through written texts, videos, and personal life stories, students explore how groups have been denied basic human rights. Additionally, students learn about the numerous methods groups have used to gain human rights. Finally, students research, using the case study method, one group and its struggle to achieve human rights.

Connections Discipline: Social Science

**Prerequisites:** IDS 105

SOC 381 - Undoing Racism

**3 Credits** This course teaches students how to understand race and racism from a sociological perspective. American culture teaches us that we should not pay attention to race because it only makes inequality worse. This leaves us ill-prepared to interact with difference or understand inequality. In this course, students become familiar with the data that examine how race and ethnicity are tied to inequality and privilege, and they develop skills for dealing with racial / ethnic differences in a variety of contexts.

Prerequisites: SCD 110 or SOC 111

SOC 448 - Sociological Theory

**3 Credits** Students survey sociological theory from pre-modern times to the present. The course emphasizes the contributions of classical theorists to contemporary sociological practice.

SOC 472 - Advanced Justice Studies

**4 Credits** Students read, discuss, and debate numerous theoretical perspectives concerning justice and apply them to specific topical areas related to the instructor's expertise.

**Prerequisites:** IDS 105 and SOC 111

SOC 488 - Capstone in Sociology and Social Justice

**4 Credits** This course provides students with the necessary skills to complete a social science research project of their choosing, with the guidance of the professor and other

students in class. This is a seminar in which students read and discuss social science research.

**Prerequisites:** SOC 370

Writing

WRI 260 - Introduction to Creative Writing

**3 Credits** This course is a workshop in writing poetry and short fiction. Students explore their creative potential in the genres through exercises, writing/revision of poems and stories, peer review, and reading the work of prominent poets and writers.

WRI 273 - Writing the Environmental Essay

**3 Credits** Workshop in writing the creative nature essay.

**Prerequisites:** ENG 110, a Connections Block, or Writing Assessment Score of 3 or above

WRI 361 - Creative Writing: Fiction

**3 Credits** This course focuses on the study and practice of short story writing. Students are given in- and out-of-class exercises to facilitate story ideas; the course also involves small and large group workshops, with discussions of student work. At the end of term, students present their stories in a public venue.

**Prerequisites:** WRI 260

WRI 362 - Creative Writing: Poetry

**3 Credits** In this workshop course, students practice the art and craft of writing poetry, as well as reading the work of established contemporary poets.

**Prerequisites:** WRI 260

WRI 363 - Writing Literary NonFiction

**3 Credits** This course is a workshop in writing literary nonfiction. Reading, writing assignments, and discussion explore the wide mix of memoir, travel writing, literary journalism, and personal essay that comprises the genre of literary nonfiction.

**Prerequisites:** WRI 260

WRI 461 - Seminar in Fiction Writing

**4 Credits** This seminar is an advanced workshop in fiction writing. Students write 3-4 medium length short stories (30-40 pages total), which are read and critiqued by the class as a whole. The course is a capstone option for Writing majors.

**Prerequisites:** WRI 260

WRI 462 - Seminar in Poetry Writing

**4 Credits** This course is an advanced workshop in writing poetry and is a capstone option for writing majors.

**Prerequisites:** WRI 260

WRI 489 - Senior Honors Thesis

**3 Credits** Students complete a long scholarly or creative work with a thesis director. The thesis is presented to the College community in a public reading. Students may only take this course by invitation of the English Program Coordinator. This course is not a capstone option for Writing majors.

Prerequisites: Instructor Consent

Connections Curriculum

XENG 101 - Composition Tutorial

**0** Credits This tutorial provides supplemental instruction for students enrolled in Foundations in Nature blocks. Students complete writing exercises that complement assignments required in block courses, and through these exercises develop strategies for effectively engaging in the writing process as well as the knowledge required to accurately evaluate their own writing. Successful students acquire the confidence and skills required to continue improving their writing beyond the course.

**Corequisites:** Enrollment in Growing Connections or Superior Connections

XHH 105 - Growing Connections Fall 1: Agricultural Humanities

**0** Credits Connections Block: ENG 165-B005 Agricultural and Pastoral Literature and HIS 120-B005 History of Agricultural Production in the United States Agricultural Humanities is part of a larger Growing Connections curriculum (4 courses in the fall with the option to continue in the winter/spring and beyond). This portion focuses on the historical context of agricultural production in the United States and provides a survey of literary responses to how humans grow food and imagine the countryside. The Agricultural Humanities block must be taken concurrently with the Sustainable Food and Agriculture block.

XHH 110 - Exploring Meaning in the World

**0 Credits** Connections Block: REL 258 Religion and Nature and OED 224 North Woods Pathways

This block provides a unique opportunity to bring religion and natural awareness into a unified study.

**Connections Discipline:** Humanities

XHH 115 - Superior Connections Fall 1: Lake Superior Lives and Stories

**0** Credits Connections Block: ENG 126-B004 Confluences and NAS 160-B004 Lake Superior Ojibwe (Superior Connections First Year Fall Semester) Students explore the unique sense of identity and place among the peoples and communities of the Lake Superior Region. They examine these relationships through the lens of history, memory, culture, writing, artistic expression, and human relationships to the natural environment. **Connections Discipline:** Experiential

XHH 164 - Identity through American Design

**0** Credits Connections Block: ART 106-B012 Design Studio and HIS 266-B012 American Material Culture This is Winter-May block. Students must successfully completed ART 106-B012 Design Studio in winter and HIS 266-B012 American Material Culture in May to receive credit for XHH-164-B012. In this block, students are exposed to the history and practice of visual and material expression throughout American history and today.

**Connections Discipline:** Humanities

XHH 205 - Arts and Cultural Encounters

**0** Credits Connections Block: HUM 249-B010 Voices of the American West and NAS 211-B010 Native American History to 1838 Students explore a variety of cultural encounters and human interactions in Native American history and the American arts spanning the 18th, 19th, and 20th centuries. They engage with themes, such as creative expression, human resiliency, colonialism, expansion, and the myths and realities of American history.

**Connections Discipline:** Humanities

XHH 210 - Asian Religions in Global Context

**0** Credits Connections Block: HIS 111-B006 History of World Civilizations to 1500 and REL 230-B006 Asian Religions and Philosophies In this block, students will study the content of various Asian religions and philosophies in the context of global history. In particular, students: connect the roots of each religion to the historical context that produced it; compare the doctrines and beliefs of various religious and philosophical systems; study the patterns of religious change across regions and times periods; trace the impacts of various religions on Asian political, economic, and social history; and juxtapose Asian religions and philosophies to Western religions and philosophies such as Jusiasm, Christianity, Islam and Western humanism.

**Connections Discipline:** Humanities

XHH 212 - World Religions

Connections Block: REL 229 Idea of God and REL 230 Asian Religions and Philosophies This block of religion courses provides a basic grounding in selected, major world religions. By engaging these traditions at the same time, the commonalities and contrasts are clarified and greater, contextual understanding results. Both courses will

focus on the basic tenets, traditional and contemporary practices, as well as contemporary challenges within each tradition

XHH 215 - Monotheism in Global Context

**0** Credits Connections Block: HIS 111-B011 History of World Civilizations to 1500 and REL 229-B011 The Idea of God In this block, students study the content of Judaism, Christianity and Islam, and then explore the ways that these religious traditions were shaped by their historical contexts, and how, in turn, they had enormous impacts on Middle Eastern and Western political, economic, and social history. In addition, students trace the outlines of the interactions of these religions with Western humanism.

**Connections Discipline:** Humanities

XHH 220 - A-B positive (Art/Buddhism)

**0** Credits Connections Block: ART 111-B003 Drawing I and REL 231-B003 Buddhism This block connects the study of the Buddhist religion to the art of drawing. Buddhism has contributed to art history in myriad ways that utilize the art of the pen or brush. Students will have hands-on experience in studio with traditional drawing techniques as well as those influenced by Buddhism.

**Connections Discipline:** Humanities

XHH 225 - Ethics and Human Rights

**0 Credits** Connections Block: PHL 225-B013 Ethics and REL 270-B013 Religion and Human Rights This block brings religion and philosophy into dialogue examining philosophical ethical theories and their application as well as religious systems of thought on human rights.

**Connections Discipline:** Humanities

XHH 230 - Women of the World

**0 Credits** Connections Block: NAS 250 Native American Women's History and ENG 233 Women of the Third World

Students explore the diverse experiences and perspectives of women from around the world including Native American women and women in Africa, Latin America, the Middle East, and Asia.

**Connections Discipline:** Humanities

XHH 235 - Gender, Society, and Nature

**0 Credits** Connections Block: GWS 266 Ecofeminism and HIS 260 Gender in Modern Europe

This block traces the history of gender relations in Western Civilization over the past 250 years and aligns that history with current feminist theories and practices regarding the

relationship of gender to environmental issues, conceptions of nature, and inequality. **Connections Discipline:** Humanities

XHH 241 - The Middle East and the Muslim World

**0** Credits Connections Block: ENG 228-B002 Literature of the Arab World and HIS 263-B002 History of the Middle East In this block students explore the culture and history of the Middle East, and especially Arab Literature. The courses cover the rise of Islam and its affect on the culture of the Middle East, the nature of Western involvement in the region, and the roots of current conflicts in the area. Students also get a solid grounding in the ways that Islam shapes modern gender roles, conceptions of community and society, and governmental structures. Special attention is given to the role that oil has played in the region's history and power politics.

**Connections Discipline:** Humanities

XHH 245 - Roots of the Western World

Connections Block: ENG 213 Literature of the Western Worlds and HIS 221 History of Medieval Europe

This block traces the development of literature and culture in Europe from the Ancient Greeks to the Renaissance, with an emphasis on the Medieval Period.

**Connections Discipline:** Humanities

XHH 261 - Gender and Environment

**0** Credits Connections Block: GWS 266-B001 Ecofeminism and HIS 209-B001 Gender in the United States Landscape This block examines critical moments and theories at the intersection of the construction of gender and nature in the United States over the past two centuries. Topics include conceptions of the body, the landscape, and power in American culture; women's health, work, leisure, and consumer habits; ecofeminist politics; and gender as understood through physical space.

**Connections Discipline:** Humanities

XHH 269 - Contemporary Western Art and Philosophy

**0 Credits** Connections Block: ART 232-B014 Contemporary Art History and PHL 282-B014 Contemporary Western Philosophy We survey trends and individual contributions to the development of Art and Philosophy from the late 1800's to the present. We will explore the influences of historical, cultural, and technical developments on the development of Art and Philosophy.

**Connections Discipline:** Humanities

XHH 305 - Language, Literature, and Meaning

**O Credits** Connections Block: ENG 384-B007 Literary Criticism and PHL 330-B007 Philosophy of Language Students explore the nature of meaning from the perspectives of philosophy and literary criticism. Studying the schools of criticism and the philosophy of language, the class investigates the meaning/language connection, how language hooks onto the world, the sense/nonsense distinction, the role of context in meaning and understanding, connections between theory, criticism, and literature, and how theoretical approaches to the study of literature question and shape the making of meaning in literary texts.

Connections Discipline: Humanities Prerequisites: Any ENG course

XHI 105 - Energy, Design, and Aesthetics

**0** Credits Connections Block: PHL 266-B100 Environmental Aesthetics and SCD 160-B100 Renewable Energy and Sustainable Design Students investigate the aesthetics of cultural and natural environments while studying principles of energy production and green building practices. Applying European, American, and Japanese models of aesthetics to human landscapes, students examine climate appropriate building designs and sustainable methods of energy production.

XHI 200 - Superior Connections 2: Reading the Waters and Confluences II

**0** Credits Connections Block: ENG 229-B101 Reading the Waters and IDS 250-B101 Confluences II Building on experiences in first-semester Superior Connections blocks, students study literature of the Lake Superior Watershed as well as places and communities that they will visit during the May circumnavigation. Particular attention is given to the development of skills in critical reading, writing, speaking, and research.

XHN 105 - Nature in Life and Literature

**0** Credits Connections Block: BIO 115-B202 Concepts of Biology and ENG 211-B202 Humanity and Nature in Literature This two-course block addresses environmental issues and views of nature from the distinct perspectives of science and the humanities. Students acquire an understanding of the foundation in biology (genetics, water issues, etc.) as well as exposure to those same issues through the reading of appropriate literature (novel, play, short stories, essays, and poetry).

**Prerequisites:** ENG 110 or Connections Block

XHN 110 - Exploring Meaning in the Universe

**0** Credits Connections Block: REL 258-B201 Religion and Nature and PHY 104-B201 Introduction to Astronomy This block examines the connection human beings have to "nature," from local surroundings to the entire universe. Quite often this connection to, and understanding of, nature is viewed through the lens of various world religions. It is also the case that religion is sometimes shaped by scientific understanding. Religion and Nature takes the position that the current relationship championed by human beings and

world religions has lead to irreparable harm. Introduction to Astronomy examines the relationship between science and religion and discusses the possibility that this relationship is not unidirectional.

XHN 115 - Growing Connections 2: Food, Religion, and Geology

**0 Credits** Connections Block: REL 273-B200 World Religions Foodways and GSC 107-B200 Geology and Agriculture (Growing Connections First-year Winter Block) The block is an interdisciplinary study of agriculture through the lens of religious studies and geoscience.

XHN 120 - B203 - Rock Solid Thinking

Connections Block: GSC 120 Physical Geology and PHL 270 - Philosophy of Science Acquire the knowledge and background to answer geologic questions and to appreciate the diversity of the physical landscape and the processes that shape it. Gain knowledge to appreciate the complexity of environmental problems. At the same time, learn about the history of science, its methods, its rise to prominence, and the challenges it has faced and which it faces today.

Connections Discipline: Humanities and Natural Science

XHN 125 - Natural Hazards

**0 Credits** Connections Block: ENG 160 Natural Disasters in Literature and Film and GSC 140 Natural Hazards

This block examines natural hazards and disasters, exploring natural events and crises as geologic processes, as subjects of literature and film, and as social and environmental problems.

**Connections Discipline:** Humanities and Natural Sciences

XHS 105 - The Structure of Disaster

**0 Credits** Connections Block: ENG 160-B300 Natural Disasters in Literature and Film and SOC 225-B300 Social Problems Disasters come in many forms, seemingly striking out of the blue and leaving people to pick up the pieces. Many recent disasters, both social and ecological, illustrate the failure of social structures and institutions, in general and in responding to catastrophe. In this block we explore the social problems that underpin disaster, as well as literary and cinematic representations of disaster and apocalypse.

XHS 107 - Gender, Society, and Disaster

**0** Credits Connections Block: ENG 160-B301 Natural Disasters in Literature and Film and SOC 234-B301 Sociology of Gender This block examines the various ways in which gender and other cultural factors such as race and class are tied to disaster. We examine

both the gendered implications of disasters and contemporary representations of gender, disaster, and apocalypse.

XHS 115 - Developing Business Presentations

**0 Credits** Connections Block: ENG 180 Public Speaking and BUS 229 Small Business Management

This blocked course will develop students' public speaking skills for application in a professional business environment.

Connections Discipline: Humanities and Social Sciences

XHS 117 - Developing Business Presentations II

**0 Credits** Connections Block: ENG 180 Public Speaking and BUS 232 Principles and Practice of Management

This blocked course will develop students' public speaking skills for application in a professional business environment.

Connections Discipline: Humanities and Social Sciences

XHS 119 - Developing Business Presentations

Connections Block: BUS 228 Marketing Management and ENG 180 Public Speaking This blocked course will develop students' public speaking skills for application in a professional business environment.

Connections Discipline: Social Science and Humanities

XHS 200 - Collapse

**0** Credits Connections Block: ENG 234-B302 Science Fiction and Societal Collapse and SCD 215-B302 Collapse and Sustainability. Discussions of societal collapse capture the minds and hearts of scientists and artists alike. Scientists have studied past and present examples of societal collapse and sustainability. Likewise, science fiction writers have described marvelous utopian societies and created cruel and unforgiving worlds of complete chaos. In this block, the courses uncover empirical, science-based case studies and imaginary, fiction-based worlds found in scientific and humanist traditions. The block brings together fantasy and reality through discussions of collapse and sustainability, and through a creative thought experiment, challenges students to explore possible futures.

XHS 205 - Groups and Counterculture

**0 Credits** Connections Block: MUS 217-B305 Music in World Culture and OED 221-B305 Group Process What forces are at work within groups and how can we live and work successfully within them? Topics include group dynamics, leadership, power, conformity, communication, conflict, morality and ethics, diversity, subcultures and countercultures. Insights come from theories in sociology, psychology, leadership and

education as well as from case studies in outdoor education, business, community organizing, juries, war, and music groups from around the world.

XNN 105 - Growing Connections Fall 1: Sustainable Food and Agriculture

**O Credits** Connections Block: BIO 115-B602 Concepts of Biology and CHM 103-B602 Chemistry of Food Sustainable Food and Agriculture is part of a larger Growing Connections sequence of courses (four courses in the fall semester with the option to continue in the winter/spring and beyond) that focuses on the history, theories, and practices of sustainable agriculture. This portion focuses on the biology and chemistry of food and agriculture in sustainable systems. Students in Growing Connections work closely with faculty mentors and regional farmers in classrooms, labs, and in the field to develop a comprehensive understanding of the role that agriculture plays in the lives of individuals and their communities.

XNN 110 - Revenge of the Ecosystem

**0 Credits** Connections Block: BIO 115-B603 Concepts of Biology and CHM 105-B603 Chemistry in Social Context Students examine the impact of human activity on the environment and the resultant consequences for both human health and ecological sustainability. Particular attention is given to the chemistry and biology of our local watershed.

XNN 115 - Superior Connections Fall 1: Natural Setting of Lake Superior

**0** Credits Connections Block: BIO 128-B604 Natural History and Conservation in Lake Superior Watershed and GSC 112-B604 Geoscience Issues of Lake Superior Part of the Superior Connections program. In this block students explore and learn about the natural setting of the Lake Superior Basin; specifically, the geology and natural history. This block is only open to students who have applied and been accepted to the Superior Connections program.

**Prerequisites:** Enrollment in Superior Connections

XNN 120 - Science & Society

**0 Credits** Connections Block PHY 110 - General Physics I, CHM 110 - General Chemistry, and MTH 141 - Calculus II. An integrative approach to understanding the foundations of science and mathematics and its contribution to society through a historical perspective.

**Prerequisites:** MTH 140.

XNN 125 - The Unsettled Earthscape

**0** Credits Connections Block: GSC 120-B600 Physical Geology and MET 270-B600 Oceanography This block examines processes that have given the Earth its current shape and how these processes might change the future shape of the Earth. Processes are

studied from a geologic and oceanographic perspective and include: the circulation of water and air, volcanism, the rock cycle, nutrient cycling in the ocean, mixing of the ocean, waves, shorelines, tectonic activity, hurricane formation and movement, and sea floor and sediments.

XNN 130 - Your 2050 Weather Forecast

**0 Credits** Connections Block: CHM 245-B601 Atmospheric Chemistry and Climate and MET 125-B601 Introduction to Meteorology In this block, students investigate the foundations of meteorology and atmospheric chemistry as well as how the local, regional, and global climate will change in the near future.

XNN 135 - In Search of Aliens

**0 Credits** Connections Block: PHY 104 Introduction to Astronomy and BIO 115 Concepts of Biology

Participants in this block will join the current search for extraterrestrial life. To do this, students will be exposed to the basic building blocks of life as well as how we can conduct a search from the safety of our own planet.

Wellness Dimension: Natural Sciences

XNN 305 - Connecting Hydrology with GIS

**0 Credits** Connections Block: GSC 305 Hydrology and GIS 301 Intermediate GIS Applications

Students learn about the occurrence and movement of water in the atmosphere, over land, and in the ground. This block focuses on the processes of the hydrologic cycle and visualization and analysis using GIS. Students will experience common approaches to studying hydrology from the GIS community.

**Connections Discipline:** Natural Sciences

XNS 105 - Response to Climate Change

**O Credits** Connections Block: BIO 115-B700 Concepts of Biology and IDS 130-B700 Climate and Complexities of Societal Change Understanding global climate change requires knowledge not only of the scientific concepts involved but also of the complicating social factors. Citizens and leaders must understand the science behind the issue before they can make informed decisions; scientists must understand the social forces affecting their research. Working across the disciplines of biology and environmental studies, we will explore the responses of biological systems to current and past climate change, the societal and psychological impacts of the climate issue, and creative responses to concerns about the future of the environment and humanity.

XNS 200 - Earth Resources and Economics

**0 Credits** Connections Block: GSC 233-B701 Earth Resources and BUS 226-B701 Essentials of Economics This block studies the economics and geology that drive extraction and use of mineral, energy, and water resources. Environmental impacts of resource use and economically realistic alternatives are covered in detail.

Prerequisites: Any 100-level GSC course

XSS 205 - Economic Geography

**0 Credits** Connections Block GSC 262 - World Regional Geography and BUS 226 - Essentials of Economics. Students develop their understanding of basic economics and this understanding informs their views of contemporary geographic issues, such as the distribution of goods and services, the production and allocation of natural resources, and how it affects different cultures and nations across the globe.

XSS 210 - Growing Connections Fall 2: Growing Farms and Community

**0** Credits Connections Block: BUS 229-B903 Small Business Management and SCD 110-B903 Introduction to Sustainable Community Development Growing Farms and Community is the final block in the Growing Connections program. Students study small business management and sustainable community development to develop an understanding of the role that agriculture can play in sustainable communities as well as the practical skills required for developing business plans and managing the business aspects of a small farm or related enterprises.

**Prerequisites:** GSC 107 and REL 273

XSS 215 - Superior Connections Fall 2: Communities of Lake Superior

**0** Credits Connections Block: SCD 225-B904 Sustainable Development in the Lake Superior Watershed and SOC 260-B904 Sociology in the Watershed Communities of Lake Superior is the final block of the Superior Connections program. Building on previous experiences in Superior Connections, students study communities and patterns of social life as a means to better understanding how communities are formed and how individuals function within them. Students also explore questions related to community health and sustainability.

XSS 220 - Political Processes

**0** Credits Connections Block: PSY 250-B902 Political Psychology and SCD 230-B902 The Political Process Combining research and theory from psychology, political science, and sociology, students explore local, regional, and national political processes. Issues addressed include political socialization, public opinion formation, interest group and social movement activism, electoral processes, partisan politics, bureaucracy, and the policy process.

XSS 225 - Making Sense of Misfortune

**0** Credits Connections Block: OED 272-B901 Accident Theory and Analysis and PSY 250-B901 Narrative Psychology. Why do bad things happen, and how do we make sense of them once they do? Theories in cognitive psychology, sociology, organizational science, and outdoor education inform the exploration of sensation-seeking, risk, accidents, and paradoxes in risk management. Theories in narrative psychology illuminate the role of narrative structure in human cognition and the process of sensemaking, healing, storytelling, and narrative techniques in therapeutic practices.

#### XSS 255 - Sustainable Communities

**0** Credits Connections Block: PSY 250-B900 Models of Sustainable Community Change and SOC 250-B900 Leadership in Community Change Sustainable communities require hard work and cooperation by committed community members. Sustainable communities also need the right social, economic, and political conditions to thrive. This block focuses on attempts by individuals, groups, and organizations from around the world who are trying to become more sustainable. By studying case study examples across the globe, students will have the opportunity to examine and understand how people attempt to achieve sustainable communities.

#### **Admission Information**

Applications for admission to Northland College are evaluated individually to assess each student's level of preparedness for both academic success and ability to become a contributing member of the Northland College learning community.

# **Admission Criteria for New Entering Students**

Applications for admission are evaluated on the basis of high school curriculum, cumulative high-school grade-point average, ACT or SAT test scores, and, when available, high-school class rank. Before acceptance decisions can be made by the Office of Admissions, applicants for admission must submit:

- 1. a Northland College Application for Admission (Applying on-line is strongly recommended, but a paper application may also be requested from the Office of Admission.);
- 2. an official high school transcript (official transcripts must be sent directly from the high school of origin);
- 3. an official ACT or SAT test score report. (Results from either test are accepted and no preference is given to either test score. Test scores that are reported on official high school transcripts are considered official.)

Applicants for admission should have a minimum cumulative high-school grade-point average of 2.0 to be considered for admission. Students with college aptitude test scores and academic records below the median for high school seniors may be considered for admission if other factors indicate their potential for academic success in college. Letters of recommendation may be required for these students.

# **Admission Criteria for Transfer Students**

Applications for admission from students with previous college experience are welcomed. Transfer students may begin enrollment at Northland in either the fall (late August) or winter (early January) terms.

Applications for transfer admission are evaluated on the basis of college curriculum, college credit accumulation and cumulative college grade-point average. Before acceptance decisions can be made by the Office of Admissions, applicants for admission must submit:

- 1. a Northland College Application for Transfer Admission (Applying on-line is strongly recommended, but a paper application may also be requested from the Office of Admission.);
- 2. an official college transcript from all institutions previously attended (official transcripts must be sent directly from the college of origin);

Applicants for transfer admission should have a minimum of 12 earned college credits and a cumulative college grade-point average of 2.0 to be considered for admission. Students with college academic records below these standards may, on occasion, be considered for admission if other factors indicate their potential for academic success in college. Letters of recommendation as well as high school transcript and ACT or SAT test scores may be required for these students.

# **Enrollment Deposit**

A non-refundable \$200 enrollment deposit must be received by the College once a student is accepted. The tuition deposit portion of \$100 will be applied to the student's account after the add/drop date. The room deposit portion of \$100 will be returned to the student after graduation if proper room checkout procedures are followed and there are no room damages.

#### Transfer of Credits

A student entering Northland College, after having attended a postsecondary institution for any length of time, must provide Northland College with official transcripts for all prior, postsecondary coursework. Transcripts must be sent directly from the postsecondary institution of origin. Failure to provide official transcripts from all institutions attended will result in an administrative hold being placed on a student's ability to register for courses at Northland.

The Registrar's Office will prepare a course-by-course evaluation of the submitted transcripts to determine credit transfer. Only college-level courses from institutions accredited by a regional accrediting agency at the time the course work was completed will be evaluated.

Courses completed at a postsecondary institution outside of the United States must be evaluated by an international evaluation agency. The cost of this evaluation must be paid by the student, and payment must be made in advance of the evaluation. The student has the option of having an official international course-by-course evaluation done prior to submitting the transcript to Northland, as long as the evaluating agency is acceptable to the Northland Registrar's Office. Contact the Registrar's Office for information on approved evaluating agencies.

All courses are evaluated for credit transfer on a course-by-course basis, and a grade of C- or better must have been earned in a course for it to be accepted for transfer credit. Courses that are technical in nature are generally not accepted for transfer. Courses that are considered developmental, remedial, or do not count towards graduation at the institution where they were taken are generally not accepted. Internships taken at other colleges may transfer in as elective credit within a department but do not transfer in as internship credit at Northland.

Completed courses that do not have an exact equivalent at Northland may be transferred in as general elective credits or may not be accepted. Some credits more than ten years old may require approval from the appropriate Department Chair.

A maximum of 65 credits will be accepted from all junior or two-year colleges or any combination of junior or two-year colleges. There is no limit on the number of credits that will be accepted from an accredited four-year college or university; however, to earn a Northland College degree, a minimum of 30 credits must be earned at Northland College, including at least 20 credits in a student's major field of study and six credits in a student's minor field of study.

Courses that were repeated are counted only once. (If a student is awarded transfer credit for a course and then repeats the course at Northland, the transferred credits will be removed from the student's record.)

In addition to a course-by-course evaluation, previously completed courses will be evaluated for possible equivalency within our Connections curriculum. These equivalencies will be listed on the transfer evaluation.

Students who have received an Associate of Arts or Sciences degree from an institution that required at least 32 general education credits and who completed their general education courses with grades of C- or better will have fulfilled a large portion of the required Connections curricula upon entry to Northland. However, transfer students who have not yet earned a bachelor's degree may be required to complete some portion of the Connections curricula. The experiential course requirement is also required of all transfer students, but it is possible that this requirement will be fulfilled by prior college coursework. Students who enter Northland after earning a bachelor's degree from another regionally accredited institution will have all requirements of the Connections curricula waived as well as co-curricular wellness requirements.

Transfer students planning to pursue teacher licensure will be required to meet certain state-mandated general education course requirements before they are eligible for student teaching. A personal interview with the Director of Teacher Education is strongly recommended for all transfer students planning to pursue teacher licensure.

Transfer students with military training may receive college credit for this training as well as credit for studies completed at service schools, international institutions, and the United States Armed Forces Institute. For more information, contact the Registrar's Office.

# **Test-Out Options**

Students may accelerate the earning of college credit through test-out programs. These programs offer the option of earning college credit in areas where the student demonstrates a sufficient degree of knowledge and understanding.

The test-out programs approved by Northland College are the following:

- Advanced Placement (AP) examination taken at the high school level (minimum score of 3 required to receive credit);
- International Baccalaureate (IB) program;
- College Level Examination Program (CLEP), available through the University of Wisconsin-Superior or designated testing centers throughout the United States (minimum score of 50 required to receive credit).

To earn credits for AP, IB, or CLEP examinations, an official score report must be sent directly to Northland College from the appropriate agency.

A maximum of 30 credits from the test-out option may be applied toward a Northland College degree, and credits are not awarded for passing competency exams provided by other colleges.

For more information on test-out programs, contact the Registrar's Office.

#### Degree Requirements

In order to receive a baccalaureate degree from Northland College, a student must complete a major field of study, fulfill the requirements for the Connections Curriculum and the Co-Curricular Wellness Program, earn at least 124 credits, and be in good academic standing. First-year students must also complete a first-year experience (FYE) course. The distribution of credits is typically:

- 31 to 36 credits in the Connections curricula;
- 40 to 60 credits in a declared major field of study; and

• 32 to 53 elective credits or credits in an optional declared major or minor field of study.

To complete a degree, students must also:

- earn a grade point average of 2.00 on a scale of 4.00 for all coursework (3.00 for students pursuing teacher licensure or a teacher certification minor);
- earn a grade point average of 2.00 in the major, including concentrations or emphases, and in minors (students pursuing a directed studies major must earn a 3.00 grade point average in the major);
- earn at least 20 credits in the major at Northland College;
- earn at least 6 credits in the minor at Northland College (students are limited to two minors);
- earn 30 of the total required credits at Northland College;
- earn 20 of the final 30 credits at Northland College;
- complete a Senior Capstone.

# The following credit limits apply:

- no more than 65 credits earned from a two-year community or junior college may be applied toward requirements for the baccalaureate degree (see Transfer of Credits under Academic Policies and Procedures);
- no more than 12 internship, field experience, or teaching assistantship credits may be applied towards requirements for the baccalaureate degree;
- no more than 12 correspondence credits may be applied towards requirements for the baccalaureate degree;
- no more than 30 credits may be applied through testing options such as Advanced Placement, CLEP, or International Baccalaureate.

Though the Registrar's Office tracks every student's progress toward meeting degree requirements, each student is ultimately responsible for determining and completing the academic credits and co-curricular wellness workshops s/he needs to satisfy the degree requirements.

# **Second Baccalaureate Degree**

A second baccalaureate degree may be earned at Northland College. The following provisions apply:

- all degree requirements for the second degree are satisfactorily completed;
- a 30-credit minimum is earned at Northland beyond all of the credits and degree requirements for the first baccalaureate degree, and any repeated courses do not count toward the 30 credits (For students who earned their first degree at Northland, this means that a minimum of 154 credits must be earned to qualify for a second degree.);

- for students who did not earn their first degree at Northland, all major area requirements still apply, including minimum GPA within the declared major and the minimum number of credits completed within the major at Northland;
- a student may not earn two of the same degrees (e.g. two B.A.'s or two B.S.'s) from Northland College, and double majors within the same degree category lead to one degree with two majors listed, regardless of how many credits are earned;
- students who earn two majors in different degree categories but who do not earn 30 credits beyond the number needed for graduation will be required to choose between a B.A. and B.S.;
- students enrolling with a prior degree and wishing to pursue a second degree must declare their intentions, complete the admissions process, and contact the Registrar's Office no later than the end of the add/drop period of the student's first term in attendance at Northland College (Students pursuing a second degree must follow this procedure regardless of how many credits the student plans to enroll in each semester, and failure to do so could result in the loss of the opportunity to earn a second degree.);
- students should complete all requirements for the second degree within four semesters of attendance at Northland, and exceptions to this policy must be cleared with the Registrar's Office prior to the first semester of enrollment.

#### Pre-Professional Curricula

#### Pre-Professional Curricula

Most professional schools advise prospective students to develop a solid foundation in the liberal arts as the best preparation for admission. Consistent with this advice, Northland College does not offer designated pre-professional majors; instead, students interested in pursuing a professional degree after graduation from Northland are encouraged to complete a regular major and to choose elective courses that further prepare them for the professional field of their choice.

For assistance in developing an undergraduate course of study that will facilitate admittance into specific professional schools, students are encouraged to research the requirements of specific professional schools in their areas of interest and to meet with Northland College faculty members who have been designated as pre-professional advisors.

The recommendations below are intended to provide general guidance for students interested in pursuing post-baccalaureate professional training.

# **Pre-Law**

The American Bar Association, the American Association of Law Schools, and pre-law advising organizations all agree that a solid liberal arts education is the best preparation for law school. Because of this, law schools accept students with a wide variety of majors and backgrounds.

Northland College encourages students interested in pursuing a law degree to meet with the pre-law faculty advisor, Paul Schue. Students are also encouraged to select a major that has relevance to the type of law they expect to practice in the future and to pursue a course of study that hones the following skills and values, all of which are crucial to the successful practice of law:

- analytical and problem-solving skills;
- critical reading skills;
- writing skills;
- oral communication and listening skills;
- general research skills;
- task organization and management skills;
- values of serving faithfully the interests of others while promoting justice.

Finally, because law school curricula are demanding and because law schools admission officers look for demonstrated achievement by applicants, students interested in attending law school should select challenging courses and develop the self-discipline required to do well in those courses.

# **Pre-Medicine (including Dental)**

The American Association of Medical Colleges recommends a solid liberal education preparation for medical science professions. Students planning to enter medical science professions should pursue a course of study that meets professional school entrance requirements, regardless of major. In addition, students should plan extracurricular time for volunteer and service activities and prepare for the MCAT exam.

Because entrance requirements change from year to year and differ among schools, students are encouraged to work closely with the pre-medicine advisor, Wendy Gorman, and to become familiar with the requirements of the professional schools to which they plan to apply. In general though, the following coursework is recommended (note that AP credit may not be accepted at some medical schools without taking additional college courses):

- two semesters of inorganic chemistry with lab;
- two semesters of organic chemistry with lab;
- one semester of biochemistry;
- two semesters of physics with lab;
- one semester of calculus;
- one semester of statistics;
- two semesters of biology (one of which is advanced);
- writing as a stand-alone course or another course with an extensive writing requirement;
- courses in the humanities and social sciences in preparation for the social, psychological, and economic aspects of medical practice.

# **Pre-Ministry**

Consistent with other pre-professional studies, seminaries and divinity schools encourage a solid, broad liberal arts course of study as the best preparation for success at the graduate level. Students must work closely with the pre-ministry advisor, David Saetre, to determine the best course of study for the denomination and seminary of choice.

This course of study will include a major relevant to the kind of ministry a student intends to pursue. For example, a student interested in outdoor and camping ministries should take advantage of the college's strong program in outdoor education, combined with general studies in the humanities and in religion. Students interested in parish ministry should select a major in the humanities or the social sciences, with additional coursework in religion.

Pre-ministry students must also choose courses that develop critical thinking and communication skills as they prepare for graduate seminary studies. These skills include analytical thinking, clear and concise writing, critical reading, oral communication, independent research, and task management. Students will further enhance their success by developing their knowledge of intellectual history, including religion and philosophy. Finally, students should choose courses that help them grow intellectually and personally—courses that challenge the heart as well as the mind—in order develop the depth of character and the appreciation of others that ministry requires.

# **Pre-Veterinarian Medicine**

The Association of American Veterinary Medicine Colleges recommends a solid liberal education preparation for veterinary medicine professions. Students planning to enter veterinary science professions should pursue a course of study that meets professional school entrance requirements, regardless of major. In addition, students should plan extracurricular time for volunteer and service activities and prepare for the GRE exam.

Because entrance requirements change from year to year and differ among schools, students are encouraged to work closely with the pre-vetinary advisor, Wendy Gorman, and to become familiar with the requirements of the veterinary schools to which they plan to apply. In general, though, the following coursework is recommended (note that AP credit may not be accepted at some veterinary schools without taking additional college courses):

- one semester of general biology or zoology with lab;
- one semester of genetics;
- one semester of microbiology;
- two semesters of inorganic chemistry with lab;
- two semesters of organic chemistry with lab;
- one semester of biochemistry;
- two semesters of physics with lab;

- one semester of calculus;
- two semesters of writing or courses with an extensive writing requirement;
- courses in humanities and social sciences in preparation for the social, psychological, and business aspects of veterinary practice.

#### Connections Curriculum

General Education: Connections Curriculum

#### **Connections Curricula**

For Northland College students, the foundation of their academic studies is established through one of the College's Connections curricula—<u>Superior Connections</u>, <u>Growing Connections</u>, or <u>Natural Connections</u>. Students elect to complete one of these curricula when they enter the College, and the courses required for their chosen Connections curriculum account for approximately one-third of the courses they will complete at the College. Academic major requirements and elective courses typically account for the other two-thirds.

All of the Connections curricula—*Superior, Growing,* and *Natural*—are designed to assure that students develop:

- foundational skills in communication, quantitative reasoning, and personal wellness:
- a breadth of disciplinary learning characteristic of a liberally educated individual;
- an understanding of human and cultural diversity; and
- an appreciation for the relationship between humans and the natural world that prepares graduates to live lives that are sensitive to the needs of an ecologically sustainable future.

The teaching of writing and speaking skills is integrated into the Connections blocks that are required in all of the Connections curricula. While enrolled in these blocks, students complete assignments and activities comparable to those in writing and speaking intensive courses offered at other institutions, thus completing the equivalent of at least four writing and speaking intensive courses by the time of graduation.

In addition, the Connections curricula are structured to demonstrate the value of integrated, multidisciplinary approaches to understanding the world. After completing a Connections curriculum, students understand the strengths and limitations of specific academic disciplines and are prepared to think systemically and creatively about complex questions.

Students who successfully complete a Connections curriculum at Northland College have the option of declaring an environmental studies minor. (Transfer students who satisfy Connections curricula requirements through transfer equivalencies do not have this option.)

## **Superior Connections**

Superior Connections is a curriculum integrated thematically by a focus on the Lake Superior watershed. Students who enroll in Superior Connections develop expertise in the natural and human histories of the watershed, then use this expertise to study and engage a variety of complexly interconnected environmental and cultural issues. The program incorporates a number of field trips in its courses, including a one-month journey around Lake Superior. Students emerge from Superior Connections empowered by experiences of connectedness to make meaningful contributions to the watersheds and communities in which they will live.

Students must apply to participate in *Superior Connections*; they complete the program as a cohort of approximately twenty students.

Curriculum Requirements

Fall Semester—1st Year

XNN 115 Natural Setting of Lake Superior

- BIO 128 Natural History and Conservation in the Lake Superior Watershed 4
   Credits
- GSC 112 Geoscience Issues of Lake Superior 4 Credits

XHH 115 Lake Superior Lives & Stories

- ENG 126 Confluences: Reading and Writing in the Lake Superior Watershed 4
   Credits
- NAS 160 Lake Superior Ojibwe 4 Credits

Winter Semester—1st Year

XHI 200 Superior Connections

- ENG 229 Reading the Waters 4 Credits
- IDS 2xx Confluences II 3 Credits

May Term—1st Year

• IDS 180 - Lake Superior Circumnavigation 4 Credits

Fall Semester—2nd Year

XSS 215 Communities of Lake Superior

- SCD 2xx Sustainability in the Lake Superior Watershed 4 Credits
- SOC 260 Sociology in the Lake Superior Watershed and the World 4 Credits

#### Prior to Graduation

• Quantitative Reasoning Course **3-4 Credits** 

Total Superior Connections: 39-40 Credits

### **Growing Connections**

Growing Connections is a curriculum that focuses on the history, theories, and practices of sustainable agriculture. Participants in *Growing Connections* work closely with faculty mentors and regional farmers in classrooms, labs, and fields to develop an interdisciplinary understanding of food systems and of the role that agriculture plays in human culture and ecological health.

Students must apply to participate in *Growing Connections*; they complete the program as a cohort of approximately twenty students.

Curriculum Requirements

Fall Semester—1st Year

#### XHH 105 Agricultural Humanities

- ENG 165 Pastoral and Agricultural Literature 4 Credits
- HIS 120 American Agricultural History 3 Credits

## XNN 105 Sustainable Food & Agriculture

- BIO 115 Concepts of Biology 4 Credits
- CHM 103 General Chemistry: The Chemistry of Food 4 Credits

Winter Semester—1st Year

XHN 115 Food, Religion, & Geology

- GSC 107 Geology and Agriculture 4 Credits
- REL 273 World Religions Foodways 4 Credits

May Term—1st Year

• IDS 243 - Sustainable Agriculture Practicum 4 Credits

#### Fall Semester—2nd Year

## **XSS 210 Growing Connections**

- BUS 229 Small Business Management **3 Credits**
- SCD 110 Introduction to Sustainable Community Development 4 Credits

#### Prior to Graduation

• Quantitative Reasoning Course **3-4 Credits** 

Total Growing Connections: 38-39 Credits

#### **Natural Connections**

Natural Connections is a curriculum that allows students to explore a variety of themes or questions. Students completing Natural Connections may select blocks of courses that focus on different themes or questions each semester, or they may select blocks of courses that explore the same question or theme across two or more semesters. Faculty teams dedicated to Natural Connections curriculum provide multi-disciplinary perspectives on the themes or questions of the different blocks, and students develop sophisticated understandings of the complexities inherent in each.

## Curriculum Requirements

- 1) Students pursuing *Natural Connections* must complete . . .
  - two courses from different disciplines that emphasize ways of knowing characteristic of the **Humanities**; (6-8 Credits)
  - two courses from different disciplines that emphasize ways of knowing characteristic of the **Natural Sciences**; (6-8 Credits)
  - two courses from different disciplines that emphasize ways of knowing characteristic of the **Social Sciences**; (6-8 Credits)
  - two **elective courses** that emphasize interdisciplinary, humanistic, natural science, or social science ways of knowing; (6-8 Credits)
  - one **quantitative reasoning** course; (3-4 Credits)
  - one **experiential** course or a three/four credit **internship** (3-4 Credits).

The way of knowing (Humanities, Natural Sciences, etc.) associated with a specific course as well as experiential designations are identified in the college catalog.

2) In addition, *Natural Connections* students must complete at least one Connections block during their first semester at Northland, two by the end of their second semester, three by the end of their fourth semester, and four Connections blocks by the time of graduation.

Connections blocks are identified in course schedules by course codes that begin with X. For a current listing of Connections blocks, use the Course Search function on *My Northland* to view schedules for a specific semester or term.

Typically, *Natural Connections* students fulfill their disciplinary requirements (Humanities, Natural Sciences, etc., see #1 above) through their Connections blocks (#2 above), but they may also take individual courses to fulfill disciplinary requirements if desired.

Total Natural Connections: 30-40 Credits

Connections Curriculum Equivalencies for Transfer Students

(including first-time, full-time students with prior college credit)

Students who enroll at Northland with college credits earned at other institutions may fulfill some or all of the Connections curricula requirements through transfer equivalencies. Individual transfer evaluations will indicate which requirements, if any, have been met through these equivalencies.

Repeating Connections Blocks & Courses

A Connections block consists of a title, or X, course and two academic classes, which are the content courses. Students must successfully complete both content courses to receive credit for the block. If students withdraw from one or both of the two content courses during the term, they will automatically be withdrawn from the title, or X, course, which will appear as a "W" on the transcript. If students fail one or both of the two content courses, they will receive a grade of unsatisfactory in the title, or X, course, which will appear as a "U" on the transcript.

If students wish to earn credit for a block from which they have withdrawn or in which they have received an unsatisfactory grade, they must repeat the entire block—the title course and both content courses. Students are not required to do this, and may instead choose to complete a different block to fulfill the requirements of the Connections curriculum. If students wish to repeat only a content course that they failed or withdrew from, they may do so only if that course is offered independent of a block format in a future semester. Repeating a single-content course will not result in credit for the block as a whole, and the grade on the original title course will not be changed.

#### Majors and Minors

For policies about declaring majors and minors, double counting of courses in majors and minors, and course substitutions in majors and minors, students should consult the Student Policies and Procedures handbook that compliments the College Catalog.

Art

The art major fosters creativity and critical thinking through an understanding of the practice and history of the studio arts. Students develop visual literacy and problemsolving skills to explore confidently the many avenues of technical and creative expression, and to develop an appreciation for craftsmanship. Through such experiences students are also encouraged to see how their own creative endeavors relate to other disciplines within the liberal arts.

Northland graduates have pursued graduate school as well as careers as independent artists, photographers, educators, graphic artists, art conservators, and gallery owners.

### Art Major (B.A.)

## Major Requirements:

- ART 106 Design Studio 3 Credits
- ART 111 Drawing I 3 Credits
- ART 230 Art History Ancient to Medieval 3 Credits
- ART 231 Art History Renaissance to Modern 3 Credits
- ART 306 Art Collaborations with Nature **3 Credits**
- ART 402 Senior Exhibition 1 Credits
- ART 403 Senior Seminar 3 Credits

#### Four courses from the following:

- ART 210 Painting I 3 Credits
- ART 212 Drawing II 3 Credits
- ART 220 Ceramics I 3 Credits
- ART 222 Ceramics Handbuilding 3 Credits
- ART 232 Contemporary Art History **3 Credits**
- ART 260 Black and White Film Photography I 3 Credits
- ART 270 Printmaking: Relief and Intaglio 3 Credits
- ART 271 Printmaking: Screen Printing and Lithography 3 Credits

#### Three courses from the following:

- ART 320 Ceramics II 3 Credits
- ART 340 Alternative Photographic Processes 3 Credits
- ART 361 Black and White Film Photography II **3 Credits**
- ART 370 Printmaking II 3 Credits
- ART 461 Black and White Film Photography III 3 Credits
- ART 470 Printmaking III 3 Credits

Total Art Major: 40 Credits

Art Minor

#### Minor Requirements:

- ART 106 Design Studio 3 Credits
- ART 111 Drawing I 3 Credits
- ART 403 Senior Seminar 3 Credits

#### Two courses from the following:

- ART 230 Art History Ancient to Medieval 3 Credits
- ART 231 Art History Renaissance to Modern 3 Credits
- ART 232 Contemporary Art History 3 Credits

#### Two courses from the following:

- ART 210 Painting I **3 Credits**
- ART 212 Drawing II 3 Credits
- ART 220 Ceramics I 3 Credits
- ART 222 Ceramics Handbuilding **3 Credits**
- ART 260 Black and White Film Photography I **3 Credits**
- ART 270 Printmaking: Relief and Intaglio 3 Credits
- ART 271 Printmaking: Screen Printing and Lithography 3 Credits

#### Two courses from the following:

- ART 306 Art Collaborations with Nature **3 Credits**
- ART 320 Ceramics II **3 Credits**
- ART 340 Alternative Photographic Processes **3 Credits**
- ART 361 Black and White Film Photography II 3 Credits
- ART 370 Printmaking II **3 Credits**
- ART 461 Black and White Film Photography III **3 Credits**
- ART 470 Printmaking III 3 Credits

#### Total Art Minor: 27 Credits

### Biology

The Biology Program is an exciting blend of a traditional biology curriculum with an emphasis on ecology and environmental studies.

Hands-on experience is an integral part of the program. Many courses use our 90-acre field station as well as local national forests, national and state parks, and numerous wetlands as natural classrooms. Our laboratory experiences link modern molecular techniques with environmental and conservation issues. Internships with various state and federal agencies and professionals offer students on-the-job knowledge and experience.

The program helps students prepare for employment in the fields of bioresearch, natural resources, environmental consulting, and education. It also helps prepare students for graduate and professional programs, including medical school and veterinary school.

#### Biology Major (B.S.)

# Major Requirements:

- BIO 115 Concepts of Biology 4 Credits
- BIO 235 Biology of Organisms 4 Credits
- BIO 238 Cell Biology 4 Credits
- BIO 234 Ecology 4 Credits
- BIO 330 Genetics 4 Credits
- MTH 107 Statistical Concepts and Analysis 4 Credits

### OR

- MTH 140 Calculus I 4 Credits
- BIO 480 Biology Senior Seminar 3 Credits

#### OR

• BIO 496 - Senior Capstone 3 Credits

#### One of the following:

- CHM 103 General Chemistry: The Chemistry of Food 4 Credits
- CHM 105 General Chemistry: Chemistry in Social Context 4 Credits
- CHM 108 General Chemistry: Responding to Climate Change 4 Credits
- CHM 110 General Chemistry 4 Credits

### One of the following:

- CHM 220 Organic Chemistry I 4 Credits
- CHM 225 Ecological Quantitative Analysis 4 Credits
- CHM 240 Inorganic Chemistry 4 Credits

## Two of the following:

• BIO 222 - Woodland Plants of Northern Wisconsin 4 Credits

- BIO 225 Aquatic Invertebrates 4 Credits
- BIO 242 Ichthyology **4 Credits**
- BIO 244 Field Ornithology 4 Credits
- BIO 245 Mammalogy 4 Credits
- BIO 246 Ornithology 4 Credits

## Additional Requirements

- Additional BIO or NRS credits (10 must be 300-level or higher) **16 Credits** 
  - o BIO/NRS
  - o BIO/NRS
  - o BIO/NRS
  - o BIO/NRS
  - o BIO/NRS

Total Biology Major: 59 Credits

**Biology Minor** 

### Minor Requirements:

- BIO 115 Concepts of Biology 4 Credits
- BIO 234 Ecology 4 Credits
- BIO 235 Biology of Organisms 4 Credits
- BIO 238 Cell Biology 4 Credits
- BIO 330 Genetics 4 Credits

#### One of the following:

- CHM 103 General Chemistry: The Chemistry of Food 4 Credits
- CHM 105 General Chemistry: Chemistry in Social Context 4 Credits
- CHM 108 General Chemistry: Responding to Climate Change 4 Credits
- CHM 110 General Chemistry 4 Credits

## Additional Requirements

• Additional BIO or NRS courses 6 - 8 Credits

Total Biology Minor: 30-32 Credits

#### Business

The business major offers students the opportunity to focus their studies on either business management or sustainable entrepreneurship. Both emphases share a common core of courses that provide students with a foundational understanding of economics, finance, management, marketing, and social responsibility.

The business management emphasis further develops students' understanding and skills in management and strategic planning. Students who complete this emphasis often participate in the Cooperative Education Internship Program, which allows them to explore careers in small business, industry, and government while earning college credit. Typically, these students go on to careers in accounting, small business, and management.

Business Management Major (B.S.)

### Major Requirements:

- BUS 120 Quantitative Methods 3 Credits
- BUS 168 Technology and Communication 3 Credits
- BUS 222 Fundamentals of Accounting 4 Credits
- BUS 226 Essentials of Economics 4 Credits
- BUS 228 Marketing Management 3 Credits
- BUS 232 Principles and Practice of Management 3 Credits
- BUS 326 Global Business Management 3 Credits
- BUS 330 Managerial Finance 3 Credits
- BUS 331 Legal Environment of Business 3 Credits
- BUS 361 Organizational Behavior 3 Credits
- BUS 338 Human Resource Management 3 Credits
- BUS 415 Multicultural Aspects of Organizational Development 4 Credits
- BUS 429 Managing People and Conflict Resolution 3 Credits
- BUS 475 Strategic Planning and Policy Capstone 3 Credits
- MTH 107 Statistical Concepts and Analysis 4 Credits
- BUS 359 Entrepreneurship **3 Credits**

### OR

• BUS 362 - Non-Profit Management 3 Credits

Total Business Major with Emphasis: 51 Credits

## Sustainable Entrepreneurship Major (B.S.)

## Major Requirements

- BUS 168 Technology and Communication 3 Credits
- BUS 222 Fundamentals of Accounting 4 Credits
- BUS 226 Essentials of Economics 4 Credits
- BUS 228 Marketing Management 3 Credits
- BUS 232 Principles and Practice of Management 3 Credits
- BUS 237 Environmental Marketing 3 Credits
- BUS 330 Managerial Finance 3 Credits
- BUS 331 Legal Environment of Business 3 Credits
- BUS 342 Business and Public Policy 3 Credits
- BUS 358 Innovation and Creativity 3 Credits
- BUS 359 Entrepreneurship 3 Credits
- BUS 360 Grant Writing 3 Credits
- BUS 361 Organizational Behavior **3 Credits**
- BUS 362 Non-Profit Management 3 Credits
- BUS XXX Sustainable Business Strategies Capstone 3 Credits
- MTH 107 Statistical Concepts and Analysis 4 Credits

### Additional Requirement

• Foreign Language 4 Credits

Total Sustainable Entrepreneurship Major: 55 Credits

#### Chemistry

The Chemistry program provides students with a solid foundation in chemistry theory and methods that they can use in careers immediately after graduating or in medical school, veterinary school, and other graduate and professional programs. In addition the Chemistry program offers a unique opportunity to use chemistry as a tool for studying the environment. Courses and projects include such topics as acid rain, groundwater contamination, airborne pollution and toxic waste cleanup.

Northland's 21st century facility, the Larson-Juhl Center for Science and the Environment, is home to state-of-the-art laboratories. Starting with their first chemistry classes, students become familiar with sophisticated analytical technology such as atomic absorption spectrophotometry, Fourier transform nuclear magnetic resonance spectroscopy, Fourier transform infrared spectroscopy, high performance liquid chromatography and gas chromatography/mass spectroscopy. Using advanced

instrumentation early in their education prepares chemistry majors to apply these instruments in increasingly more sophisticated analysis as they progress in their studies. As a result students are prepared to use these techniques to conduct senior research projects.

Northland's hands-on approach and small class size provide an intense, challenging, and exciting educational environment. The combination of dedicated faculty, modern facilities and an environmental emphasis gives Northland students a distinctive education in chemistry.

### Chemistry Major (B.S.)

### Major Requirements:

- CHM 210 Chemistry of Natural Waters 4 Credits
- CHM 220 Organic Chemistry I 4 Credits
- CHM 221 Organic Chemistry II 4 Credits
- CHM 225 Ecological Quantitative Analysis 4 Credits
- CHM 240 Inorganic Chemistry 4 Credits
- CHM 345 Biochemistry 4 Credits
- CHM 443 Quantum Mechanics and Molecular Spectroscopy 4 Credits
- CHM 447 Chemical Thermodynamics 4 Credits
- CHM 496 Senior Thesis/Research 4 Credits
- MTH 140 Calculus I 4 Credits
- MTH 141 Calculus II 4 Credits
- PHY 110 General Physics I 4 Credits
- PHY 111 General Physics II 4 Credits

### One of the following:

- CHM 103 General Chemistry: The Chemistry of Food 4 Credits
- CHM 105 General Chemistry: Chemistry in Social Context 4 Credits
- CHM 108 General Chemistry: Responding to Climate Change 4 Credits
- CHM 110 General Chemistry 4 Credits

#### Total Chemistry Major: 56 Credits

### **Chemistry Minor**

#### Minor Requirements:

- MTH 140 Calculus I 4 Credits
- PHY 110 General Physics I 4 Credits

#### One of the following:

- CHM 103 General Chemistry: The Chemistry of Food **4 Credits**
- CHM 105 General Chemistry: Chemistry in Social Context 4 Credits
- CHM 108 General Chemistry: Responding to Climate Change 4 Credits
- CHM 110 General Chemistry 4 Credits

## Additional Requirements

Additional CHM courses at the 200-level or above 12 - 16 Credits

Total Chemistry Minor: 24-28 Credits

#### Coaching

Those minoring in coaching take a variety of courses in areas such as sports medicine, coaching fundamentals and techniques, and athletic organization and administration. Coaching minors also receive hands-on experience through internships in their individual areas of athletic interest.

The combination of theoretical and practical hands-on experiences offered by the Physical Education Program prepares students for a career in their field of athletic interest. Students interested in a teaching career should combine a coaching minor with a certifiable teaching major.

## **Coaching Minor**

#### Minor Requirements:

- PED 202 Sports Medicine **3 Credits**
- PED 240 Sports Safety Training 2 Credits
- PED 300 Theories and Techniques of Coaching 3 Credits
- PED 301 Musculoskeletal Anatomy 4 Credits
- PED 303 Analysis of Human Performance 4 Credits
- PED 400 Organization and Administration of Athletics 3 Credits
- PED 292 Internship 3 Credits

### OR

• PED 492 - Internship **3 Credits** 

Total Coaching Minor: 22 Credits

#### Directed Studies

A directed studies major or minor is available for students who have an unusual breadth of academic preparation, a high level of motivation and perseverance, and the ability to assume independence in undertaking their academic work. Directed Studies majors and minors are designed by individual students in consultation with a faculty advisory committee.

Students who wish to declare a Direct Studies major or minor must complete a Directed Studies Application form and submit it to the Registrar's Office. The Academic Standings Committee reviews and, when appropriate, approves student applications to complete a Directed Studies major or minor.

See the Registrar's Office for the necessary form.

Directed Studies Major (B.A.)

Requirements for a Directed Study Major or Minor

- The directed studies program will contain mostly regular Northland College courses, with additional selected studies, internships, independent study courses, and research courses and projects designed to meet the student's individual needs.
- A student pursuing a directed studies major may not complete a second major concurrently. A student pursuing a directed studies minor must avoid duplication of courses from their chosen major.
- All directed studies degree programs must be approved by the Academic Standings Committee of the Academic Council.
- A student wishing to pursue one of these programs needs a minimum GPA of 3.00 and is expected to maintain that GPA.
- Proposals for the directed studies program must be submitted to the Registrar's Office no later than November 10th of the student's junior year.
- The student must assemble a Faculty Advisory Committee to oversee their directed studies program. The student's Faculty Advisory Committee consists of a chair, which may be his/her academic advisor, and two other regularly contracted faculty members. At least one faculty member must be within the student's area of focus. The Faculty Advisory Committee must approve the proposal before it is submitted to the Registrar's Office.
- The Chair coordinates input from the faculty members serving on the committee during preparation and ongoing assessment of the proposal.
- The proposal must contain a detailed and explicit statement of rationale, showing precisely why a directed studies program is appropriate, how it prepares the student for further study or professional involvement, and how this differs from a traditional major. In addition, the proposal should show how each course proposed contributes to the major.
- The proposal must identify a specific focus and show how the independently designed program addresses that focus.

- The proposal must state how and when the student's program will be evaluated. A senior thesis or similar capstone experience, integrating all aspects of the student's program, is to be included in the program design.
- Directed studies program proposals normally include a minimum of 30 semester hours of upper division (300-400) level courses. A minimum of 12 semester hours in one program area is expected.
- Once the proposal is approved, the student is required to meet with his/her Faculty Advisory Committee to complete and submit a Directed Studies Program Continuance Form at the end of each semester. All changes to a student's original approved proposal must be approved by the Academic Standings Committee.
- The student and the committee chair will coordinate a meeting with the other committee members at the completion of all directed studies requirements to evaluate the success of the proposal.

## Directed Studies Major (B.S.)

## Requirements for a Directed Study Major or Minor

- The directed studies program will contain mostly regular Northland College courses, with additional selected studies, internships, independent study courses, and research courses and projects designed to meet the student's individual needs.
- A student pursuing a directed studies major may not complete a second major concurrently. A student pursuing a directed studies minor must avoid duplication of courses from their chosen major.
- All directed studies degree programs must be approved by the Academic Standings Committee of the Academic Council.
- A student wishing to pursue one of these programs needs a minimum GPA of 3.00 and is expected to maintain that GPA.
- Proposals for the directed studies program must be submitted to the Registrar's Office no later than November 10th of the student's junior year.
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- The proposal must contain a detailed and explicit statement of rationale, showing precisely why a directed studies program is appropriate, how it prepares the student for further study or professional involvement, and how this differs from a traditional major. In addition, the proposal should show how each course proposed contributes to the major.
- The proposal must identify a specific focus and show how the independently designed program addresses that focus.

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- Directed studies program proposals normally include a minimum of 30 semester hours of upper division (300-400) level courses. A minimum of 12 semester hours in one program area is expected.
- Once the proposal is approved, the student is required to meet with his/her Faculty Advisory Committee to complete and submit a Directed Studies Program Continuance Form at the end of each semester. All changes to a student's original approved proposal must be approved by the Academic Standings Committee.
- The student and the committee chair will coordinate a meeting with the other committee members at the completion of all directed studies requirements to evaluate the success of the proposal.

#### Directed Studies Minor

## Requirements for a Directed Study Major or Minor

- The directed studies program will contain mostly regular Northland College courses, with additional selected studies, internships, independent study courses, and research courses and projects designed to meet the student's individual needs.
- A student pursuing a directed studies major may not complete a second major concurrently. A student pursuing a directed studies minor must avoid duplication of courses from their chosen major.
- All directed studies degree programs must be approved by the Academic Standings Committee of the Academic Council.
- A student wishing to pursue one of these programs needs a minimum GPA of 3.00 and is expected to maintain that GPA.
- Proposals for the directed studies program must be submitted to the Registrar's Office no later than November 10th of the student's junior year.
- The student must assemble a Faculty Advisory Committee to oversee their directed studies program. The student's Faculty Advisory Committee consists of a chair, which may be his/her academic advisor, and two other regularly contracted faculty members. At least one faculty member must be within the student's area of focus. The Faculty Advisory Committee must approve the proposal before it is submitted to the Registrar's Office.
- The Chair coordinates input from the faculty members serving on the committee during preparation and ongoing assessment of the proposal.
- The proposal must contain a detailed and explicit statement of rationale, showing precisely why a directed studies program is appropriate, how it prepares the student for further study or professional involvement, and how this differs from a traditional major. In addition, the proposal should show how each course proposed contributes to the major.
- The proposal must identify a specific focus and show how the independently designed program addresses that focus.

- The proposal must state how and when the student's program will be evaluated. A senior thesis or similar capstone experience, integrating all aspects of the student's program, is to be included in the program design.
- Directed studies program proposals normally include a minimum of 30 semester hours of upper division (300-400) level courses. A minimum of 12 semester hours in one program area is expected.
- Once the proposal is approved, the student is required to meet with his/her Faculty Advisory Committee to complete and submit a Directed Studies Program Continuance Form at the end of each semester. All changes to a student's original approved proposal must be approved by the Academic Standings Committee.
- The student and the committee chair will coordinate a meeting with the other committee members at the completion of all directed studies requirements to evaluate the success of the proposal.

#### Education

The mission of the Education Department is to provide a holistic, experiential major that creates effective teachers and lifelong learners while empowering students to make connections with others, the earth, and ideas by thinking and teaching ecologically, collaboratively, critically, and compassionately.

Successful graduates are certified by Northland College and eligible for licensure by the Wisconsin Department of Public Instruction. Each education major involves hands-on experiences both in and out of the traditional classroom that are performance-based and correlate with state requirements.

As an element of best practice, the Education Department provides all undergraduate majors with a unique, experiential learning research opportunity. Education courses bring a vibrant, diverse group of students together with caring, attentive professors. This creates a learning environment in which students develop close relationships with faculty, explore personal styles, practice positive classroom interactions, and learn from one another. Teaching creatively, critically, compassionately, collaboratively, and ecologically shapes Northland College's distinctive Education Department. A dedication to environmental awareness combined with the liberal arts tradition gives our prospective teachers the versatility, confidence, and skills needed for the challenges of their chosen career and for lifelong learning.

Students pursuing a degree in elementary or secondary education are encouraged to obtain a copy of the Teacher Education Program Student Handbook of Policies, Procedures, and Forms from the Northland College website for specific details on the requirements for both the academic majors and state licensure information.

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Note:

A course in each of the following areas is required for licensure in Wisconsin. These courses may be completed as part of the Connections curriculum, the major, and/or the minor.

- Fine Arts
- Literature
- Western History
- Non-Western History (HIS 111 History of World Civilizations to 1500 or HIS 112 History of World Civilizations since 1500 is required)
- History, culture, and tribal sovereignty of American Indian tribes and bands in Wisconsin
- The forces of discrimination, especially racism and sexism on faculty, students, curriculum, instruction, and assessment in the school program (EDU 225 -Foundations of Education is required)

# Major Requirements:

- EDU 204 Language Arts for Educators 3 Credits
- EDU 205 Curriculum, Planning, and Assessment 3 Credits
- EDU 224 Reflective Middle School Educator 4 Credits
- EDU 225 Foundations of Education 3 Credits
- OED 261 Environmental Education Curriculum Review 4 Credits
- EDU 315 Classroom Management and Conflict Resolution 3 Credits
- EDU 337 Fall Practicum 4 Credits
- EDU 338 Winter Practicum 4 Credits
- EDU 341 Science Teaching Methods 3 Credits
- EDU 376 Strategies for Teaching Diverse Learners 3 Credits
- EDU 393 Portfolio Development **0 Credits**
- EDU 460 Student Teaching (EA-A) and Seminar 6 12 Credits
- GSC 120 Physical Geology 4 Credits
- GSC 262 World Regional Geography 3 Credits
- MET 125 Introduction to Meteorology **4 Credits**
- PHY 104 Introduction to Astronomy 4 Credits

# A major in one of the following disciplines:

- Biology (59 Credits)
- Chemistry (56 Credits)
- Environmental Geosciences (54-59 Credits)

Total Broad Field Science Education Major: 100-105 Credits

Broad Field Social Studies Education Major (B.S.)

Note:

A course in each of the following areas is required for licensure in Wisconsin. These courses may be completed as part of the Connections curriculum, the major, and/or the minor.

- Fine Arts
- Literature
- Western History
- Non-Western History (HIS 111 History of World Civilizations to 1500 or HIS 112 History of World Civilizations since 1500 is required)
- History, culture, and tribal sovereignty of American Indian tribes and bands in Wisconsin
- The forces of discrimination, especially racism and sexism on faculty, students, curriculum, instruction, and assessment in the school program (EDU 225 -Foundations of Education is required)

# Major Requirements:

- EDU 204 Language Arts for Educators 3 Credits
- EDU 205 Curriculum, Planning, and Assessment 3 Credits
- EDU 224 Reflective Middle School Educator 4 Credits
- EDU 225 Foundations of Education 3 Credits
- OED 261 Environmental Education Curriculum Review 4 Credits
- EDU 315 Classroom Management and Conflict Resolution 3 Credits
- EDU 337 Fall Practicum 4 Credits
- EDU 338 Winter Practicum 4 Credits
- EDU 370 Social Studies Teaching Methods 3 Credits
- EDU 376 Strategies for Teaching Diverse Learners 3 Credits
- EDU 393 Portfolio Development **0 Credits**
- EDU 460 Student Teaching (EA-A) and Seminar 6 12 Credits
- BUS 226 Essentials of Economics 4 Credits
- GSC 262 World Regional Geography 3 Credits
- NAS 210 Native American Cultures in Wisconsin 3 Credits
- PSY 110 General Psychology 4 Credits
- SCD 230 The Political Process **3 Credits**
- SOC 111 Introduction to Sociology 4 Credits
- HIS 101 United States History to 1865 3 Credits

#### OR

HIS 102 - United States History since 1865 3 Credits

• HIS 111 - History of World Civilizations to 1500 3 Credits

### OR

- HIS 112 History of World Civilizations since 1500 3 Credits
- A minor in History **21 Credits**

Total Broad Field Social Studies Education Major: 94 Credits

Elementary/Middle Education (Middle Childhood to Early Adolescence) Major (B.S.)

#### Note:

A course in each of the following areas is required for licensure in Wisconsin. These courses may be completed as part of the Connections curriculum, the major, and/or the minor.

- Fine Arts
- Literature
- Western History
- Non-Western History (HIS 111 History of World Civilizations to 1500 or HIS 112 - History of World Civilizations since 1500 is required)
- History, culture, and tribal sovereignty of American Indian tribes and bands in Wisconsin
- The forces of discrimination, especially racism and sexism on faculty, students, curriculum, instruction, and assessment in the school program (EDU 225 -Foundations of Education is required)

# Major Requirements:

- EDU 204 Language Arts for Educators 3 Credits
- EDU 205 Curriculum, Planning, and Assessment 3 Credits
- EDU 224 Reflective Middle School Educator 4 Credits
- EDU 225 Foundations of Education 3 Credits
- EDU 289 Children and Adolescent Literature 3 Credits
- OED 261 Environmental Education Curriculum Review 4 Credits
- EDU 315 Classroom Management and Conflict Resolution 3 Credits
- EDU 337 Fall Practicum 4 Credits
- EDU 338 Winter Practicum 4 Credits
- EDU 341 Science Teaching Methods 3 Credits
- EDU 349 Literacy Teaching Methods 4 Credits
- EDU 351 Physical Education Teaching Methods 1 Credits
- EDU 370 Social Studies Teaching Methods **3 Credits**

- EDU 371 Fine Arts Teaching Methods 1 Credits
- EDU 376 Strategies for Teaching Diverse Learners 3 Credits
- EDU 377 Mathematics Teaching Methods 4 Credits
- EDU 393 Portfolio Development **0 Credits**
- EDU 471 Student Teaching (MC-EA) and Seminar 6 12 Credits
- EDU 472 Student Teaching Minor (MC-EA/EA-A) **0 Credits**

#### Minors:

The Elementary/Middle Education major also requires the completion of one of the following teaching minors:

English Language Arts Teaching Minor

- ENG 180 Public Speaking **3 Credits**
- ENG 211 Humanity and Nature in Literature 3 Credits
- ENG 387 The English Language 4 Credits
- SOC 301 Mass Media and Popular Culture 3 Credits
- WRI 260 Introduction to Creative Writing 3 Credits
- WRI 361 Creative Writing: Fiction **3 Credits**
- WRI 362 Creative Writing: Poetry **3 Credits**

Total Elementary/Middle Education Major with English Language Arts Teaching Minor: 84 Credits

**Mathematics Teaching Minor** 

- MTH 106 Environmental Mathematics 4 Credits
- MTH 107 Statistical Concepts and Analysis 4 Credits
- MTH 140 Calculus I 4 Credits
- MTH 141 Calculus II 4 Credits
- MTH 328 College Geometry **3 Credits**
- MTH 207 Biometry 4 Credits

#### OR

• MTH 230 - Mathematical Modeling 4 Credits

Total Elementary/Middle Education Major with Mathematics Teaching Minor: 85 Credits

Natural Science Teaching Minor

• BIO 115 - Concepts of Biology **4 Credits** 

- CHM 110 General Chemistry 4 Credits
- GSC 120 Physical Geology 4 Credits
- MET 125 Introduction to Meteorology 4 Credits

# OR

- MET 270 Oceanography 4 Credits
- PHY 104 Introduction to Astronomy 4 Credits

#### OR

- PHY 110 General Physics I 4 Credits
- MTH 107 Statistical Concepts and Analysis 4 Credits

# OR

• MTH 109 - Precalculus Mathematics 4 Credits

Total Elementary/Middle Education Major with Natural Science Teaching Minor: 86 Credits

Social Studies Teaching Minor

- PSY 110 General Psychology 4 Credits
- SOC 111 Introduction to Sociology 4 Credits
- BUS 226 Essentials of Economics 4 Credits
- GSC 262 World Regional Geography 3 Credits
- NAS 210 Native American Cultures in Wisconsin 3 Credits
- SCD 230 The Political Process 3 Credits
- HIS 101 United States History to 1865 3 Credits

#### OR

• HIS 102 - United States History since 1865 3 Credits

• HIS 111 - History of World Civilizations to 1500 3 Credits

#### OR

• HIS 112 - History of World Civilizations since 1500 3 Credits

Total Elementary/Middle Education Major with Mathematics Teaching Minor: 89 Credits

Secondary (Early Adolescence to Adolescence) Education Major (B.S.)

#### Note:

A course in each of the following areas is required for licensure in Wisconsin. These courses may be completed as part of the Connections curriculum, the major, and/or the minor.

- Fine Arts
- Literature
- Western History
- Non-Western History (HIS 111 History of World Civilizations to 1500 or HIS 112 History of World Civilizations since 1500 is required)
- History, culture, and tribal sovereignty of American Indian tribes and bands in Wisconsin
- The forces of discrimination, especially racism and sexism on faculty, students, curriculum, instruction, and assessment in the school program (EDU 225 Foundations of Education is required)

# Major Requirements:

- EDU 204 Language Arts for Educators **3 Credits**
- EDU 205 Curriculum, Planning, and Assessment 3 Credits
- EDU 224 Reflective Middle School Educator 4 Credits
- EDU 225 Foundations of Education 3 Credits
- OED 261 Environmental Education Curriculum Review 4 Credits
- EDU 315 Classroom Management and Conflict Resolution 3 Credits
- EDU 337 Fall Practicum 4 Credits
- EDU 338 Winter Practicum 4 Credits
- EDU 376 Strategies for Teaching Diverse Learners 3 Credits
- EDU 393 Portfolio Development **0 Credits**
- EDU 460 Student Teaching (EA-A) and Seminar 6 12 Credits

One content teaching methods course appropriate to the major:

• EDU 341 - Science Teaching Methods **3 Credits** 

- EDU 377 Mathematics Teaching Methods 4 Credits
- EDU 370 Social Studies Teaching Methods 3 Credits

A major in one of the following disciplines:

- Biology (59 Credits)
- Chemistry (56 Credits)
- Environmental Geosciences with Geology emphasis (54 Credits)
- History (48-49 Credits)
- Mathematical Sciences (55-56 Credits)

Total Secondary Education and discipline Majors: 94-105 Credits

Engineering (Dual Degree)

The dual degree engineering program provides students with a professional engineering education and a well-rounded environmental liberal arts education. Northland College cooperates with Michigan Technological University (MTU) in Houghton, Michigan, and with Washington University in St. Louis, Missouri, to provide the dual degree program.

Dual degree students attend Northland for three academic years and either MTU or Washington University for two academic years. Students must successfully complete the pre-engineering program and a Connections Curriculum during their three years at Northland. Upon completion of the five-year program, students earn a Bachelor of Science degree from Northland and a Bachelor of Science degree from either MTU or Washington University. Students who attend MTU earn a B. S. in Biomedical, Chemical, Civil, Computer, Electrical, Environmental, Geological, Materials, or Mechanical Engineering. Students who attend Washington University earn a B. S. in Biomedical, Chemical, Computer, Computer Science, Electrical, Mechanical, or Systems Science Engineering.

For more information about the dual degree engineering program, contact Young Kim, the Engineering Program Coordinator.

Note: In order to receive a Northland degree, students must present the Registrar's Office with a transcript of courses completed at MTU or Washington University. With the approval of the Academic Dean of the College, students may choose other engineering schools accredited by the Accreditation Board of Engineering and Technology.

Engineering (Dual Degree) (B.S.)

#### Major Requirements:

- BUS 226 Essentials of Economics 4 Credits
- CHM 240 Inorganic Chemistry 4 Credits
- CPS 220 Computer Science 4 Credits

- MTH 140 Calculus I 4 Credits
- MTH 141 Calculus II 4 Credits
- MTH 312 Advanced Calculus 4 Credits
- MTH 330 Differential Equations 4 Credits
- MTH 337 Linear Algebra 4 Credits
- PHY 110 General Physics I 4 Credits
- PHY 111 General Physics II 4 Credits
- Completion of a Connections Curriculum 30-40 Credits
- BIO 115 Concepts of Biology 4 Credits

#### OR

BIO 128 - Natural History and Conservation in the Lake Superior Watershed 4
 Credits

# One of the following:

- CHM 103 General Chemistry: The Chemistry of Food 4 Credits
- CHM 105 General Chemistry: Chemistry in Social Context 4 Credits
- CHM 108 General Chemistry: Responding to Climate Change 4 Credits
- CHM 110 General Chemistry 4 Credits

# Additional Requirement

• Two additional years of studies at Michigan Technological University or Washington University

Total Engineering (Dual Degree) Major: 78-88 Credits

# English

The English program reflects the overall tenor of the College in its emphasis on the development of critical thinking and communication skills, the importance of integrated cross-disciplinary studies, and concern for the relationship between humans and the natural world. Courses in the English program represent the American and British literary traditions, approaches to creative writing, and a variety of specialty studies, including third world literature, science fiction, nature writing, and women's studies. The English major also grounds students in the study of historical periods and movements.

Graduates of the English program go on to graduate programs and to careers in teaching, publishing, technical writing, public relations, or other occupations that emphasize the ability to write well, read perceptively, speak clearly, and listen carefully.

# English Major (B.A.)

# Major Requirements:

- ENG 262 Survey of British Literature **3 Credits**
- ENG 264 Survey of American Literature **3 Credits**
- ENG 384 Literary Criticism 3 Credits
- ENG 387 The English Language 4 Credits

# Required Blocks:

# The Roots of European Civilization

- ENG 213 Literature of the Western Worlds **3 Credits**
- HIS 221 History of Medieval Europe **3 Credits**

### Two of the following two-course blocks:

- 1. The Middle East and the Muslim World
  - ENG 228 Literature of the Arab World 4 Credits
  - HIS 263 History of the Middle East 3 Credits
- 2. The Roots of American Civilization
  - ENG 264 Survey of American Literature **3 Credits**
  - HIS 102 United States History since 1865 3 Credits
- 3. The Environment and Literature
  - ENG 211 Humanity and Nature in Literature 3 Credits
  - HIS 241 American Environmental History 3 Credits
- 4. Agricultural Humanities
  - ENG 165 Pastoral and Agricultural Literature 4 Credits
  - HIS 120 American Agricultural History 3 Credits

#### Capstone Course:

• ENG 413 - Shakespeare 4 Credits

### OR

• ENG 415 - Chaucer 4 Credits

# Additional Requirements

• Additional courses in ENG or WRI 12 - 15 Credits

Note: A maximum of 6 credits may come from WRI

Total English Major: 47-51 Credits

**English Minor** 

# Minor Requirements:

- ENG 264 Survey of American Literature **3 Credits**
- ENG 384 Literary Criticism **3 Credits**
- ENG 387 The English Language 4 Credits
- ENG 413 Shakespeare 4 Credits

#### OR

• ENG 415 - Chaucer 4 Credits

# Additional Requirements

- Two additional ENG courses 6 Credits
- Two additional WRI courses 6 Credits

Total English Minor: 26 Credits

### **Environmental Education**

The field and practice of Environmental Education refers to both formal and non-formal efforts to teach about how natural environments function, how human behaviors shape and influence those natural functions and how we can change our behaviors in order to sustain a healthy environment for the future of all living things.

Students with an Environmental Education minor are prepared to effectively teach participants of all ages and abilities, in outdoor as well as indoor settings.

**Environmental Education Minor** 

# Minor Requirements:

• OED 261 - Environmental Education Curriculum Review 4 Credits

- PHL 226 Environmental Ethics **3 Credits**
- HIS 241 American Environmental History 3 Credits
- OED 328 Wilderness Writers and Philosophers 4 Credits

# One of the following:

- NAS 315 American Indian Environmental Perspectives 3 Credits
- NAS 319 Northern Plains Cultures **3 Credits**
- NAS 333 Native American World Views **3 Credits**

# One of the following:

- SCD 220 Sustainable Community Planning 3 Credits
- SCD 230 The Political Process **3 Credits**
- SOC 226 Social Movements 3 Credits
- SOC 240 Cultural Ecology **3 Credits**

# One of the following:

- OED 282 Outdoor Education Practicum 4 Credits
- OED 362 Apostle Island School Preparation 0 1 Credits
- OED 363 Apostle Islands School 4 Credits
- OED 492 Internship **3 Credits**

Total Environmental Education Minor: 20-24 Credits

#### **Environmental Geosciences**

The environmental geosciences major provides students with the opportunity to study geologic and hydrologic processes as well as how people are influenced by and impact earth systems. The physical earth—its minerals, rocks, soils, water, and landscapes—form the foundation on which all ecosystems exist, so understanding geologic and hydrologic processes helps students understand environmental issues and their relationship to the earth.

The environmental geosciences major at Northland emphasizes field work, hands-on experiences, and the interdisciplinary nature of the geosciences. Students become proficient at gathering field data and using state-of-the-art equipment to produce maps that illustrate the distribution and nature of Earth's features. The curriculum provides students the broad foundation required in earth science and prepares them to be successful as professional geoscientists immediately after graduation or to continue their studies in graduate school.

Students majoring in the environmental geosciences are required to take all the courses in the list of core courses and to choose an emphasis in geology or water science. The program also supports minors in geology and GIS (Geographic Information Systems).

Environmental Geosciences Major (B.S.)

# Major Requirements:

- GIS 201 Introduction to Geographic Information Systems 4 Credits
- GSC 120 Physical Geology 4 Credits
- GSC 222 Sediments and Soils 4 Credits
- GSC 488 Geoscience Capstone Research 2 Credits
- MTH 107 Statistical Concepts and Analysis 4 Credits
- GSC 486 Senior Seminar in Water Science 2 Credits

### OR

• GSC 498 - Senior Seminar in Geology 2 Credits

# One of the following:

- CHM 100 World of Chemistry 4 Credits
- CHM 103 General Chemistry: The Chemistry of Food 4 Credits
- CHM 105 General Chemistry: Chemistry in Social Context 4 Credits
- CHM 108 General Chemistry: Responding to Climate Change 4 Credits
- CHM 110 General Chemistry 4 Credits

Recommended for graduate school preparation:

One full year of calculus, chemistry, and physics.

#### Emphases:

To complete a major in Environmental Geosciences, choose one of the following emphases:

# Geology Emphasis:

- CHM 240 Inorganic Chemistry 4 Credits
- GSC 320 Landforms 4 Credits
- GSC 321 Minerals and Rocks 4 Credits
- GSC 481 Geologic Field Methods 2 Credits
- GSC 482 Geologic Field Camp 4 Credits

• GSC 305 - Hydrology 4 Credits

### OR

GSC 406 - Hydrogeology and Geochemistry 4 Credits

# Additional Requirements:

• Two additional GSC courses at the 200-level or above 8 Credits

# Water Science Emphasis:

- BIO 115 Concepts of Biology 4 Credits
- BIO 234 Ecology 4 Credits
- BIO 473 Limnology 4 Credits
- CHM 225 Ecological Quantitative Analysis 4 Credits
- GSC 305 Hydrology 4 Credits
- GSC 406 Hydrogeology and Geochemistry 4 Credits
- MET 270 Oceanography 4 Credits
- NRS 215 Natural Resources Policy 3 Credits
- NRS 358 Wetlands 4 Credits

Students entering a career in water science are highly encouraged to enroll in one or more of the following courses:

- BIO 225 Aquatic Invertebrates 4 Credits
- CHM 210 Chemistry of Natural Waters 4 Credits
- MET 125 Introduction to Meteorology 4 Credits
- NRS 325 Stream and Watershed Ecology 4 Credits
- NRS 345 Ecological Restoration 4 Credits

Total Environmental Geoscience Major with Emphasis: 54-59 Credits

# Geology Minor

# Minor Requirements:

- GSC 120 Physical Geology 4 Credits
- Additional GSC courses, 200-lever or above **24 Credits**

Total Geology Minor: 28 Credits

Gender and Women's Studies

The Gender and Women's Studies major at Northland offers students the chance to explore the significance of gender-as well as other categories of identity-in social systems across the world. As an interdisciplinary major, Gender and Women's Studies asks questions such as how women and men learn and perform gender; how gender is constructed and represented through language, individual behavior, and social/cultural institutions; how ideas of gender and gender roles have influenced human interactions with the natural world; and how people can recognize and work to transform the gender ideologies that shape our knowledge and action.

Gender and Women's Studies at Northland is distinguished by its interdisciplinary nature. By taking courses that are grounded in similar assumptions and that raise similar questions regarding gender, but that examine these assumptions and questions within different disciplines, students achieve an understanding of the complexity of the world around them and are more equipped to change it toward equality and ecological sustainability.

Gender and Women's Studies Major (B.A.)

# Major Requirements:

• IDS 480 - Junior-Senior Seminar 3 Credits

Six of the following core courses:

- ENG 233 Women of the Third World **3 Credits**
- GWS 265 Introduction to Gender and Women's Studies 3 Credits
- GWS 266 Ecofeminism 3 Credits
- GWS 331 Feminist Theory **3 Credits**
- HIS 209 Gender in the United States Landscape 3 Credits
- HIS 260 Gender in Modern Europe 3 Credits
- HIS 305 Queer Ethnic History in America 3 Credits
- SOC 234 Sociology of Gender 3 Credits
- SOC 236 Sociology of Sexuality 4 Credits

Eight of the following courses not previously taken:

- BIO 343 Biology of AIDS **3 Credits**
- ENG 216 The Contemporary Novel **3 Credits**
- ENG 234 Science Fiction and Societal Collapse 3 Credits
- ENG 233 Women of the Third World **3 Credits**
- GWS 265 Introduction to Gender and Women's Studies 3 Credits
- GWS 266 Ecofeminism 3 Credits
- GWS 331 Feminist Theory 3 Credits
- HIS 209 Gender in the United States Landscape 3 Credits
- HIS 260 Gender in Modern Europe 3 Credits

- HIS 266 American Material Culture/Objects in Everyday Life and History 3
   Credits
- HIS 305 Queer Ethnic History in America 3 Credits
- NAS 283 American Indian Literature **3 Credits**
- NAS 333 Native American World Views **3 Credits**
- OED 279 Access and Diversity 3 Credits
- SOC 214 Native Americans in Modern Society 3 Credits
- SOC 226 Social Movements 3 Credits
- SOC 234 Sociology of Gender 3 Credits
- SOC 236 Sociology of Sexuality 4 Credits
- SOC 301 Mass Media and Popular Culture 3 Credits
- SOC 336 The Nature of Social Inequality 4 Credits
- SOC 368 Global Inequality 4 Credits
- SOC 374 Human Rights and Social Justice 3 Credits
- \* 490 Independent Study
- \* 491 Field Experience

\*A 490 Independent Study or 491 Field Experience (service course) can be taken in any discipline as long as the focus is relevant to gender and women's studies. Approval of the Gender and Women's Studies Program Coordinator and course instructor is required.

Total Gender and Women's Studies Major: 45-48 Credits

Gender and Women's Studies Minor

Minor Requirements:

Four of the following core courses:

- ENG 233 Women of the Third World 3 Credits
- GWS 265 Introduction to Gender and Women's Studies 3 Credits
- GWS 266 Ecofeminism 3 Credits
- HIS 260 Gender in Modern Europe 3 Credits
- SOC 234 Sociology of Gender 3 Credits
- SOC 236 Sociology of Sexuality 4 Credits
- GWS 331 Feminist Theory **3 Credits**

Four of the following elective courses:

- BIO 343 Biology of AIDS 3 Credits
- ENG 216 The Contemporary Novel **3 Credits**

- ENG 228 Literature of the Arab World 4 Credits
- ENG 234 Science Fiction and Societal Collapse 3 Credits
- HIS 266 American Material Culture/Objects in Everyday Life and History 3
   Credits
- HIS 209 Gender in the United States Landscape 3 Credits
- NAS 283 American Indian Literature 3 Credits
- NAS 333 Native American World Views **3 Credits**
- OED 279 Access and Diversity 3 Credits
- SOC 226 Social Movements 3 Credits
- SOC 336 The Nature of Social Inequality 4 Credits
- SOC 368 Global Inequality 4 Credits
- \*490 Independent Study
- \*491 Field Experience

\*A 490 Independent Study or 491 Field Experience (service course) can be taken in any discipline as long as the focus is relevant to gender and women's studies. Approval of the Gender and Women's Studies Program Coordinator and course instructor is required.

Total Gender and Women's Studies Minor: 24-27 Credits

Geographic Information Systems

The Geographic Information Systems (GIS) minor introduces students to the concepts and theory of GIS, and helps them to develop the practical skills necessary when using basic GIS software in a variety of applications.

Courses include three in using ArcGIS software, in addition to remote sensing, GPS, and geodatabases. Each course in the minor is a combination of both lecture and lab. In the lectures, conceptual elements are explained. Labs provide students with first-hand experience in critical thinking, data input and management, methods of analyses, and final map and report presentations.

Geographic Information Systems Minor

#### Minor Requirements:

- GIS 201 Introduction to Geographic Information Systems 4 Credits
- GIS 260 Global Positioning Systems 1 Credits
- GIS 301 Intermediate GIS Applications 4 Credits
- GIS 315 Geodatabases 3 Credits
- GIS 380 Remote Sensing 4 Credits
- GIS 401 Advanced GIS Applications 4 Credits

• GIS 492 - Internship 1 Credits

Total Geographic Information Systems Minor: 21 Credits

History

The history major teaches students how to see and understand the world around them as the result of a complex set of dynamic interactions between culture, economics, politics, the environment, ideas, ideologies, and social trends. Students in this major learn how to read critically, write clearly and authoritatively, and think comprehensively about the course of human events.

The history major offers students crucial skills for the job market, and prepares students for the pursuit of careers in journalism, writing, diplomacy, law, technical writing, ministry, public relations, public administration, and non-profit work as well as graduate studies in history, law or international relations.

History Major (B.A.)

Major Requirements:

Core Blocks:

Students must complete one, two-course block from each of the three categories:

Category One: Non-Western Cultures

- a) The Middle East:
  - ENG 228 Literature of the Arab World 4 Credits

OR

- REL 330 Islam 3 Credits
- HIS 263 History of the Middle East 3 Credits
- b) Asian Culture:
  - HIS 111 History of World Civilizations to 1500 3 Credits
  - REL 230 Asian Religions and Philosophies **3 Credits**

Category Two: Western Cultural Roots

- a) The Roots of European Civilization:
  - ENG 213 Literature of the Western Worlds 3 Credits
  - HIS 221 History of Medieval Europe **3 Credits**
- b) The Roots of American Civilization:
  - ENG 264 Survey of American Literature 3 Credits
  - HIS 101 United States History to 1865 3 Credits

Category Three: Current Cultures

- a) Ideology and Society:
  - HIS 234 Ideology in the 20th Century **3 Credits**
  - HUM 220 Soviet Art and Music 3 Credits
- b) Current America:
  - HIS 102 United States History since 1865 3 Credits
  - MUS 205 Story of Jazz 3 Credits
- c) Gender in Current Culture:
  - GWS 266 Ecofeminism 3 Credits
  - HIS 209 Gender in the United States Landscape 3 Credits

OR

- HIS 260 Gender in Modern Europe 3 Credits
- 27 Additional credits from the following:
  - Additional History (HIS) courses
  - Other NAS courses with a strong history component
  - ART 230 Art History Ancient to Medieval **3 Credits**
  - ART 231 Art History Renaissance to Modern 3 Credits
  - ART 232 Contemporary Art History 3 Credits
  - NAS 211 Native American History to 1830 3 Credits
  - NAS 212 Native American History 1830 to Present 3 Credits

### Required:

• IDS 480 - Junior-Senior Seminar 3 Credits

Total History Major: 48-49 Credits

**History Minor** 

# Minor Requirements:

• 21 HIS credits with at least 9 credits at the 300-level or above \*

#### Note:

\*Students are also strongly encouraged to select both western and non-western history courses for their minor.

Total History Minor: 21 Credits

#### Humanities

The Humanities major is an interdisciplinary major that focuses on exploring the human condition through the ideas, artistic movements, religions, ideologies, and intellectual structures that humans use, and have used, to understand and give meaning to their world. At the heart of this endeavor is the commitment to use multiple disciplinary perspectives from the humanities to understand ideas across multiple eras, regions, and cultures.

Students in this major will gain a strong foundation in critical thinking; reading and interpretive skills; comparative study; and effective writing in several disciplines. This major prepares students for any number of careers in the humanities, publishing, writing, journalism, government and diplomatic service, and also effectively prepares them for graduate study in law, journalism, English, History, Religious Studies, Seminary, Government and Diplomacy, Cultural Studies and Humanities.

Humanities Major (B.A.)

# **Humanities Major Requirements:**

- 1. Students must complete four, XHH Connections blocks. (24 credits)
- 2. Students must take seven additional courses (beyond their blocks) with ART, ENG, GWS, HIS, HUM, MUS, NAS, PHL, REL, or WRI prefixes (21 credits)
- 3. Through their blocks or electives, students must take at least three courses in each of three different programs (e.g. three HIS, three GWS and three ART courses, or three REL, three MUS and three ENG courses)
- 4. Through their blocks or electives, students must take at least three courses at the 300 level or higher.

5. Students must take IDS 480 : Junior-Senior Seminar (3 credits)

# **Total Required Credits for Major: 48**

# **Humanity and Nature Studies**

Humanity & Nature Studies is a major designed for students who want to understand the complex relationships that people have with nature and, through this understanding, to make a difference in the world.

Integral to the courses in the major are three fundamental questions: Who am I? What is Nature? And, How do I interact with the world after my attempts to answer the first two questions?

The major emphasizes an interdisciplinary exploration of human-nature relationships that prepares students to weave together insights and methodologies from the humanities, social sciences, and natural sciences. Through these insights & methodologies, students broaden and deepen their understanding of how humans have conceived of their relationships to nature over time. Students who complete the Humanity & Nature Studies major develop a sophisticated understanding of how humans continue to conceive, construct, and fulfill their relationships to the natural world.

The major prepares students to pursue graduate or professional studies in fields, such as Environmental Law and Environmental Humanities, or for a variety of environmentally focused careers in business, education, government, industry, advertising, public policy, community planning, nature therapy, or the non-profit sector.

The Environmental Humanities minor provides students with a foundational understanding of how people have thought about their relationship to nature over time and across a variety of cultures. The minor is especially relevant for students who hope to pursue careers, such as Natural Resource management, environmental consulting, sustainable community development, or political organizing, that require them to understand and appreciate the values and attitudes that influence the decisions and actions of others in relationship to the natural world. The minor also offers a valuable course of study for students interested in exploring and better understanding the roots of their own relationships to nature.

Humanity and Nature Studies Major (B.A.)

# Major Requirements:

- BIO 115 Concepts of Biology 4 Credits
- BIO 234 Ecology 4 Credits

- ENG 211 Humanity and Nature in Literature 3 Credits
- HIS 241 American Environmental History 3 Credits
- HIS 325 Nature and Nation: Environment, Art, Ideology 3 Credits
- IDS 480 Junior-Senior Seminar 3 Credits
- NAS 315 American Indian Environmental Perspectives 3 Credits
- NAS 333 Native American World Views 3 Credits
- PSY 231 Ecopsychology **3 Credits**
- REL 258 Religion and Nature 3 Credits
- PHL 226 Environmental Ethics 3 Credits

#### OR

- PHL 262 Environmental Philosophy 4 Credits
- SOC 315 Sociology of Community 3 Credits

#### OR

• SOC 341 - Sociology of the Environment **3 Credits** 

#### One of the following:

- ENG 318 Nature Writers 3 Credits
- ENG 372 Nature in Latin American Literature 3 Credits
- ENG 377 Green Romanticism 3 Credits
- OED 328 Wilderness Writers and Philosophers 4 Credits

# One of the following:

- ART 306 Art Collaborations with Nature 3 Credits
- ENG 240 Pens and Paddles in the North Woods 4 Credits
- IDS 280 Trekking Planet Japan 4 Credits
- IDS 281 Spring in Italy 4 Credits
- MUS 263 Music and Nature 3 Credits
- SOC 343 Australian and New Zealand Culture 4 Credits

#### Emphases:

To complete a major in Humanity and Nature Studies, choose one of the following emphases:

### Global Cultural Perspectives Emphasis:

- GWS 266 Ecofeminism 3 Credits
- IDS 254 Diversity and the Environment 3 Credits
- NAS 305 Global and Comparative Perspectives 3 Credits
- ENG 217 Contemporary Third World Literature 4 Credits

#### OR

• ENG 233 - Women of the Third World **3 Credits** 

Leadership and a New Future Emphasis:

- BUS 344 Ethical Leadership **3 Credits**
- SCD 335 Organizing Communities 3 Credits
- OED 221 Group Process and Leadership 4 Credits
- PSY 330 Leadership for Change 3 Credits

# Reviving a Natural History Emphasis:

# Two of the following:

- BIO 222 Woodland Plants of Northern Wisconsin 4 Credits
- BIO 225 Aquatic Invertebrates 4 Credits
- BIO 242 Ichthyology 4 Credits
- BIO 244 Field Ornithology 4 Credits
- BIO 245 Mammalogy 4 Credits

# Two of the following:

- BIO 328 Vegetative Communities of Northern Wisconsin 4 Credits
- NRS 325 Stream and Watershed Ecology 4 Credits
- NRS 345 Ecological Restoration 4 Credits
- NRS 348 Wildlife Ecology and Management 4 Credits
- NRS 358 Wetlands 4 Credits

Total Humanity and Nature Studies Major with Emphasis: 56-63 Credits

#### **Environmental Humanities Minor**

# Minor Requirements:

• ENG 211 - Humanity and Nature in Literature 3 Credits

- ENG 318 Nature Writers **3 Credits**
- HIS 241 American Environmental History 3 Credits
- HIS 325 Nature and Nation: Environment, Art, Ideology 3 Credits
- NAS 333 Native American World Views 3 Credits
- PHL 226 Environmental Ethics **3 Credits**
- REL 258 Religion and Nature 3 Credits

Total Environmental Humanities Minor: 21 Credits

#### **Mathematical Sciences**

Mathematics, at the core of a liberal arts education and the foundation of a science curriculum, is uniquely positioned as a program at Northland College. Students in the Mathematics program develop collaborative relationships with the Mathematics faculty that allow in-depth exploration of traditional mathematical concepts. These concepts are then broadened and applied in courses taught by faculty from other disciplines.

Thus, students who graduate with a Mathematical Sciences degree have a solid foundation in mathematical concepts, and knowledge and experience in applying those concepts to model environmental, social, or physical phenomena and to solve complex problems. This dual training prepares Northland graduates to gain admission to graduate schools in mathematics, engineering, and other fields and to secure employment in a wide variety of disciplines including teaching, business, and government.

Mathematical Sciences Major (B.S.)

# Major Requirements:

- MTH 107 Statistical Concepts and Analysis 4 Credits
- MTH 140 Calculus I 4 Credits
- MTH 141 Calculus II 4 Credits
- MTH 207 Biometry **4 Credits**
- MTH 230 Mathematical Modeling 4 Credits
- MTH 312 Advanced Calculus 4 Credits
- MTH 330 Differential Equations 4 Credits
- MTH 337 Linear Algebra 4 Credits
- MTH 470 Advanced Topics in Mathematics 4 Credits
- PHY 110 General Physics I 4 Credits

# Additional Requirements:

• Additional courses with a quantitative focus 15-16 Credits

**Note:** These courses must be chosen from within mathematical sciences or other programs in consultation with a mathematical sciences professor and should be selected to augment one's interests in mathematical sciences (e.g., College Geometry and Discrete

Mathematics) or in support of one's combined interests in mathematics and another discipline (e.g., advanced physics or computer science). Note that some other courses of a quantitative nature may require pre-requisites in addition to those required above.

Total Mathematical Sciences Major: 55-56 Credits

**Mathematical Sciences Minor** 

### Minor Requirements:

- MTH 107 Statistical Concepts and Analysis 4 Credits
- MTH 140 Calculus I 4 Credits
- MTH 141 Calculus II 4 Credits

### Additional Requirements:

• Additional MTH courses at the 200-level or higher **15-16 Credits** 

Total Mathematical Sciences Minor: 27-28 Credits

# Meteorology

For many, interest in meteorology begins at an early age with observations of, and a passion for, local weather. The meteorology major encourages students to pursue this passion and challenges them to strengthen and broaden their knowledge of the physical and chemical processes of the atmosphere and ocean. An understanding of the atmosphere and ocean helps students put environmental issues in an appropriate context.

Courses in the meteorology major emphasize hands-on experiences whenever possible. Students will become proficient in analyzing meteorological and climatological data. The curriculum will introduce students to a wide variety of atmospheric and oceanic topics. Students will learn about physical mechanisms as well as tools used to measure the atmosphere and ocean.

The meteorology major will prepare students for employment in a number of areas. Students who successfully complete the major are eligible to receive the American Meteorological Society Certified Broadcast Meteorologist seal and the National Weather Association Broadcasting Seal. The curriculum also provides students with a strong foundation to continue their studies in graduate school or to pursue a career in other meteorological/climatological fields.

Meteorology Major (B.S.)

# Major Requirements:

• CHM 245 - Atmospheric Chemistry and Climate 4 Credits

- GIS 201 Introduction to Geographic Information Systems 4 Credits
- GIS 380 Remote Sensing 4 Credits
- MET 125 Introduction to Meteorology **4 Credits**
- MET 363 Synoptic Meteorology 4 Credits
- MET 387 Mesoscale Meteorology **3 Credits**
- MET 463 Dynamic Meteorology 4 Credits
- MET 467 Atmospheric Physics **3 Credits**
- MET 480 Senior Seminar in Meteorology **3 Credits**
- MTH 140 Calculus I 4 Credits
- MTH 141 Calculus II 4 Credits
- MTH 312 Advanced Calculus 4 Credits
- MTH 330 Differential Equations 4 Credits
- PHY 110 General Physics I 4 Credits
- PHY 111 General Physics II 4 Credits
- PHY 330 Thermodynamics **3 Credits**

### One of the following:

- CHM 103 General Chemistry: The Chemistry of Food 4 Credits
- CHM 105 General Chemistry: Chemistry in Social Context 4 Credits
- CHM 108 General Chemistry: Responding to Climate Change 4 Credits
- CHM 110 General Chemistry 4 Credits

# One of the following:

- MET 255 Practicum Broadcast Meteorology **3 Credits**
- MET 270 Oceanography 4 Credits
- PHY 306 Classical Mechanics 3 Credits

Total Meteorology Major: 67-68 Credits

#### Music

The Music minor grounds students in the theory and history of musical composition and performance over time and across cultures.

# Music Minor

### Minor Requirements:

- MUS 231 Music Theory I 3 Credits
- MUS 232 Music Theory II 3 Credits
- MUS 323 Survey of Musical Styles I 3 Credits
- MUS 324 Survey of Musical Styles II 3 Credits
- An additional 6 music (MUS) credits.

# An additional 4 credits of ensemble participation:

- MUS 121 Chamber Music in Performance 1 Credits
- MUS 122 Voice in Class 1 Credits
- MUS 131 Symphonic Band **0 1 Credits**
- MUS 141 Northland Singers 0 1 Credits
- MUS 151 Jazz Band **0 1 Credits**
- MUS 161 Chequamegon Symphony 0 1 Credits
- MUS 171 Chamber Choir **0 1 Credits**

#### An additional 4 credits of individual instruction:

- MUS 181 Individual Brass Lessons 1 Credits
- MUS 182 Individual Guitar Lessons 1 Credits
- MUS 183 Individual Percussion Lessons 1 Credits
- MUS 184 Individual Piano Lessons 1 Credits
- MUS 185 Individual Strings Lessons 1 Credits
- MUS 186 Individual Voice Lessons 1 Credits
- MUS 187 Individual Woodwind Lessons 1 Credits

Total Music Minor: 26 Credits

#### Native American Studies

The Native American studies major focuses on indigenous cultures and traditional teachings at the core of the program, with particular attention given to Lake Superior regional native history. The program includes first-hand contact with local tribes and native Ojibwe communities alongside a rigorous academic curriculum. The curriculum includes native worldviews and indigenous ways of knowing as a rich compliment to the environmental mission of the College.

This major also helps students understand the social, economic, and environmental situations related to the everyday lives of Native communities today. Graduates will be well prepared for work in tribal government and related businesses, careers in living history centers and museums, outdoor recreation and interpretation programs, social-service agencies, and advanced academic work in Native culture studies.

Native American Studies Major (B.A.)

# Major Requirements:

- NAS 121 Introduction to Ojibwe Language I **3 Credits**
- NAS 211 Native American History to 1830 3 Credits
- NAS 212 Native American History 1830 to Present 3 Credits
- NAS 224 Introduction to Tribal Legal Studies 3 Credits
- NAS 225 Native American Woodland Skills 3 Credits

- NAS 231 Native American Arts and Cultures **3 Credits**
- NAS 239 Native American Storytelling **3 Credits**
- NAS 300 Ethnobiology **3 Credits**
- NAS 315 American Indian Environmental Perspectives 3 Credits
- NAS 319 Northern Plains Cultures **3 Credits**
- NAS 333 Native American World Views 3 Credits
- NAS 479 Native American Studies Seminar 3 Credits
- SOC 214 Native Americans in Modern Society 3 Credits

# One of the following:

- REL 219 The Nature of Religious Experience 3 Credits
- REL 220 Myth and Ritual 3 Credits
- REL 258 Religion and Nature 3 Credits

Total Native American Studies Major: 48 Credits

Native American Studies Minor

# Minor Requirements:

- NAS 283 American Indian Literature 3 Credits
- NAS 315 American Indian Environmental Perspectives **3 Credits**
- NAS 333 Native American World Views **3 Credits**
- NAS 211 Native American History to 1830 **3 Credits**

#### OR

• NAS 212 - Native American History 1830 to Present 3 Credits

# Additional Requirements:

• Additional NAS courses 12 Credits

Total Native American Studies Minor: 24 Credits

#### Natural Resources

The natural resources program provides students with a liberal arts education and ecological, economic, regulatory, and management foundations necessary to use, protect, and enhance natural resources. Students address the complexities inherent in evaluating the needs of different user groups and understand the multiple demands on natural resources.

Students acquire the knowledge and skills necessary to communicate effectively, manage resources, and solve problems and conflicts. Practical experience is gained from field activities, working in groups, preparing plans and budgets, and analyzing data. The natural resources major prepares students for graduate school and careers in government, tribal agencies, not-for-profit organizations, and the private sector.

Natural Resources Major (B.S.)

### Major Requirements:

- BIO 115 Concepts of Biology **4 Credits**
- BIO 234 Ecology 4 Credits
- BIO 330 Genetics 4 Credits
- ECN 310 Environmental Economics 3 Credits
- GIS 201 Introduction to Geographic Information Systems 4 Credits
- MTH 107 Statistical Concepts and Analysis 4 Credits
- NRS 215 Natural Resources Policy 3 Credits
- NRS 480 Integrated Ecosystem Management 4 Credits

#### One of the following:

- CHM 103 General Chemistry: The Chemistry of Food 4 Credits
- CHM 105 General Chemistry: Chemistry in Social Context 4 Credits
- CHM 108 General Chemistry: Responding to Climate Change 4 Credits
- CHM 110 General Chemistry 4 Credits

# Emphases:

To complete a major in Natural Resources, choose one of the following emphases:

# **Ecological Restoration Emphasis:**

- BIO 328 Vegetative Communities of Northern Wisconsin 4 Credits
- GSC 120 Physical Geology 4 Credits
- NRS 345 Ecological Restoration 4 Credits

#### Two of the following:

- BIO 473 Limnology **4 Credits**
- NRS 325 Stream and Watershed Ecology 4 Credits
- NRS 358 Wetlands 4 Credits

### One of the following:

- BIO 222 Woodland Plants of Northern Wisconsin 4 Credits
- BIO 225 Aquatic Invertebrates **4 Credits**

- BIO 242 Ichthyology 4 Credits
- BIO 244 Field Ornithology 4 Credits
- BIO 245 Mammalogy 4 Credits

# One of the following:

- GSC 222 Sediments and Soils 4 Credits
- GSC 305 Hydrology 4 Credits
- GSC 320 Landforms 4 Credits

# Fisheries and Wildlife Ecology Emphasis:

- BIO 360 Vertebrate Physiology 4 Credits
- MTH 207 Biometry 4 Credits
- NRS 225 Fisheries and Wildlife Techniques 4 Credits

# One of the following:

- BIO 225 Aquatic Invertebrates 4 Credits
- BIO 242 Ichthyology 4 Credits
- BIO 244 Field Ornithology 4 Credits
- BIO 245 Mammalogy 4 Credits
- BIO 246 Ornithology 4 Credits

# Three of the following:

- BIO 328 Vegetative Communities of Northern Wisconsin 4 Credits
- BIO 473 Limnology 4 Credits
- NRS 325 Stream and Watershed Ecology 4 Credits
- NRS 348 Wildlife Ecology and Management 4 Credits
- NRS 349 Fisheries Science and Management 4 Credits
- NRS 358 Wetlands 4 Credits

# Forestry Emphasis:

- BIO 222 Woodland Plants of Northern Wisconsin 4 Credits
- BIO 328 Vegetative Communities of Northern Wisconsin 4 Credits
- NRS 347 Sustainable Forest Management 4 Credits
- NRS 361 Forest Mensuration 4 Credits
- NRS 363 Fire Ecology and Management **3 Credits**
- NRS 425 Silviculture and Harvest 4 Credits
- GIS 260 Global Positioning Systems 1 Credits

• NRS 102 - Wildland Firefighter Training 1 Credits

One of the following:

- GSC 222 Sediments and Soils 4 Credits
- NRS 325 Stream and Watershed Ecology 4 Credits
- NRS 345 Ecological Restoration **4 Credits**

Total Natural Resources Major with Emphasis: 62 Credits

#### Outdoor Education

The Outdoor Education program provides students with the skills, knowledge, experience, and confidence to enter the profession as an educator and a leader. At Northland, students work with faculty who are redefining the role of outdoor education in environmental and social sustainability, gain experience providing outdoor and environmental education to children and adults, and engage people of all ages and abilities in establishing sustainable relationships with nature and humanity.

While in the program, students gain an understanding of the principles that guide effective outdoor education experiences, read the works of leading outdoor educators, gain perspective from historical expeditions, and embark on their own experiences within the woods, waters, and wilderness of our region. Students also develop advanced professional skills and knowledge during their junior and senior years under the close supervision and support of program faculty. Finally, students join a family of graduates who are experienced educators of universally designed outdoor and environmental education and skilled in sustainable outdoor living and travel principles and practices.

# **Outdoor Education's Embedded Curricula**

Northland College leads the Outdoor Education profession in the development of environmentally sustainable and universally designed practices for outdoor education programs. To provide our students with the best professional-level knowledge and skill, we embed cutting-edge curricula throughout our courses in the areas of Access and Diversity and Responsible Environmental Impact in the following ways.

# **Access and Diversity in Outdoor Education**

Students explore ways to include under-represented and marginalized populations in outdoor education. In select courses each semester, faculty and students work together to incorporate universal design into outdoor education activities, programs, and professional skill development. When congruent with course intent, students apply skills and knowledge in community-based experiences in support of under-served populations.

# **Responsible Environmental Impact in Outdoor Education**

In select courses each semester, faculty and students work together to study popular practices of the outdoor education profession and to identify and apply alternatives that reduce adverse impacts on our natural environments and human societies by using the As Sustainable as Possible (ASAP) model developed by Northland College Students and faculty.

Outdoor Education Major (B.S.)

# Major Requirements:

- OED 221 Group Process and Leadership 4 Credits
- OED 261 Environmental Education Curriculum Review 4 Credits
- OED 270 Facilitating Challenge Course Programs 4 Credits
- OED 276 Foundation and Principles of Outdoor Education 4 Credits
- OED 328 Wilderness Writers and Philosophers 4 Credits
- OED 424 Outdoor Education Programming and Risk Management 4 Credits
- OED 496 Outdoor Education Capstone 3 4 Credits
- OED 210 Inclusive Outdoor Education 3 Credits

#### OR

- OED 279 Access and Diversity 3 Credits
- OED 332 Winter Travel and Living Skills 4 Credits

#### OR

• OED 446 - Wilderness Instructor Training 4 Credits

# **Outdoor Education Professional Development Block**

The following four courses are taken concurrently during fall term of the junior year

- OED 237 Woodscraft and Woodland Skills 2 Credits
- OED 324 Water Skills and Water Travel **5 Credits**
- OED 326 Land Travel, and Camping Skills **5 Credits**
- OED 381 Outdoor Education Teaching Techniques 5 Credits

### Emphases:

To complete a major in Outdoor Education, choose one of the following emphases:

Therapeutic and Universal Design Emphasis:

- OED 437 Universal Design Laboratory 4 Credits
- OED 439 Therapeutic Principles and Practices 4 Credits
- Relevant Field Experience, Independent Study, Research or Teaching Assistant 2 4 Credits

Natural History and Interpretation Emphasis:

- OED 361 Interpretive Program Design 3 Credits
- OED 362 Apostle Island School Preparation 0 1 Credits
- OED 363 Apostle Islands School 4 Credits
- OED 425 Advanced Topics in Natural History 4 Credits

Wilderness Leadership Emphasis:

Two from the following:

OED 330 and 331 must be approved.

- OED 330 National Outdoor Leadership School Course 1-4 Credits
- OED 331 Outward Bound Course 1 3 Credits
- OED 332 Winter Travel and Living Skills 4 Credits
- OED 446 Wilderness Instructor Training 4 Credits

One from the following:

- Wellness Curriculum Level 4 certification in climbing or paddling.
- American Canoe Association Instructor certification or equivalent in one discipline.
- AMGA Single Pitch Instructor certification or equivalent.

# Individualized Emphasis:

• Worked with an OED faculty adviser to design an appropriate emphasis for an area of professional interest (9 credits minimum).

<sup>\*</sup> Completion of OED 332 or OED 446, whichever is not completed in the core requirements, or completion of an approved outdoor adventure education 21-35 day course.

Total Outdoor Education Major with Emphasis: 56-64 Credits

**Outdoor Education Minor** 

# Minor Requirements:

- OED 221 Group Process and Leadership 4 Credits
- OED 261 Environmental Education Curriculum Review 4 Credits
- OED 276 Foundation and Principles of Outdoor Education 4 Credits
- OED 328 Wilderness Writers and Philosophers 4 Credits

### Additional Requirements:

- Completion of two land-skill courses and two water-skill courses at Level 2 or higher in the Northland College Wellness Co-curriculum.
  - Land Skills: backpacking, wilderness navigation, earth skills, rock climbing.
  - o Water Skills: canoeing, coastal kayaking, river kayaking.

#### OR

• Completion of an Outward Bound or National Outdoor Leadership School course of 25 days or longer.

Total Outdoor Education Minor: 16-20 Credits

# Philosophy

A minor in philosophy develops critical thinking skills in the evolving Western tradition and can be combined with any major. A philosophy minor provides excellent preparation for graduate studies, law school, or business, community development, or simply for leading a better life.

# Philosophy Minor

### Minor Requirements:

- PHL 270 Philosophy of Science 4 Credits
- PHL 275 Elementary Logic **3 Credits**
- PHL 282 Contemporary Western Philosophy 3 Credits
- PHL 330 Philosophy of Language 3 Credits
- PHL 225 Ethics 3 Credits

• PHL 226 - Environmental Ethics **3 Credits** 

# Two of the following:

- HIS 111 History of World Civilizations to 1500 3 Credits
- HIS 112 History of World Civilizations since 1500 3 Credits
- HIS 234 Ideology in the 20th Century **3 Credits**
- HIS 320 The Enlightenment 3 Credits
- PHL 262 Environmental Philosophy 4 Credits
- PHL 266 Environmental Aesthetics **4 Credits**
- PHL 360 Concepts of Nature 3 Credits
- REL 230 Asian Religions and Philosophies **3 Credits**

Total Philosophy Minor: 21-22 Credits

# Physics

Physics minor coursework covers basic principles and scientific techniques of physics. It includes advanced instruction in atmospheric physics, thermodynamics, classical mechanics, and modern physics.

As the broadest of the sciences, physics provides rigorous problem-solving training that is applicable across the disciplines. A minor in physics is a particularly appropriate complement to majors or advanced studies in biology, chemistry, meteorology, geology, engineering, and computer science.

**Physics Minor** 

# Minor Requirements:

- MTH 140 Calculus I 4 Credits
- MTH 141 Calculus II 4 Credits
- PHY 110 General Physics I **4 Credits**
- PHY 111 General Physics II 4 Credits
- PHY 330 Thermodynamics **3 Credits**
- An additional 6 PHY credits.

Total Physics Minor: 25 Credits

Psychology

Psychology minor coursework focuses on appreciating and understanding the human condition from a scientific, psychological point of view. Students completing the minor in psychology possess a breadth of knowledge pertaining to the major principles, theoretical approaches, and findings in psychology. Students develop an understanding of the relevance and applicability of psychological principles, approaches and findings to individual, group, and social issues. Of particular emphasis are applications that are relevant to the relationship between humans and nature.

A psychology minor is richly supportive of any major as it prepares students to understand and analyze the social and psychological processes at work in any field of study or practical endeavor.

Psychology Minor

# Minor Requirements:

- PSY 110 General Psychology 4 Credits
- Two 200-level PSY courses **6 Credits**
- One 300-level PSY course **3 Credits**

# Additional Requirements:

An additional 9 to 10 credits from one or more of the following categories:

- Any PSY course not previously completed
- MTH 107 Statistical Concepts and Analysis 4 Credits
- SOC 370 Social Science Research Methods 4 Credits

Total Psychology Minor: 22-23 Credits

### **Religious Studies**

The religious studies major engages students in fundamental questions of human knowledge, morality, and faith. The program includes an interdisciplinary approach to religion, including philosophy as part of the core curriculum. The course of studies emphasizes global faith perspectives and seeks to foster critical thinking, engage a broad spectrum of ideas, and develop strong written and oral expression. Classes involve a free exchange of ideas and a strong emphasis on group discussion.

**Religion Minor** 

Minor Requirements

- REL 219 The Nature of Religious Experience 3 Credits
- REL 220 Myth and Ritual 3 Credits
- REL 229 Idea of God 3 Credits
- REL 230 Asian Religions and Philosophies 3 Credits

# One of the following:

- IDS 281 Spring in Italy 4 Credits
- IDS 280 Trekking Planet Japan 4 Credits
- REL 257 Death and Dying 3 Credits

# One of the following:

- REL 315 Christian Thought 3 Credits
- REL 330 Islam 3 Credits
- REL 331 Zen Buddhism 3 Credits

# Additional Requirements

• An additional 6 REL credits

Total Religion minor: 24-25 Credits

Religious Studies Major (B.A.)

#### Major Requirements:

- HIS 111 History of World Civilizations to 1500 3 Credits
- REL 219 The Nature of Religious Experience **3 Credits**
- REL 229 Idea of God 3 Credits
- REL 230 Asian Religions and Philosophies 3 Credits
- PHL 225 Ethics 3 Credits
- REL 231 Buddhism 3 Credits
- REL 315 Christian Thought **3 Credits**
- PHL 360 Concepts of Nature 3 Credits

#### One of the following:

- IDS 280 Trekking Planet Japan 4 Credits
- IDS 281 Spring in Italy 4 Credits
- PHL 275 Elementary Logic **3 Credits**
- REL 257 Death and Dying 3 Credits
- Other courses with the consent of the major advisor **3 Credits**

Senior Capstone (one of the following):

- IDS 480 Junior-Senior Seminar 3 Credits
- IDS 496 Independent Study **3 Credits**
- IDS 497 Independent Study **3 Credits**
- REL 331 Zen Buddhism **3 Credits**
- PHL 330 Philosophy of Language **3 Credits**

An additional 5 elective courses from the following:

- ENG 384 Literary Criticism 3 Credits
- GWS 331 Feminist Theory **3 Credits**
- HIS 263 History of the Middle East **3 Credits**
- HIS 270 The Holocaust 3 Credits
- NAS 333 Native American World Views **3 Credits**
- OED 224 North Woods Pathways 4 Credits
- OED 328 Wilderness Writers and Philosophers 4 Credits
- SOC 225 Social Problems 3 Credits
- Any course with a REL or PHL prefix not used to satisfy major requirements above **3 Credits**
- Other courses with consent of major advisor **3 Credits**

Total Religious Studies Major: 45-48 Credits

Sociology and Social Justice

The objective of the sociology and social justice program is to provide students with both a theoretical and practical understanding of the discipline of sociology and the interdisciplinary field of social justice. One comprehensively designed program will prepare students for graduate studies and develop in them practical skills for involved citizenship at the local, state, national, and even global level. Constructive approaches to the pressing issues of identity, equality, resource distribution, diversity, and environmental sustainability will be explored at the personal, governmental, and societal levels. The core question of the program is: How are democracy, equality, environmental protection, and sustainability to be achieved? Students in the program are strongly encouraged to take advantage of experiential opportunities through internships, volunteer opportunities, travel-study, and community justice work.

Students completing the program will have developed skills in critical analysis, conflict resolution, various social science research methods, writing, public presentations, and socially responsible citizenship. The strong emphasis on theory and research methods ensures that graduates will be well qualified for graduate studies in a variety of fields.

#### Sociology and Social Justice Major (B.S.)

#### Major Requirements:

- MTH 107 Statistical Concepts and Analysis 4 Credits
- SOC 111 Introduction to Sociology **4 Credits**
- SOC 226 Social Movements 3 Credits
- SOC 336 The Nature of Social Inequality 4 Credits
- SOC 370 Social Science Research Methods 4 Credits
- SOC 448 Sociological Theory 3 Credits
- SOC 488 Capstone in Sociology and Social Justice 4 Credits

#### Emphases:

To complete a major in Sociology and Social Justice, choose one of the following emphases:

## Social Justice Emphasis:

12 to 15 credits from the following:

(At least 9 credits must be 300-level or above)

- SCD 422 Capitalism, Justice, and Sustainability 3 Credits
- SOC 225 Social Problems 3 Credits
- SOC 236 Sociology of Sexuality 4 Credits
- SOC 315 Sociology of Community **3 Credits**
- SOC 332 Crime, Deviance, and Social Justice 3 Credits
- SOC 338 Political Sociology 4 Credits
- SOC 341 Sociology of the Environment **3 Credits**
- SOC 368 Global Inequality 4 Credits
- SOC 374 Human Rights and Social Justice 3 Credits
- SOC 381 Undoing Racism 3 Credits
- SOC 472 Advanced Justice Studies 4 Credits

#### One of the following:

- BUS 362 Non-Profit Management **3 Credits**
- GWS 266 Ecofeminism 3 Credits
- HIS 263 History of the Middle East **3 Credits**
- HIS 270 The Holocaust 3 Credits
- REL 270 Religion and Human Rights 3 Credits

#### An additional 3-4 credits of the following:

• SOC 291/491 - Field Experience

• SOC 292/492 - Internship

Sociology Emphasis:

15 to 20 credits from the following:

(At least 9 credits must be 300 or above)

- SOC 225 Social Problems 3 Credits
- SOC 234 Sociology of Gender 3 Credits
- SOC 236 Sociology of Sexuality 4 Credits
- SOC 240 Cultural Ecology 3 Credits
- SOC 301 Mass Media and Popular Culture 3 Credits
- SOC 315 Sociology of Community **3 Credits**
- SOC 332 Crime, Deviance, and Social Justice 3 Credits
- SOC 338 Political Sociology 4 Credits
- SOC 341 Sociology of the Environment **3 Credits**
- SOC 343 Australian and New Zealand Culture 4 Credits
- SOC 368 Global Inequality 4 Credits
- SOC 381 Undoing Racism 3 Credits
- SOC 290/490 Independent Study **3-4 Credits**
- SOC 291/491 Field Experience 3-4 Credits
- SOC 292/492 Internship **3-4 Credits**

Total Sociology and Social Justice Major with Emphasis: 45-52 Credits

Sociology and Social Justice Minor

#### Minor Requirements:

- MTH 107 Statistical Concepts and Analysis 4 Credits
- SOC 111 Introduction to Sociology **4 Credits**
- SOC 336 The Nature of Social Inequality 4 Credits
- SOC 381 Undoing Racism 3 Credits
- SOC 448 Sociological Theory **3 Credits**
- An additional 6-8 SOC credits.

Total Sociology and Social Justice Minor: 25-27 Credits

Sustainable Community Development

"Northland College aims, by academic excellence and sustainable practice, to lead the way to a world where integrated natural communities can thrive together indefinitely."

The Sustainable Community Development major is designed for students who are interested in the interdependence of environmental, economic, and social issues and who want to strengthen their abilities to become effective community change agents. Sustainable Community Development offers courses in a wide range of areas including the theory and practice of Sustainable Community Development, community-building, co-operative economies, globalization, and social enterprises and leadership for Sustainable Community Development.

Students and faculty study the relationships among theory, practice, values, social and institutional structures, and various socio-environmental change processes. The program is designed to integrate knowledge gained in an academic setting with learning acquired through volunteer work, personal experience, internships, the programs of the Sigurd Olson Environmental Institute, and the experiences of regional community members. Central to this curriculum is the development of the whole person-a process that emphasizes social values, creativity, and the recognition that community involvement is necessary for individual growth and the enrichment of our society.

Sustainable Community Development majors prepare for careers in diverse areas such as government service, environmental consulting, urban & rural land-use planning, economic development, community development, and Director of Sustainability positions in both the public and private sector.

Sustainable Community Development Major (B.A.)

#### Major Requirements:

- BIO 115 Concepts of Biology 4 Credits
- BIO 234 Ecology 4 Credits
- BUS 226 Essentials of Economics 4 Credits
- BUS 362 Non-Profit Management 3 Credits
- ECN 310 Environmental Economics **3 Credits**
- GIS 201 Introduction to Geographic Information Systems 4 Credits
- MTH 107 Statistical Concepts and Analysis 4 Credits
- SCD 110 Introduction to Sustainable Community Development 4 Credits
- SCD 220 Sustainable Community Planning 3 Credits
- SCD 230 The Political Process 3 Credits
- SCD 335 Organizing Communities **3 Credits**
- SOC 381 Undoing Racism 3 Credits
- SOC 370 Social Science Research Methods 4 Credits
- SCD 422 Capitalism, Justice, and Sustainability 3 Credits
- SOC 315 Sociology of Community **3 Credits**
- SCD 430 Sustainable Development Theory 4 Credits

• SCD 497 - Senior Capstone 4 Credits

Total Sustainable Community Development Major: 60 Credits

Sustainable Community Development Minor

#### Minor Requirements:

- SCD 110 Introduction to Sustainable Community Development **4 Credits**
- SCD 220 Sustainable Community Planning 3 Credits
- SCD 230 The Political Process **3 Credits**
- SCD 335 Organizing Communities 3 Credits
- SOC 370 Social Science Research Methods 4 Credits
- SCD 422 Capitalism, Justice, and Sustainability 3 Credits
- SOC 315 Sociology of Community **3 Credits**
- SCD 430 Sustainable Development Theory 4 Credits

Total Sustainable Community Development Minor: 26 Credits

#### Writing

The Writing program combines the formal study of English literature with practice in the art and craft of writing fiction, poetry, and creative non-fiction. Coursework for Writing majors and minors includes a full range of classes in the genres, from introductory courses to advanced workshops. Because an understanding of the literary traditions in which they work is essential to the development of serious writers, writing students at Northland are also immersed in the study of literature.

Northland is home to a vibrant community of writers: students and faculty publish their writing locally and nationally, regularly give public readings, and work with visiting writers who conduct workshops and read at the College. A variety of campus publications, including Mosaic, Northland's undergraduate literary journal, provide ample opportunities for students to work in local publishing and to find audiences for both creative writing and journalism. The annual Barbara Bretting Creative Writing and Photography Awards offer monetary prizes for outstanding student creative work. Writing students take their studies beyond the classroom through internships in professional settings; these experiences allow them to explore career interests and gain on-the-job skills.

Career possibilities for graduates in Writing include editing for publishing companies, writing for magazines, and working in public relations, marketing, technical writing, teaching, or other occupations that require one to write well, read perceptively, and communicate effectively.

Writing Major (B.A.)

### Major Requirements:

- ART 260 Black and White Film Photography I 3 Credits
- ENG 387 The English Language 4 Credits
- WRI 260 Introduction to Creative Writing 3 Credits
- WRI 361 Creative Writing: Fiction 3 Credits
- WRI 362 Creative Writing: Poetry **3 Credits**
- WRI 492 Internship **3 Credits**
- WRI 363 Writing Literary NonFiction 3 Credits
- WRI 461 Seminar in Fiction Writing 4 Credits

### OR

- WRI 462 Seminar in Poetry Writing 4 Credits
- An additional 15 ENG or WRI credits, at least 9 of which must be ENG.

Total Writing Major: 41 Credits

Writing Minor

### Minor Requirements:

- WRI 260 Introduction to Creative Writing 3 Credits
- WRI 461 Seminar in Fiction Writing 4 Credits

### OR

- WRI 462 Seminar in Poetry Writing 4 Credits
- An additional 9 WRI credits

#### OR

- 6 WRI credits and
- ART 260 Black and White Film Photography I 9 Credits
- An additional 6 ENG credits

### One of the following:

- WRI 361 Creative Writing: Fiction 3 Credits
- WRI 362 Creative Writing: Poetry 3 Credits
- WRI 363 Writing Literary NonFiction 3 Credits

Total Writing Minor: 25 Credits

#### **Special Courses**

Special courses include internships, independent studies, arranged courses, field experiences, senior theses, teaching assistantships, and research assistantships. Students may enroll in special courses provided they meet all eligibility criteria. These courses will not be added to a student's schedule until the appropriate form is completed and processed by the Registrar's Office.

To register for a special course, students must complete a Special Course Registration Form, available through the Registrar's Office. This form needs to be completed in its entirety, including details regarding the course and the required signatures of approval from the instructor and the student's faculty advisor. The instructor for the special course must be a member of the academic department to which the course is being assigned. The Special Course Registration Form must be turned into the Registrar's Office by the end of the add/drop period of the term in which a student will be participating in the special course.

Special courses are offered at the 200 and 400 course levels, with the exception of senior capstones, which are only offered at the 400 level. The difference between 200 and 400 level special courses is the rigor and application of skills and knowledge required to complete the course.

No more than 12 internship, field experience, research assistant, or teaching assistant credits may be applied towards requirements for the baccalaureate degree.

# Field Experiences and Internships

A field experience or internship is a way to gain practical, hands-on work experience in a particular field of interest. Students may pursue such opportunities locally or elsewhere and may receive pay for their experiences. In addition to opportunities on campus, in the

Chequamegon Bay area there are diverse opportunities available for student experiences with state and federal governmental agencies, non-profit organizations, for-profit organizations, tribal governments, municipalities, as well as with other organizations.

Students may receive academic credit for a field experience or internship. Students who wish to participate in either option must make arrangements with a faculty member to develop a description, goals, and evaluation criteria for the experience or internship. When a field experience or internship includes work with a cooperating organization, a supervisor from the cooperating organization must submit to the faculty member an evaluation halfway through and at the end of the student's experience to confirm that the student has met the pre-arranged criteria. The faculty member assigns a grade at the end of the experience based upon the supervisor's evaluation, a final debrief with the student, and any other work the student has agreed to submit. Students earn either a Satisfactory (S) or Unsatisfactory (U) grade. Internships and field experiences are treated like any other academic course with the work started and completed during the term in which the student is enrolled for credit.

Students should register for a field experience if the proposed experience

- will provide significant support for the cooperating organization with less focus on new learning;
- meets all the criteria for an academic experience but does not meet the criteria for internship.

Students should register for an internship if the proposed experience

- will primarily increase the student's knowledge, while benefiting the cooperating organization;
- meets all criteria developed for a certain department's internship (see website for specific internship criteria);
- will include training or mentoring in new skills and knowledge.

For more information regarding field experiences or internships, contact your faculty advisor or the Coordinator of Applied Learning.

# **Independent Studies**

Students may pursue independent studies to investigate a topic or subject area of particular interest to the student. Students who most benefit from independent studies are mature, self-disciplined, and highly motivated. Students must have specific objectives clearly defined for their independent study and work with a chosen faculty member, who will serve as a consultant and evaluator. Independent studies are only available to students in good academic standing who have a 3.0 cumulative grade point average in the previous session of enrollment. Students will receive a letter grade for the course.

## **Teaching and Research Assistantships**

With approval from the instructor, students may serve as teaching or research assistants for a course. As teaching assistants, students assist instructors in classroom activities, student training, or material preparation for a course in which they have particularly strong skills or experience. Students are eligible to receive some credit for these experiences, but no more than the credit value of the course. As research assistants, students perform library, laboratory, or survey research under the direction of a faculty member on an issue, topic, or project that the faculty member is investigating. Students receive letter grades for their work. Only students in good academic standing may serve as teaching or research assistants.

# **Senior Capstones & Senior Theses**

All Northland students must complete a senior capstone or senior thesis that demonstrates the composite knowledge and skills that they have acquired and developed through their collegiate studies. To fulfill this requirement, students work with faculty in their major fields of study (or take a multi-disciplinary approach) to design a project that reflects senior-level work. Projects vary across disciplines and may include in-depth research or writing and presenting a paper similar to a graduate-level thesis. Public presentations in all disciplines are encouraged so students can share their knowledge with others.

Faculty members provide guidance for and assessment of capstones and theses. Some departments offer a senior capstone or thesis class, while others require students to register independently for a capstone or thesis using the Special Course Registration Form. See the listing of courses or your faculty advisor for more information regarding capstone and thesis options.

#### Co-Curriculum

#### Co-Curriculum

A Northland College education is uniquely designed to engage students inside and outside the classroom with both formal and experiential opportunities. The Division of Student Life has developed a set of intentional learning strategies that engage students in a variety of workshops, activities and experiences tailored to enhance their lives outside the classroom. The goals of this co-curriculum are structured so that graduates will:

- Develop a well-rounded and balanced life
- Ethically guide the work of self and others towards common goals
- Exhibit their core values and apply those values to important decisions in every aspect of their lives

The co-curriculum has three major areas of focus:

#### First-Year Experience

The First Year Experience (FYE) program is designed to engage new students in the richness and diversity of campus life. The program begins with an Outdoor Orientation trip, and continues, during the first half of the semester, with a sequence of planned events and activities that take place on campus and in the local area.

For the FYE, students are assigned to a section with 8-10 first-year students and an upper-class student instructor. Some FYE activities are completed by single sections of students, and others combine FYE sections into larger groups. See SLC 0100.

This graduation requirement must be completed by all first-year students and by transfer students who enter the College with fewer than 24 transfer credits.

### Leaders Program

The Leaders Program is designed to support and foster growth in students who want to develop their abilities as leaders. Building on students' previous experiences with leadership and service, the curriculum of the Leaders Program guides students through activities and experiences that help students identify their personal strengths and values, develop skills required to lead others toward a common goal, and garner the resources required to implement a vision for the greater good.

The Leaders Program has three components: Level One activities that develop new competencies built on natural strengths, Level Two activities that empower change through community engagement, and a student-driven practicum.

#### Level 1 Workshops & Requirements

(new competencies built on natural strengths)

- SLC 0705 Ethical Leadership & Active Citizenship Level 1 **0 Credits**
- SLC 0011 Do the Right Thing **0 Credits**
- SLC 0231 Peer Leadership Workshop **0 Credits**

To complete Level 1, students must also:

- o Complete the **Leadership Competencies Pretest**
- Complete the Strengths Quest inventory
- o Participate in a minimum of 6 hours of **leadership observation**
- o Participate in a minimum of 6 hours of **community service**
- Attend all Peer Leadership Workshops
- o Participate in the **Group Debrief**

### Level 2 Workshops & Requirements

(empower change through community engagement)

- SLC 0706 Ethical Leadership & Active Citizenship Level 2 **0 Credits**
- SLC 0154 Facilitative Leadership Workshop **0 Credits**

To complete Level 2, students must also:

- Co-facilitate one meeting or co-lead one service project
- Fully participate in the **Facilitative Leadership** workshop
- Participate as the Lead Facilitator for one or more meetings or as the lead coordinator
- for one or more service projects
- Participate in **Critical Friends** meeting circles
- Participate in the **Peer Led Debrief**

Practicum Workshops & Requirements

For Ethical Leadership Certification, one of the following:

- SLC 0709 Active Citizenship Final Cert S **0** Credits
- SLC 0710 Active Citizenship Final Cert C **0** Credits
- SLC 0711 Active Citizenship Final Cert. E **0 Credits**
- SLC 0712 Active Citizenship Final Cert. M 0 Credits
- SLC 0713 Active Citizenship Final Cert. N 0 Credits
- SLC 0714 Active Citizenship Final Cert. I **0 Credits**
- SLC 0715 Active Citizenship Final Cert. V **0 Credits**
- SLC 0716 Active Citizenship Final Cert. P **0** Credits

For Active Citizenship Certification, one of the following:

- SLC 0717 Ethical Leadership Final Cert. S **0** Credits
- SLC 0718 Ethical Leadership Final Cert. C **0** Credits
- SLC 0719 Ethical Leadership Final Cert. E **0** Credits
- SLC 0720 Ethical Leadership Final Cert. M **0 Credits**
- SLC 0721 Ethical Leadership Final Cert. N 0 Credits
- SLC 0722 Ethical Leadership Final Cert. I **0 Credits**
- SLC 0723 Ethical Leadership Final Cert. V 0 Credits
- SLC 0724 Ethical Leadership Final Cert. P **0** Credits

For either certification, students must also

- Work with a **faculty/staff/community mentor**
- Develop and implement a Leadership or Service Capstone Project
- Provide Assessment of Capstone Project
- Transfer experience through obtaining Letters of Recommendation, References, and a resume description from community partners or mentor.

#### Note:

Students who successfully complete both levels of the Leaders Program and the practicum requirements (1) earn credit for up to three Wellness program dimension requirements, (2) receive special recognition at Honor's Day and graduation, (3) receive a statement of certification on their co-curricular transcript, and (4) are eligible for campus leadership positions.

## Wellness Program

The Wellness program provides a set of workshops designed to help students develop well-rounded and balanced lives. Through these workshops, students develop multiple ways of knowing the self, others, and the world, and they are empowered to engage actively in life's challenges by making ethical and fulfilling choices grounded in a rich sense of identity, positive disposition, and healthy habits.

In order to satisfy the College's graduation requirements, students must complete workshops that focus on each of the eight Wellness dimensions listed below. Some workshops focus on a single wellness dimension, but many focus on more than one dimension. Thus, most students satisfy the Wellness Program requirements with 4-5 workshops.

Any student may complete up to 2 dimensions through advanced study or —Attending a Professional Conference options. Transfer students and non-traditional students may complete up to 2 dimensions via the prior life experience petition. All of these options must be approved by the Co-curricular Council. For more information about these alternatives, contact the Wellness Program Coordinator.

All Northland College students, including transfer students, must complete the Wellness program requirements prior to graduation. Students are encouraged to start the program during their first semester of attendance.

Wellness Dimensions

### **Ecological:**

An awareness of the complex relationships of humans to the built and natural environments around them, emphasizing natural systems that enable environmentally sustainable choices.

Click here to view the Ecological Wellness Dimensions.

**Economic:** 

The ability to make informed choices about finances and consumption commensurate with a socially responsible quality of life, including the awareness of the relationship of personal economics to the whole of one's life.

Click here to view the Economic Wellness Dimensions.

#### Emotional:

The ability to respond resiliently to the emotional states of self and others, which leads to appropriate expressions and communication, and to develop and maintain interdependent relationships built on trust, commitment and respect.

Click here to view the Emotional Wellness Dimensions.

#### Intellectual:

A lifelong curiosity cultivated through a creative engagement with complex ideas; the practice of critical thinking; a nurtured imagination; and a liberal disposition to the ideas and values of others.

Click here to view the Intellectual Wellness Dimensions.

## Physical:

A commitment to making positive choices and creating healthy habits that amplify awareness, appreciation, and acceptance of the strength of one's body holistically throughout the various stages of life.

Click here to view the Physical Wellness Dimensions.

#### Social:

An on-going commitment to the common good and social justice fostered by positive relationships with others, encouraging mutual respect, welcoming and appreciating difference, the capacity to trust, and a willingness to listen and speak honestly.

Click here to view the Social Wellness Dimensions.

#### Spiritual:

An examined and integrated set of beliefs that provide meaning and purpose, which include a sense of mystery, wonder, and hope.

Click here to view the Spiritual Wellness Dimensions.

#### Vocational:

A developed self-knowledge of values, talents, goals and interests, and the ability to balance work and recreation in order to find ongoing fulfillment in life.

Click here to view the Vocational Wellness Dimensions.

Awards and Honors

Northland College presents awards and honors to students in recognition of academic merit and achievement. Many of these accomplishments are announced at the Honors Day Convocation held the first Thursday of April. Awards and honors are listed below.

# **Dean's List**

The Dean's List is computed at the conclusion of the fall and winter sessions. Full-time students (students who complete 12 or more credits during each of the fall and winter sessions) with letter grades in at least 12 credits and who earn a 3.5 grade point average with no grade less than C and no incomplete grades earn this honor.

# **Major Merit Awards**

Major merit awards, such as the Elementary Education Program Award and Native American Studies Award for Academic Excellence, are awarded to seniors upon nomination by the program faculty members of the major. Eligibility for nomination is based on a minimum grade point average of 3.0 and significant contributions made to the major above and beyond academic contributions.

## **Graduating with Honors**

To be eligible to graduate with honors, students must earn a minimum of 48 letter-graded credits at Northland and have been enrolled at Northland College during their junior and senior years. The minimum requirements for the Bachelor of Arts or Bachelor of Science degree must be successfully fulfilled as stated in the student's assigned program catalog. Students will graduate with honors if they have attained an overall grade point average of 3.50 or higher. Students who earn a cumulative grade point average from 3.50 to 3.69 will graduate Cum Laude (with honor); students who earn a grade point average from 3.70 to 3.89 will graduate Magna Cum Laude (with great honor); and students who earn a grade point average of 3.9 or higher will graduate Summa Cum Laude (with highest honor). For purposes of the commencement program, honors are determined at the end of the winter session. For purposes of the final transcript, honors are determined at degree completion.

## **Honor Societies**

## **Alpha Chi Honor Society**

Alpha Chi is a co-educational society whose purpose is to promote academic excellence and exemplary character among college and university students and to honor those who achieve such distinction. Its name derives from the initial letters of the Greek words "aletheia", meaning truth, and "xarakter", meaning character. As a general honor society, Alpha Chi admits to membership students from all academic disciplines.

Membership in Alpha Chi recognizes previous accomplishments and provides opportunity for continued growth and service. It seeks above all else to serve the needs of the students who comprise its membership. As a phrase from its constitution suggests, Alpha Chi seeks to find ways to assist its members in making scholarship effective for good.

Alpha Chi is opposed to bigotry, narrowness, and distinctions between people on any basis. Alpha Chi seeks to promote the genuine personal worth of each individual.

## Psi Chi Honor Society in Psychology

Psi Chi, the National Honor Society in Psychology, was founded in 1929 for the purposes of encouraging, stimulating, and maintaining excellence in scholarship and advancing the science of psychology. These aims are summarized in the two Greek words "psyche", meaning the mind and its enrichment, and "cheires", meaning research and fellowship. Membership is open to undergraduate men and women who are making the study of psychology one of their major interests and who meet the society's qualifications of leadership and excellence in their scientific studies.

## **Other Awards**

Several other awards are conferred upon students on the basis of academic merit Monetary awards often accompany these recognitions. In some cases, a check is presented at the Honors Day Convocation. In other instances, the award is applied to the following year's tuition.

Academic Calendar

# The 4-4-1 Calendar

A unique element in Northland's academic program is its calendar. The fall and winter sessions are each 15 weeks in length. The spring (May) session is 4 weeks in length with a 12 week summer session. Fall and winter sessions allow time for maturation of ideas in a program of varied courses. The shorter spring session provides an opportunity for concentration through seminars, field experiences, travel abroad, independent study, and internships. The summer session allows for a variety of offerings including a 5-week course session and extended time for field experiences and internships.

## **Fall Session 2013-14 (15 Weeks)**

Residence halls open for returning students (8 am)	August 31
Labor Day (no classes)	September 2
Last day to add courses online	September 3
First day of classes (8 am)	September 4
Last day to add courses with faculty approval (4 pm)	September 13
Last day to drop courses without record (4 pm)	September 13
Mid-Session Reading Day (No classes)	October 21
Deadline for Winter 2012-13 incomplete grades	October 22
Mid-session grades due (4 pm)	October 23
Pre-registration begins for Winter-Spring 2013-14	November 4
Last day to withdraw from full-session courses (4 pm)	November 8
Deadline for Spring 2012-13 incomplete grades	November 25
Thanksgiving break begins (8 am)	November 27
Classes resume (8 am)	December 2
Last day of classes/session	December 13
Winter break begins	December 14
Residence halls close (12 pm)	December 14
Final grades due (4 pm)	December 16
Winter Session 2013-14 (15 Weeks)	
William Session 2018 11 (12 Weeks)	
Residence halls open for returning students (8 am)	January 4
Last day to add courses online	January 7
First day of classes, Wednesday (8 am)	January 8
Deadline for Summer 2012-13 incomplete grades	January 15
Last day to add courses with faculty approval (4 pm)	January 17
Last day to drop courses without record (4 pm)	January 17
Mid-session grades due (4 pm)	February 26
Mid-session break begins (8 am)	March 5
Classes resume Monday (8 am)	March 10
Last day to withdraw from full-session courses (4 pm)	March 14
Pre-registration begins for Summer-Fall 2014-15	March 17
Honors Day	April 3
Last day of classes/session	April 17
Good Friday (no classes)	April 18
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Inter-Session break begins	April 18
Final grades due (4 pm)	April 22
May Session 2013-14 (4 Weeks)	
First day of classes, Monday	April 28
Last day to add courses with faculty approval (4 pm)	May 2
Last day to drop courses without record (4 pm)	May 2
Last day to withdraw from courses 4 pm)	May 9
Last day of classes/session	May 23
Commencement	May 24
Residence halls close for non-graduates (12 pm)	May 24
Residence halls close for graduates (12 pm)	May 25
Memorial Day observed	May 26
Grades due (4 pm)	May 27
Summer Session 2013-14 (12 Weeks)	
Residence halls open (8 am)	June 7
First day of classes, Monday	June 9
Last day to add 5 week courses with faculty approval (4 pm)	June 10
Last day to drop 5 week courses without record (4 pm)	June 10
Deadline for Fall 2013-14 incomplete grades	June 16
Last day to withdraw from 5 week courses (4 pm)	June 20
Last day to add 12 week courses with faculty approval (4 pm)	June 20
Last day to drop 12 week courses without record (4 pm)	June 20
Independence Day Observed (no classes)	July 4
Last day of 5 week courses	July 11
*Residence halls close (12 pm)	July 12
Grades due for 5 week courses (4 pm)	July 14
Last day to withdraw from 12 week courses (4 pm)	August 14
Last day of session	August 29
Grades due (4 pm)	September 2

<sup>\*</sup>Information will be provided to students who require housing for the full 12 week summer session